

Top 4 Tips to Stop Jumping

1. Ignore the Jumping

Don't talk, touch, or look at your dog when they jump. Any attention-even scolding-can reinforce the behavior. Step away or turn your back until all four paws are on the floor.

2. Reinforce What You Do Want

Praise and reward calm behavior or a sit before your dog gets the chance to jump. Teach your dog that only polite greetings get attention.

3. Stay Consistent

Everyone your dog interacts with needs to follow the same rules. Mixed messages slow progress. Calm greetings and consistent reinforcement are key.

4. Use Management Tools

Use a leash or gate to prevent jumping when guests arrive. Don't allow guests to greet your dog at the front door. Give your dog a few minutes to calm down before letting them interact with visitors. Setting clear boundaries helps reduce excitement and sets your dog up for success.