

DOCTOR BABOR MEN'S FACIAL

80 Minutes

BABOR
ACADEMY

Revitalize your skin with our high-performance treatment designed to remedy moisture deficiencies, ensuring thorough hydration and enhanced skin elasticity. Through multi-dimensional hydration, this DOCTOR BABOR treatment optimizes the skin's natural moisture retention capacity, acting as a preventive measure against premature aging. Powered by Dermo-mimetic Hyaluronic acids and HY 3 Peptides, this therapy targets lines and wrinkles, working from within to create a smooth, youthful appearance. *In addition to the 50-minute treatment the protocol features a triple exfoliation with Peeling Liquid, Enzymatic and Chemical peel, extractions (if required), DOCTOR BABOR Derma Filler Serum and the complete 20-minute Face Sculpting Massage.*

TREATMENT PREPARATION

Product	RESURFACE Refining Cleansing Oil Balm REGENERATION Rebalancing Toner Rich Vitalizing Mask Peeling Liquid Refining Enzyme & Vitamin C Cleanser 10% AHA Peel HYDRATION 10D Hyaluronic Acid Ampoule Concentrate LIFTING Collagen Peptide Booster Cream Silver Foil Masks - Face & Neck and Décolleté LIFTING Eye Cream Day HYDRATION Hydro Replenishing Gel Cream Mineral SPF 30
Accessories	3 small bowls (Rich Vitalizing Mask) & (Refining Enzyme & Vitamin C Cleanser & 10% AHA Peel) 2 mask brush (Rich Vitalizing Mask & Refining Enzyme & Vitamin C Cleanser) 2 Silicone Brushes (10% AHA Peel) 6 warm compress and 1 cool compress

TREATMENT PROTOCOL OVERVIEW

Grounding Ritual	No product	
Deep Cleansing Ritual	RESURFACE Refining Cleansing Oil Balm REGENERATION Rebalancing Toner	2 Teaspoons 2 Pumps
Vitality Analysis & Boost	Rich Vitalizing Mask	2 Teaspoons
Exfoliation	Peeling Liquid Refining Enzyme & Vitamin C Cleanser 10% AHA Peel REGENERATION Rebalancing Toner	2 pumps ½ Teaspoon 10 Pumps 2 pumps
Lymphatic Activation & Active Infusion	HYDRATION 10D Hyaluronic Acid Ampoule Concentrate	1 Ampoule
Express Face Sculpting Massage	LIFTING Collagen Peptide Booster Cream	½ Teaspoon
Mask	Silver Foil Masks - Face & Neck and Décolleté	2 Packets (Face & Neck, Décolleté)
Eye Cream	LIFTING Eye Cream Day	1 Pea Size
Finishing Cream	HYDRATION Hydro Replenishing Gel Cream (optional) PROTECT Mineral SPF 30	¼ Teaspoon
Reawakening Ritual	No product	

80 Minute Treatment	
STEP 1 GROUNDING RITUAL	Step Duration: 1 Minute
	Perform the Grounding Ritual according to the BABOR Expert Method

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STEP 2 DEEP CLEANSING RITUAL	Step Duration: 4 Minutes
Product	Refining Cleansing Oil Balm
Application / Use	1. Apply the Cleansing Oil Balm Cleanser to the face, neck and décolleté & massage gently 2. Moisten the fingertips with cool water and massage the cleanser to emulsify 3x 3. Remove using the BABOR Hydro-Therapy Stimulation technique 4. Apply Rebalancing Toner onto cotton pads and smooth over face, neck and décolleté

STEP 3 VITALITY ANALYSIS & BOOST	Step Duration: 5 Minutes
Product	Rich Vitalizing Mask
Application / Use	1. Apply Rich Vitalizing Mask with a brush using the BABOR application method 2. Remove immediately with the BABOR Hydro-Therapy Stimulation technique
CONTRAINDICATIONS: Thyroid Conditions, Ultra-Sensitive Skin, avoid broken capillaries, inflammation/blemished skin areas	

STEP 4 EXFOLIATION	Step Duration: 26 Minutes
Product	Peeling Liquid + Refining Enzyme & Vitamin C Cleanser & Rebalancing Toner
Application / Use	1. Apply Peeling Liquid onto dry cotton rounds and apply to the face, neck & décolleté. 2. Let the product penetrate while mixing the Refining Enzyme & Vitamin C Cleanser. Refining Enzyme & Vitamin C Cleanser 1. ½ teaspoon of the Refining Enzyme & Vitamin C Cleanser in a small bowl. Add 1 teaspoons of room temperature water. Mix energetically to form a foam. With a mask brush apply to the face, neck and décolleté 2. Apply steam if desired. Leave for 5 – 8 mins 3. Emulsify with water x3 and remove using the BABOR Hydro-Therapy Stimulation technique Perform extractions if required 10% AHA Peel 1. Apply 10% AHA peel evenly to the face, neck and décolleté, using the silicone brushes and the peel application technique 3. Leave on for 8 minutes. Perform a scalp massage during the wait time 4. Remove using the BABOR Hydro-Therapy Stimulation technique 1. Apply Rebalancing Toner onto cotton pads and smooth over face, neck and décolleté

STEP 5 LYMPHATIC ACTIVATION & ACTIVE INFUSION	Step Duration: 4 Minutes
Product	10D Hyaluronic Acid Ampoule Concentrate
Application / Use	Apply and perform the BABOR Lymphatic Activation & Active Infusion

STEP 6 FACE SCULPTING MASSAGE	Step Duration: 20 Minute
Product	Collagen Peptide Booster Cream
Application / Use	Perform the BABOR Face Sculpting Massage

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STEP 7 MASK	Step Duration: 15 Minutes
Product	Soothing Sheet Masks- Face & Neck and Décolleté
Application / Use	1. Massage the pack prior to opening 2. Unfold the mask and apply onto the face 3. Stretch the mask using the side flaps and then pull them over the ears 4. Stretch the flaps at the chin section and then pull them over the ears 5. Leave for a minimum of 8 mins - perform a hand and arm massage during the wait time 6. Remove the mask and discard 7. Massage remaining product into the skin

STEP 8 FINISHING	Step Duration: 4 Minute
Product	Eye Cream Day & Hydro Replenishing Gel Cream
Application / Use	Apply a pea size of the eye cream to the eye contour area. Apply finishing cream and / or Mineral SPF to face, neck & décolleté & press into the skin.

STEP 9 REAWAKENING RITUAL	Step Duration: 1 Minute
	Perform the Reawakening Ritual according to the BABOR Expert Method

HOMECARE RECOMMENDATIONS				
CLEANSING	EXFOLIATION	AMPOULE / SERUM	CREAMS	SPECIALTY
Barrier Balance Cleanser	Refining Enzyme & Vitamin C Cleanser	10D Hyaluronic Ampoule Serum	The Cure Gel Cream	Dual Eye Solution
Rebalancing Toner		Derma Filler Serum	Hydro Replenishing Gel Cream	Cryo Plumping Mask
		Hydro Filler Serum	Collagen Peptide Booster Cream	Mineral Sunscreen SPF 30