

SPARITUAL®

SPA MANICURE

30 MIN BOOKING TIME

This Slow Beauty Ritual begins with an opening breathing moment to invite more presence of your entire being.

This ritual begins with a soaking experience to cleanse away any tension or stress. Signature massage relaxes and nails are perfectly polished and finely groomed.

PRODUCTS & TOOLS

- Several Mists Hydrating Mist
- Several Mists Hand Sanitizer
- 1 tsp Mineral Rich Soak Salts
- ½ tsp Body Salve OR 1 tsp Massage Oil
- 1/16 tsp Hand Serum
- 1/8 tsp Hand Salve
- 10 drops Cuticle Remover
- 10 drops Cuticle Oil
- Lacquer Remover
- 10 drops Apple Fruit Farewell Vegan Nail Treatment (optional)
- 2 coats per nail Nourishing Vegan Color
- 1 coat Nourish Fast Dry Vegan Topcoat (optional)
- 99% Isopropyl Alcohol

TABLE SET UP & PREP

- 1 Neck Pillow
- 4 Hand Towels (2 dry, 2 hot) prepare in Hot Towel Cabi
- 1 Finger Bowl
- 1 Large Soaking Bowl
- 4 Nail Wipes
- 1 Nail Clipper
- 1 Eco File
- 1 Cuticle Nipper
- 1 Nail Brush
- 220/280 Buffer
- 1 Pair of Gloves

PRE-TREATMENT CONSULTATION

1. Preparation - Wash your hands and ask Guest to wash their hands before service.
2. Mist with **Hand Sanitizer Spray** palms of both hands and arms, turn hands over and mist tops of hands and arms.
3. Remove Nail Lacquer using **Lacquer Remover**.
4. Perform Nail Analysis; determine if **Farewell** will be needed.

RITUAL SLOW AGING TOUCH

1. Apply 1 pump of **Hand Serum** to back of each hand.
2. Massage ¼ tsp **Body Salve** or ½ tsp teaspoon of **Massage Oil** on arm for 4 minutes using (signature modality) massage technique.
3. Apply a pearl size amount of **Hand Salve** to both hands completing the slow aging benefits.
4. Repeat on opposite arm.

OPENING RITUAL RELAX

1. Invite Guest to close their eyes.
2. Gently mist **Hydrating Mist** into the palms of guest's hands.
3. Ask Guest to cup their hands and take a deep breath, inhaling completely and exhaling totally. (Breathe in calm, breath out stress 2x.)

RITUAL EXPRESSION

1. Prep each nail:
 - Use a dry towel to absorb any excess oil on each nail.
 - Buff nails using a SpaRitual **220/280 Buffer**.
 - Cleanse nails with 99% Isopropyl Alcohol.
2. Apply 2 thin coats of **Nail Laquer**
3. Apply 1 coat of Topcoat to each nail to expedite dry time as optional.
4. Apply **Cuticle Oil** to cuticle area.

RITUAL PREPARE

1. Combine 1 tsp. **Mineral Rich Soak Salts** and warm water in large soaking bowl. Alternate hands, not soaking more than 1 minute.
2. Remove hands from soak and pat dry with towel.
3. Apply **Cuticle Remover** to cuticles/nails.
4. Clip file and shape nails.
5. Return to nails and gently push cuticles.
6. Remove any stains using a nail wipe in circular motion on the nail bed.
7. Nip any dead tissue, if needed.
8. Brush nails clean with water and brush, dry thoroughly with a towel.

CLOSING RITUAL INSPIRE

1. Confirm that expectation of the Hand Ritual was delivered.
2. Recommend the products that would most benefit the Guest.
3. Complete experience by thanking the Guest and inviting them to book a future appointment.