

DOCTOR BABOR Vitamin C FACIAL

80 Minutes

BABOR
ACADEMY

Brighten tired skin showing signs of environmental aging, pigmentation concerns, and a lack of radiance. Concentrated stable Vitamin C and potent antioxidants work to visibly smooth skin, even out tone, and restore a fresh, natural glow. Designed to protect against environmental pollutants and prevent further damage, this revitalizing therapy strengthens the skin's defenses while enhancing luminosity. Skin is left noticeably brighter, healthier, and more resilient against daily stressors.

In addition to the 50-minute treatment the protocol features a triple exfoliation with Peeling Liquid, Enzymatic and Chemical peel, extractions (if required), BABOR customized Ampoule and the complete 20-minute Face Sculpting Massage.

TREATMENT PREPARATION

Product	RESURFACE Refining Cleansing Oil Balm REGENERATION Rebalancing Toner Rich Vitalizing Mask Peeling Liquid Refining Enzyme & Vitamin C Cleanser 10% AHA Peel Choose either RESURFACE Refining Radiance Serum or Multi Vitamin Ampoule RESURFACE Radiant Complexion Cream REGENERATION Repair & Radiance Mask RESURFACE Radiant Complexion Cream LIFTING Eye Cream Day
Accessories	4 small bowls (Rich Vitalizing Mask, Enzyme Refining Enzyme & Vitamin C Cleanser, 10% AHA Peel, Repair & Radiance Mask) 2 mask brushes (Rich Vitalizing Mask and Repair & Radiance Mask) 6 warm compress and 1 cool compress

TREATMENT PROTOCOL OVERVIEW

Grounding Ritual	No product	
Deep Cleansing Ritual	RESURFACE Refining Cleansing Oil Balm REGENERATION Rebalancing Toner	1 Teaspoon 2 Pumps
Vitality Analysis & Boost	Rich Vitalizing Mask	2 Teaspoons
Exfoliation	Peeling Liquid Refining Enzyme & Vitamin C Cleanser 10% AHA Peel REGENERATION Rebalancing Toner	2 pumps 1 Teaspoon 10 Pumps 2 pumps
Lymphatic Activation & Active Infusion	Choose either Multi Vitamin Ampoule or DOCTOR BABOR 10D Hyaluronic Acid Ampoule	1 Ampoule or
Express Face Sculpting Massage	RESURFACE Radiance Serum RESURFACE Radiant Complexion Cream	1 Dropper ½ Teaspoon
Mask	REGENERATION Repair & Radiance Mask	½ Tablespoon
Eye Cream	LIFTING Eye Cream Day	1 Pea Size
Finishing Cream	RESURFACE Radiant Complexion Cream PROTECT Mineral SPF 30	¼ Teaspoon
Reawakening Ritual	No product	

50 Minute Treatment	
STEP 1 GROUNDING RITUAL	Step Duration: 1 Minute
	Perform the Grounding Ritual according to the BABOR Expert Method

STEP 2 DEEP CLEANSING RITUAL	Step Duration: 4 Minutes
Product	Refining Cleansing Oil Balm, Rebalancing Toner
Application / Use	1. Apply the Cleansing Balm to the face, neck and décolleté & massage gently 2. Moisten the fingertips with cool water and massage the cleanser to emulsify 3x 3. Remove using the BABOR Hydro-Therapy Stimulation technique 4. Apply Rebalancing Toner onto cotton pads and smooth over face, neck and décolleté

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STEP 3 VITALITY ANALYSIS & BOOST	Step Duration: 5 Minutes
Product	Rich Vitalizing Mask
Application / Use	1. Apply Rich Vitalizing Mask with a brush using the BABOR application method 2. Remove immediately with the BABOR Hydro-Therapy Stimulation technique
CONTRAINDICATIONS: Thyroid Conditions, Ultra-Sensitive Skin, avoid broken capillaries, inflammation/blemished skin areas	

STEP 4 EXFOLIATION	Step Duration: 28 Minutes
Product	Peeling Liquid + Refining Enzyme & Vitamin C Cleanser, Rebalancing Toner
Application / Use	1. Apply Peeling Liquid onto dry cotton rounds and apply to the face, neck & décolleté Refining Enzyme & Vitamin C Cleanser 1. ½ teaspoon of the Refining Enzyme & Vitamin C Cleanser in a small bowl. Add 1 teaspoon of room temperature water. Mix energetically to form a foam. With a mask brush apply to the face, neck and décolleté 2. Apply steam if desired. Leave for 5 – 8 mins 3. Emulsify with water x3 and remove using the BABOR Hydro-Therapy Stimulation technique Perform extractions if required 10% AHA Peel 2. Apply 10% AHA peel evenly to the face, neck and décolleté, using the silicone brushes and the peel application technique 3. Leave on for 6-8 minutes. Perform a scalp massage during the wait time 4. Remove using moistened 4 x 4's – optional to finish with the cool compress Perform extractions if required 1. Apply Rebalancing Toner onto cotton pads and smooth over face, neck and décolleté

STEP 5 LYMPHATIC ACTIVATION & ACTIVE INFUSION	Step Duration: 4 Minutes
Product	Multi Vitamin Ampoule or DOCTOR BABOR 10D Hyaluronic Acid Ampoule
Application / Use	Apply the contents of the ampoule and perform the BABOR Lymphatic Activation & Active Infusion

STEP 6 FACE SCULPTING MASSAGE	Step Duration: 20 Minute
Product	Refining Radiance Serum, + Radiant Complexion Cream
Application / Use	Perform the BABOR Face Sculpting Massage Serum applied at the start of introduction and the cream applied for Deep Muscular Relaxation

STEP 7 MASK	Step Duration: 15 Minutes
Product	Repair & Radiance Mask
Application / Use	1. Using a mask brush, apply Repair & Radiance Mask 2. Leave on for 10 – 12 minutes. Perform a hand massage during the wait time. 3. Remove the excess mask using the cool compress if desired.

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STEP 8 FINISHING	Step Duration: 2 Minute
Product	Eye Cream Day, Radiant Complexion Cream, Mineral SPF30
Application / Use	Apply a pea size of the eye cream to the eye contour area. Apply finishing cream and Mineral SPF to face, neck& décolleté & press into the skin.

STEP 9 REAWAKENING RITUAL	Step Duration: 1 Minute
	Perform the Reawakening Ritual according to the BABOR Expert Method

HOMECARE RECOMMENDATIONS				
CLEANSING	EXFOLIATION	AMPOULE / SERUM	CREAMS	SPECIALTY
Refining Cleansing Oil Balm	Refining Enzyme & Vitamin C Cleanser	Refining Radiance Serum	Radiant Complexion Cream	Dual Eye Solution
Rebalancing Toner	Exfoliating Peel Pads	Radiance Ampoule Serum Concentrate	Renewal Cream	Mineral Sunscreen SPF 30
	Exfoliating Antioxidant Gel	Multi Vitamin Ampoule	The Cure Cream	