

## Chef Becky's Monthly Breakfast & Lunch Menu

**“Fueling learning with care, consistency, and community.”**

<b>Week 1</b>		
<b>Monday</b>	<b>Breakfast</b>	<b>Lunch</b>
	Bagel Sandwich	Breaded Chicken Nuggets (G)
	Fried Egg and Cheese	Herb Roasted Potatoes
	Fresh Fruit Salad	
<b>Tuesday</b>	<b>Breakfast</b>	<b>Lunch</b>
	Scrambled Eggs	Chicken Corn Dogs
	Hash Browns	French Fries (G)
	Banana	
<b>Wednesday</b>	<b>Breakfast</b>	<b>Lunch</b>
	Turkey Pancake	BBQ Ribs or Chicken
	Sausage Stick	Mac & Cheese
	Apple Sauce (G)	Green Beans (G,D)
<b>Thursday</b>	<b>Breakfast</b>	<b>Lunch</b>
	Cheese Omlette	Philly Cheese Steak Sandwich (G,D)
	Home Fried Potatoes	Tomato and Cucumber Salad
<b>Friday</b>	<b>Breakfast</b>	<b>Lunch</b>
	Yogurt	Tomato Soup
	Doughnut Holes	Grilled Cheese (G,D)

## Chef Becky's Monthly Breakfast & Lunch Menu

“Fueling learning with care, consistency, and community.”

<b>Week 2</b>		
<b>Monday</b>	<b>Breakfast</b>	<b>Lunch</b>
	Breakfast Casserole	Pierogies (G, D)
	Sausage, Cheese, Potatoes, Onions, Pepper	Polish Sausage
	Fresh Fruit	Cauliflower
<b>Tuesday</b>	<b>Breakfast</b>	<b>Lunch</b>
	Stuffed French Toast (G,D) (Cream Cheese Filling)	Chicken Salad (G) or Tuna Salad Sandwiches or Croissants
	Cherry Topping	Celery & Carrot Sticks, Ranch Dipping Sauce (D)
	Sausage Links	
<b>Wednesday</b>	<b>Breakfast</b>	<b>Lunch</b>
	English Muffin Sandwich	Beef Stirfry (G) Sliced Beef with Vegetables
	Egg, Cheese, Sausage (G,D)	Lo Mein Noodles
	Fresh Fruit	
<b>Thursday</b>	<b>Breakfast</b>	<b>Lunch</b>
	Vanilla Yogurt Bar (D)	Nachos (D)
	Choice of Fruit toppings	Cheese, Chicken, Lettuce, Tomato, Sour Cream, Salsa, Guacamole
	Granola	
<b>Friday</b>	<b>Breakfast</b>	<b>Lunch</b>
	Scrambled Eggs	Pepperoni or Cheese Pizza
	Bacon	Potato Chips (G,D)
	Toast (G)	

## Chef Becky's Monthly Breakfast & Lunch Menu

“Fueling learning with care, consistency, and community.”

<b>Week 3</b>		
<b>Monday</b>	<b>Breakfast</b>	<b>Lunch</b>
	Scrambled Eggs	Sloppy Joe's (G)
	Sausage Turkey	Potato Boats w/ cheese and sour cream (D)
	Grits (D)	
<b>Tuesday</b>	<b>Breakfast</b>	<b>Lunch</b>
	Breakfast Burrito Eggs, Sausage, Onions, Peppers, Cheese (D)	Baked Chicken Legs
		Mashed Potatoes w. Gravy (G,D)
	Flour Tortilla (G)	Yellow Squash
	Fresh Fruit	
<b>Wednesday</b>	<b>Breakfast</b>	<b>Lunch</b>
	Chocolate Chip Pancakes (G)	Chicken Greek Rice Bowl
	Fresh Strawberries	(chicken, rice, tomatoes, cucumbers, onions, feta, cheese (D)
<b>Thursday</b>	<b>Breakfast</b>	<b>Lunch</b>
	Vegetable Frittata	Chef's Salad (D)
	Eggs, spinach, mushrooms, onion, peppers, tomatoes,	Ham, Turkey, Cheese, Lettuce, Tomatoes, Eggs, Ranch, Italian Dressing, Cheese
<b>Friday</b>	<b>Breakfast</b>	<b>Lunch</b>
	Cinnamon Apple Oatmeal	Breaded Chicken Sandwich
	Milk	Onion Rings

## Chef Becky's Monthly Breakfast & Lunch Menu

“Fueling learning with care, consistency, and community.”

<b>Week 4</b>		
<b>Monday</b>	<b>Breakfast</b>	<b>Lunch</b>
	Waffles (G)	Macaroni and Cheese
	W/Fruit Topping	Broccoli (G,D)
	Chicken Patty	
<b>Tuesday</b>	<b>Breakfast</b>	<b>Lunch</b>
	Variety Bagel	Chicken Fajitas
	W/ Cream Cheese	Flour Tortilla (G)
	Yogurt (D)	Rice
	Fruit	Corn
<b>Wednesday</b>	<b>Breakfast</b>	<b>Lunch</b>
	Breakfast Bowl (D)	Submarine Ham or Turkey Sandwich
	Eggs, Potatoes, Onions, Peppers, Ground Sausage	Caprese Salad (D,G)
<b>Thursday</b>	<b>Breakfast</b>	<b>Lunch</b>
	Sheet Pancakes	Pasta with Meatballs
	Bacon	Garden Salad
	Fruit Topping	Garlic Bread (G)
<b>Friday</b>	<b>Breakfast</b>	<b>Lunch</b>
	Sausage Biscuit (G)	Cheeseburgers w/ Lettuce, tomatoes, onions, and pickles
	Hash Browns	French Fries
	Fruit Cup	

