

DOCTOR BABOR Vitamin C FACIAL

50 Minutes

BABOR
ACADEMY

Brighten tired skin showing signs of environmental aging, pigmentation concerns, and a lack of radiance. Concentrated stable Vitamin C and potent antioxidants work to visibly smooth skin, even out tone, and restore a fresh, natural glow. Designed to protect against environmental pollutants and prevent further damage, this revitalizing therapy strengthens the skin's defenses while enhancing luminosity. Skin is left noticeably brighter, healthier, and more resilient against daily stressors.

TREATMENT PREPARATION

Product	RESURFACE Refining Cleansing Oil Balm REGENERATION Rebalancing Toner Rich Vitalizing Mask Peeling Liquid Refining Enzyme & Vitamin C Cleanser Choose either RESURFACE Refining Radiance Serum or Multi Vitamin Ampoule RESURFACE Radiant Complexion Cream REGENERATION Repair & Radiance Mask RESURFACE Radiant Complexion Cream LIFTING Eye Cream Day
Accessories	3 small bowls (Rich Vitalizing Mask, Enzyme Refining Enzyme & Vitamin C Cleanser, Repair & Radiance Mask) 2 mask brushes (Rich Vitalizing Mask and Repair & Radiance Mask) 6 warm compress and 1 cool compress

TREATMENT PROTOCOL OVERVIEW

Grounding Ritual	No product	
Deep Cleansing Ritual	RESURFACE Refining Cleansing Oil Balm REGENERATION Rebalancing Toner	1 Teaspoon 2 Pumps
Vitality Analysis & Boost	Rich Vitalizing Mask	2 Teaspoons
Exfoliation	Peeling Liquid Refining Enzyme & Vitamin C Cleanser REGENERATION Rebalancing Toner	2 pumps 1 Teaspoon 2 pumps
Lymphatic Activation & Active Infusion	Choose either Multi Vitamin Ampoule or RESURFACE Refining Radiance Serum	1 Ampoule or 1 Dropper
Express Face Sculpting Massage	RESURFACE Radiant Complexion Cream	½ Teaspoon
Mask	REGENERATION Repair & Radiance Mask	½ Tablespoon
Eye Cream	LIFTING Eye Cream Day	1 Pea Size
Finishing Cream	RESURFACE Radiant Complexion Cream PROTECT Mineral SPF 30	¼ Teaspoon
Reawakening Ritual	No product	

50 Minute Treatment	
STEP 1 GROUNDING RITUAL	Step Duration: 1 Minute
	Perform the Grounding Ritual according to the BABOR Expert Method

STEP 2 DEEP CLEANSING RITUAL	Step Duration: 4 Minutes
Product	Refining Cleansing Oil Balm, Rebalancing Toner
Application / Use	1. Apply the Cleansing Balm to the face, neck and décolleté & massage gently 2. Moisten the fingertips with cool water and massage the cleanser to emulsify 3x 3. Remove using the BABOR Hydro-Therapy Stimulation technique 4. Apply Rebalancing Toner onto cotton pads and smooth over face, neck and décolleté

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STEP 3 VITALITY ANALYSIS & BOOST	Step Duration: 5 Minutes
Product	Rich Vitalizing Mask
Application / Use	1. Apply Rich Vitalizing Mask with a brush using the BABOR application method 2. Remove immediately with the BABOR Hydro-Therapy Stimulation technique
CONTRAINDICATIONS: Thyroid Conditions, Ultra-Sensitive Skin, avoid broken capillaries, inflammation/blemished skin areas	

STEP 4 EXFOLIATION	Step Duration: 13 Minutes
Product	Peeling Liquid + Refining Enzyme & Vitamin C Cleanser, Rebalancing Toner
Application / Use	1. Apply Peeling Liquid onto dry cotton rounds and apply to the face, neck & décolleté Refining Enzyme & Vitamin C Cleanser 1. ½ teaspoon of the Refining Enzyme & Vitamin C Cleanser in a small bowl. Add 1 teaspoon of room temperature water. Mix energetically to form a foam. With a mask brush apply to the face, neck and décolleté 2. Apply steam if desired. Leave for 5 – 8 mins 3. Emulsify with water x3 and remove using the BABOR Hydro-Therapy Stimulation technique Perform extractions if required 1. Apply Rebalancing Toner onto cotton pads and smooth over face, neck and décolleté

STEP 5 LYMPHATIC ACTIVATION & ACTIVE INFUSION	Step Duration: 4 Minutes
Product	Multi Vitamin Ampoule or Refining Radiance Serum
Application / Use	Apply and perform the BABOR Lymphatic Activation & Active Infusion

STEP 6 FACE SCULPTING MASSAGE	Step Duration: 10 Minute
Product	Radiant Complexion Cream
Application / Use	Perform the BABOR Express Face Sculpting Massage

STEP 7 MASK	Step Duration: 11 Minutes
Product	Repair & Radiance Mask
Application / Use	1. Using a mask brush, apply Repair & Radiance Mask 2. Leave on for 10 minutes. Perform a hand massage during the wait time. 3. Remove the excess mask using the cool compress

STEP 8 FINISHING	Step Duration: 1 Minute
Product	Eye Cream Day, Radiant Complexion Cream, Mineral SPF30
Application / Use	Apply a pea size of the eye cream to the eye contour area. Apply finishing cream and Mineral SPF to face, neck& décolleté & press into the skin.

STEP 9 REAWAKENING RITUAL	Step Duration: 1 Minute
Perform the Reawakening Ritual according to the BABOR Expert Method	

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HOMECARE RECOMMENDATIONS				
CLEANSING	EXFOLIATION	AMPOULE / SERUM	CREAMS	SPECIALTY
Refining Cleansing Oil Balm	Refining Enzyme & Vitamin C Cleanser	Refining Radiance Serum	Radiant Complexion Cream	Dual Eye Solution
Rebalancing Toner	Exfoliating Peel Pads	Radiance Ampoule Serum Concentrate	Renewal Cream	Mineral Sunscreen SPF 30
	Exfoliating Antioxidant Gel	Multi Vitamin Ampoule	The Cure Cream	