

DOCTOR BABOR
ZEMITZ: PRESCRIPTION FACIAL
80 Minutes

Experience a personalized skincare journey expertly curated by our skilled skin therapists, where every treatment is precisely tailored to target and resolve your specific skin concerns and challenges. This treatment combines Bio-medical high-performance cosmeceuticals with a luxurious facial experience to enhance skin functions at a cellular level. Every step is designed to address your unique needs, ensuring a customized approach for optimal results. Feel deeply relaxed experiencing not only rejuvenation, but also noticeable transformation in your skin.			
Treatment Collection	REPAIR & RESTORE with REGENERATION	LIFT & FIRM with LIFTING	CLEAR & PURIFY with CLARIFY
STEP	PRODUCT/QUANTITY		
Grounding Ritual	No product		
Deep Cleansing Ritual	Barrier Balance Lotion Cleanser- ½ Tablespoon	Barrier Balance Lotion Cleanser – ½ Tablespoon	Barrier Balance Lotion Cleanser – ½ Tablespoon
	Rebalancing Toner- 2 Pumps		
ZEMITZ	Follow Zemitz Protocol		
Lymphatic Activation & Active Infusion	Either 1 dropper or 1 ampoule		
	Barrier Protect Ampoule Serum Concentrate – 1 full ampoule ECM Repair Serum – ½ Dropper	Rejuvenation Ampoule Serum Concentrate – 1 Full ampoule Derma Filler Serum – ½ Dropper	Active Purifier Ampoule Concentrate
Face Sculpting Massage	½ Teaspoon		
	The Cure Cream	Collagen Peptide Booster Cream	No product
Mask	Calming Sheet Masks	Soothing Sheet Masks	Detoxifying Clay Peel Off Mask
Eye Cream	Eye Cream Day – pea size		
Finishing Cream	¼ Teaspoon		
	The Cure Cream	Collagen Peptide Booster Cream	Blemish Correcting Cream
Optional	Protect Mineral Sunscreen SPF 30		
Reawakening ritual	No product		

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STEP 1		GROUNDING RITUAL
		Perform the Grounding Ritual according to the BABOR Expert Method
STEP 2		DEEP CLEANSING RITUAL
Product		Barrier Balance Lotion Cleanser, Rebalancing Toner
Application / Use		With dry hands and dry face, apply the cleanser to the face, neck and décolleté & massage gently. Moisten the fingertips with cool water and massage the cleanser to emulsify 3x. Remove using the BABOR Hydro-Therapy Stimulation technique. Apply Rebalancing Toner onto cotton pads and smooth over face, neck and décolleté
STEP 3		ZEMITZ
ZEMITZ		Follow Zemitz modality option protocol
STEP 5		LYMPHATIC ACTIVATION & ACTIVE INFUSION
Product		Ampoule Serum Concentrate and Serum
Application / Use		Choose appropriate serum and ampoule and apply performing the BABOR Lymphatic Activation & Active Infusion Technique
STEP 6		FACE SCULPTING MASSAGE
Product		Select the cream according to the needs of the skin
Application / Use		Choose appropriate cream and perform the BABOR Express Face Sculpting Massage/Clear & Purify only Pressure Point Massage

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STEP 7	MASK		
Product	Repair & Restore Calming Mask Face & Decollete	Lift & Firm Smoothing Face Sheet Mask	Clear & Purify Detoxifying Clay Peel-Off
Application / Use	1. Massage the sachet prior to opening. 2. Unfold the mask & apply onto the face. Unfold the decollete piece and smooth onto the skin. 3. Leave on for 10 minutes. 4. Perform a hand massage during the wait time. 5. Remove the mask, discard & massage in any excess.	1. Massage the sachet prior to opening 2. Unfold the mask & apply onto the face 3. Stretch the mask using the side flaps & then pull them over the ears 4. Stretch the flaps at the chin section & pull over the ears 5. Leave for 10 mins. 6. Perform a hand & arm massage during wait time 7. Remove the mask, discard & massage in any excess	1. Mix 1 packet with 3/4 cup + 2 Tsp (190ml) of tepid water. Mix quickly with a spatula 2. Using a spatula, apply a thick layer of mask starting at the forehead & work down the face 3. Leave a minimum of 10 mins. 4. Perform a hand & arm massage during wait time. 5. To remove loosen all outer edges of the mask, then lift off in one piece. Remove final residue with damp cotton rounds or 4x4s

STEP 8	FINISHING
Product	Eye Cream Day, and chosen finishing Cream according to the needs of the skin
Application / Use	Apply a pea size of the eye cream to the eye contour area. Apply finishing cream and Mineral SPF to face, neck & décolleté.

STEP 9	REAWAKENING RITUAL
	Perform the Reawakening Ritual according to the BABOR Expert Method