

# St. Anselm Catholic Church

May 31, 2026

## Solemnity of the Most Holy Trinity



*Fresco of the Holy Trinity in church of San Gaudenzio—Luca Rossetti, 1758*

97 Shady Lane, PO Box 1061, Ross, CA 94957

Parish office phone: (415) 453-2342

Parish office hours: Monday-Friday, 8:00am—4:00pm  
Lunch: 12:00pm-1:00pm

Parish email: [Info@SaintAnselm.org](mailto:Info@SaintAnselm.org)

Parish website: [www.SaintAnselm.org](http://www.SaintAnselm.org)

Parish Facebook: [www.facebook.com/SaintAnselmChurchRossCalifornia](http://www.facebook.com/SaintAnselmChurchRossCalifornia)

Clergy: Fr. Gabriel Wankar, Pastor  
ext. 103; [wankar.gabriel@sfarch.org](mailto:wankar.gabriel@sfarch.org)  
Fr. Gabriel Achiaga -In Residence  
Deacon Ed Cunningham  
Deacon Robert Meave

Admin Assist: Mark Wilson  
[AdminAssistant@saintanselm.org](mailto:AdminAssistant@saintanselm.org)

Religious Education: Dan Veto D.R.E (415) 874-7465  
[Dre@saintanselm.org](mailto:Dre@saintanselm.org)

Sacred Music Director: Rebekah Wu  
[musicdirector@saintanselm.org](mailto:musicdirector@saintanselm.org)

Family Life & Outreach: Jessica Gonzalez  
[jgonzalez@stanselmschool.com](mailto:jgonzalez@stanselmschool.com)

St. Anselm School: Kim Orendorff, Principal  
School Office: (415) 454-8667

School Website: [www.StAnselmSchool.com](http://www.StAnselmSchool.com)

### Weekend Masses:

Saturday Vigil 5:00pm,  
Sunday 8:00am, 10:00am, & 5:00pm

**Weekday Mass:** Monday-Friday 8:30am, Rosary 8:00am

**Holy Day Masses:** 8:30am, 11:00am, 5:00pm

**Adoration:** with Rosary, weekdays from 7:25—8:25am &  
First Fridays from 9 am—12 noon

**Eucharist for Homebound:** (415) 453-2342

**Reconciliation:** Before 8:30am weekday Mass, Saturday  
4:00pm-4:45pm, during Adoration on First Fridays 9:00am-  
12:00pm or by Appointment

**Baptism:** Preparation Class required. Please email  
[dre@saintanselm.org](mailto:dre@saintanselm.org) or call the Parish Office ext.105

**Anointing of the Sick:** Anytime upon request.  
Contact Pastor.

**Matrimony:** Six months notification required prior to  
desired date. Contact Pastor.

**St. Vincent de Paul Help Desk:** (415) 454-3303 ext. 11

**Cursillo Information:** Cathy Cunningham  
(415) 453-7174

*St. Anselm's Parish is a Catholic community formed by families, individuals & clergy that worship together, celebrate the sacramental life of the Church, & seek to live the Gospel of Jesus Christ everyday. We welcome, serve, & educate according to the Catechism of the Catholic Church.*

**Pastor’s Reflection: Holy Trinity Sunday**

In the Christian tradition, the word “mystery” refers to (among other things) something that is partially revealed, something much more of which remains hidden. Let’s ponder the Trinity by *exploring* it, seeing how it is *exhibited* in Scripture, and observing how we, who are made in God’s image, *experience* it.

**I. The Teaching on the Trinity Explored** –the Catechism of the Catholic Church says, *The Trinity is One. We do not confess three Gods, but one God in three persons: [Father, Son, and Holy Spirit] ... The divine persons do not share the one divinity among themselves but each of them is God, whole and entire* (Catechism, 253). The Father *is* God; He is not one-third of God. Likewise, the Son, Jesus, *is* God; He is not one-third of God. And the Holy Spirit *is* God, not merely one-third of God. It is our human experience that if there is only one of something, and someone possesses it fully, then there is nothing left for anyone else. The teaching on the Trinity, while not contrary to reason *per se*, does transcend it and it is surely beyond human understanding.

**II. The Teaching on the Trinity Exhibited** –1. *Then God said, “Let us make man in our image, after our likeness ...”* (Gen 1:26). God speaks of himself in the plural: “Let us ... our ...” 2. *Elohim* In the passage above, the word used for God is ) אֱלֹהִים (Elohim). It is interesting to note that this word is in the plural form. God is one yet three. The New Testament also has several references to the Trinity: (a) Jesus says, *The Father and I are one* (Jn 10:30). (b) Jesus also says, *To have seen me is to have seen the Father* (Jn 14:9). (c) In the baptismal formula, Jesus says, *Baptize them in the name (not names (plural)) of the Father and of the Son and of the Holy Spirit* (Matt 28:19). God is one (name) and God is three (Father, Son, and Holy Spirit). Thus, Scripture exhibits the teaching of the Trinity, going back even to the beginning.

**III. The Teaching of the Trinity Experienced** – We who are made in the image and likeness of God ought to experience something of the mystery of the Trinity within us. We are all distinct individuals. Yet it is also true that we are made for communion. What I do affects others, for good or ill. A common moral and religious vision is an important thing to cultivate. Finally, the best image of God in us is not a man alone or a woman alone, but rather a man and a woman together in the lasting and fruitful relationship we call marriage. When God said, “*Let us make man in our image*” (Genesis 1:26), the text goes on to say, “*Male and female he created them*” (Genesis 1:27). God then says to them, “*Be fruitful and multiply*” (Gen 1:28). So, the image of God (as He sets it forth most perfectly) is the married and fruitful couple.

**Make a joyful noise!** The Saint Anselm choir wants YOU! Be a part of a caring and supportive group of parishioners who love to lift their voices to the LORD. Two Sunday choirs to choose from: 10:00AM or 5:00PM. Those who sing pray twice!  
Contact Rebekah Wu, Sacred Music Director, for more details. Email: [musicdirector@saintanselm.org](mailto:musicdirector@saintanselm.org)

**MASS INTENTIONS**

<b>Mon</b>	<b>Jun. 1</b>	8:30am	Mikey Colombo Whitney (D)
<b>Tues</b>	<b>Jun. 2</b>	8:30am	Tomas Dubauskas (D)
<b>Wed</b>	<b>Jun. 3</b>	8:30am	Linda Gill (D)
<b>Thur</b>	<b>Jun. 4</b>	8:30am	Angela Conelly (D)
<b>Fri</b>	<b>Jun. 5</b>	8:30am	Archbishop Cordileone (INT) Book of Intentions + Votives
<b>Sat</b>	<b>Jun. 6</b>	5:00pm	Arlene Hansen (INT)
<b>Sun</b>	<b>Jun. 7</b>	8:00am	Gabriel, Mary, & Ignatius Kellady (D)
		10:00am	Ruiz Family (INT)
		5:00pm	Adrienne Stroub (D)

**Sick Relatives & Friends**

*Note: please call parish office to update names*

**As a community we ask God’s blessing for the ill:** Stan & Donna Pechalonis, Mark Gardner, Terese Marklinger, Karen Poligono, Marilyn Marklinger, Don Orlandi, Matt Hansen, Jim Sweeney, Bob Hoffman, John Alkazin, Lorraine Matteucci, Deidra Carson, Fr. Bill Brown, Bryan Green, Chris Ryan, Elaine Innes, Rose Michelle D’Haiti, John Peterson, Erin Granucci, Bruce Hubal, Charles Cavagnetto, J.R. Maricich, Isabella O’Brien, Dorothy Laddish, Penny Maioli, Gretchen Libby, Murhal Orendorff, Dennis O’Keefe, Martha Yasar, Claire Muller, Ellie Boldrick, Maria Tan, Renee Reyes, Pam King, Lois Markovich, Maria Bail

**For the Repose of the Soul:** Pauline O’Brien-DeLury, Susan Catinella, Sal Catinella, Linda Biesheuvel, Pat Daly, Katherine Elizabeth Devcich, Catherine Ward, Michael Killelea, Gary McPartlin, Emile Hedouin, Georges Haudiquet, Patricia Ann Sahl, Fr. Neil Healy, Jim Davenport, Michael Mello, Klaus Binz, Ian Dillon, Isabella Welch, Jim Wagner, Jerd Formichi, Georgia Addington, Craig Caracozza

**For Our Active Duty Military:** Matthew Kerry O’Brien, Robert Gebhardt, Tyler Lopez, Alex Boatwright, Elizabeth Baumsteiger, Christian Miller, Robert Kent, Shane Morgan, Daniel Lowe, & Rob Manifold

**The Pope’s Monthly Intentions**

**May—That everyone might have food**

Let us pray that everyone, from large producers to small consumers, be committed to avoid wasting food, and to ensure that everyone has access to quality food.

SAVE THE DATE & COMMUNITY NOTES

- **Sunday, May 31 is Father Wankar’s Birthday.** Please say a prayer for him.
- **Sunday, June 7 is the Feast of Corpus Christi.** A Eucharistic Procession around the neighborhood will be held after the 10am Mass. A catered Italian lunch will follow the procession. Please RSVP by contacting Mark at the rectory.
- Wine and Cheese night returns on **Saturday, June 13** following the 5pm Vigil Mass.

**Saint Anselm Summer Date Night Challenge**



[www.saintanselm.org/date-night](http://www.saintanselm.org/date-night)

Our Family Life and Outreach Ministry will be starting a **Date Night Challenge** for married couples or couples intending to marry beginning in June and continuing to August. Marriage grows through small, intentional moments. This summer, commit to **one date per month for three months** and watch how simple connection can renew your marriage. Each date you submit = **one entry towards winning a prize!** See the website or scan the QR code to learn more and sign up.



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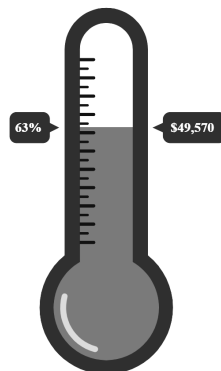
Registration

**St. Anselm Planned Giving**  
 Consider listing St. Anselm’s as beneficiary in your Will (advisable to have one).  
 Contact Steve Easley for more information:  
 415-272-6147  
[steve@meridiancommerical.com](mailto:steve@meridiancommerical.com)

**UPCOMING SECOND COLLECTION**

June 7 | St. Anselm School  
June 21 | Building and Maintenance

**2026 AAA**  
GOAL: \$78,673



**A Journey Through the Catechism 7: The Blessed Mother (CCC, 484-511, 721-726, 963-975)**

The months of May & October are special Marian months in our Catholic faith. Throughout May, the Church invites us to draw close to Our Blessed Mother by praying the Rosary daily, meditating on the mysteries of our salvation, and entrusting our families, parish, and the world to her loving intercession. Fr. Mahan outlines five teachings about Mary that are essential for Catholics to believe:

**1. Mary was predestined to be the mother of Jesus.**

Mary was chosen by God from all eternity to be the mother of his Son. Through Mary, God keeps His promise made through the prophet Isaiah that "the virgin shall be with child and bear a son" (Is 7:14, Mt 1:24 cf. Lk 1:26ff cf. CCC, 488-499). God chose and prepared Mary with special graces, and he foresaw her cooperation with these graces to give her fiat, her consent to be the mother of Jesus.

**2. Mary was conceived without sin in her mother’s womb – The Immaculate Conception.**

The doctrine teaches that Mary was preserved immune “from all stain of original sin” from the moment of her conception (CCC, 491 Lk 1:28). This was a singular grace and privilege, by virtue of the merits of Jesus Christ, Savior of humanity.

**3. According to Christ’s human nature, Mary is called *Theotokos*, the Mother of God.**

The doctrine on the divine motherhood of Mary is rooted in Scripture when her kinswoman Elizabeth asks Mary, "How does this happen to me, that the mother of my Lord should come to me?" (Lk 1:43). Mary is called *Theotokos*, a term meaning "God bearer" or "Mother of God." We are called to be God-bearers, following the example of the Blessed Mother.

**4. Mary remained a virgin before, during, and after the birth of Jesus.**

Catholics believe in the perpetual virginity of Mary. "Christ’s birth did not diminish Mary’s virginity but sanctified it" (CCC, 499).

**5. At the end of her life, Mary was Assumed body and soul into heaven – The Assumption of the Blessed Virgin Mary.**

Christians have taught that at the end of her life, Mary was assumed into heaven body and soul, corresponding with the fact that, unlike other figures of the New Testament such as St. Peter and St. Paul, there has never been a claim to relics of the body of the Blessed Mother, nor of a tomb containing her body. The Church has recognized in the Book of Revelation a stunning image of the Blessed Mother in heaven: “A great sign appeared in the sky, a woman clothed with the sun, with the moon under her feet, and on her head a crown of twelve stars” (Rv 12:1).

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