

St. Anselm Catholic Church

July 19, 2026

Sixteenth Sunday in Ordinary Time



Harvest Time (Mowers)—Grigoriy Myasoedov, 1887

97 Shady Lane, PO Box 1061, Ross, CA 94957

Parish office phone: (415) 453-2342

Parish office hours: Monday-Friday, 8:00am—4:00pm

Lunch: 12:00pm-1:00pm

Parish email: Info@SaintAnselm.org

Parish website: www.SaintAnselm.org

Parish Facebook: www.facebook.com/
SaintAnselmChurchRossCalifornia

Clergy: Fr. Gabriel Wankar, Pastor
ext. 103; wankar.gabriel@sfarch.org
Fr. Gabriel Achiaga -In Residence
Deacon Ed Cunningham
Deacon Robert Meave

Admin Assist: Mark Wilson
AdminAssistant@saintanselm.org

Religious Education: Dan Veto D.R.E (415) 874-7465
Dre@saintanselm.org

Sacred Music Director: Rebekah Wu
musicdirector@saintanselm.org

Family Life & Outreach: Jessica Gonzalez
jgonzalez@stanselmschool.com

St. Anselm School: Kim Orendorff, Principal
School Office: (415) 454-8667

School Website: www.StAnselmSchool.com

Weekend Masses:

Saturday Vigil 5:00pm,

Sunday 8:00am, 10:00am, & 5:00pm

Weekday Mass: Monday-Friday 8:30am, Rosary 8:00am

Holy Day Masses: 8:30am, 11:00am, 5:00pm

Adoration: with Rosary, weekdays from 7:00—8:25am &
First Fridays from 9 am—12 noon

Eucharist for Homebound: (415) 453-2342

Reconciliation: Before 8:30am weekday Mass, Saturday
4:00pm-4:45pm, during Adoration on First Fridays 9:00am-
12:00pm or by Appointment

Baptism: Preparation Class required. Please email
dre@saintanselm.org or call the Parish Office ext.105

Anointing of the Sick: Anytime upon request.
Contact Pastor.

Matrimony: Six months notification required prior to
desired date. Contact Pastor.

St. Vincent de Paul Help Desk: (415) 454-3303 ext. 11

Cursillo Information: Cathy Cunningham
(415) 453-7174

St. Anselm's Parish is a Catholic community formed by families, individuals & clergy that worship together, celebrate the sacramental life of the Church, & seek to live the Gospel of Jesus Christ everyday. We welcome, serve, & educate according to the Catechism of the Catholic Church.

Pastor's Reflection: 15th Sunday Ordinary Time A

We live in difficult times for the Catholic faith, with deep concerns regarding what really constitutes Catholic teaching and morality. While there is certainly a need to uphold a moral way of life, today's Gospel cautions against a puritanical clean sweep that overrules God's patience and seeks to turn the Church from a hospital for sinners into a germ-free (and hence people-free) zone. The guidance comes in four steps.

I. WAKE UP: *"While everyone was asleep, his enemy came and sowed weeds all through the wheat and then went off."* Notice that everyone was sleeping when the enemy sowed weeds. We Catholics have, in fact, been in a deep moral slumber, simply wanting to "go with the flow." Some parents don't know enough about what their children are surfing on the Internet, or who their friends are. While the culture was melting down beginning in the late 1960s, Church leadership was concerned about tuning guitars, moving the furniture in the sanctuaries, and engaging in gender wars. It's time to wake up and go out to reclaim the culture for Christ and to re-propose the Gospel to a world that has lost it.

II. WISE UP: *"Master... Where have the weeds come from?" He answered, "An enemy has done this."* Part of the sobriety we must regain is the understanding that we have an enemy who hates us—Satan. We have been dismissive of his presence for far too long, as though he were a fairy tale. Satan is real; he hates anyone and anything that strives to do God's will. We need to learn his moves, designs, tactics, and tools, employing humility to battle pride, love to conquer hate. To wise up means to come to the wisdom of the cross, not the world.

III. WAIT UP: *He replied, "No, if you pull up the weeds, you might uproot the wheat along with them. Let them grow together until harvest ..."* Fraternal correction is an essential work of charity, but it must be conducted with patience and love. The Lord invites us not to be overly anxious to pull out weeds lest we harm the wheat: *"Let them grow together. Scripture says, God's patience is directed to our salvation (2 Peter 3:9). Wait. Place this in the hands of God. Give the sinner time to repent."*

IV. WASH UP: *Then at harvest time I will say to the harvesters, "First collect the weeds and tie them in bundles for burning; but gather the wheat into my barn."* There is a harvest. The Lord is no pushover; He does not make light of sin. In telling us to wait, He does not mean to say that judgment will never come, but His general advice is to leave it to Him. In the week ahead, let us be attentive to the Lord as he invites us to "wash up, get ready, and help others to get ready to render an account," Amen.

Make a joyful noise! The Saint Anselm choir wants YOU! Be a part of a caring and supportive group of parishioners who love to lift their voices to the LORD. Two Sunday choirs to choose from: 10:00AM or 5:00PM. Those who sing pray twice!

Contact Rebekah Wu, Sacred Music Director, for more details. Email: musicdirector@saintanselm.org

MASS INTENTIONS

Mon	Jul. 20	8:30am	Eddie Bevans (D)
Tues	Jul. 21	8:30am	Camilo Briones Fernan (INT)
Wed	Jul. 22	8:30am	Jake Dear (D)
Thur	Jul. 23	8:30am	Marcelo Briones Fernan (D) Alejandrina Fernan del Rosario (D)
Fri	Jul. 24	8:30am	Nick Shea (D)
Sat	Jul. 25	5:00pm	Jose Baldovino (D)
Sun	Jul. 26	8:00am	Buck Murray (D)
		10:00am	Theresa Sullivan (D)
		5:00pm	Joao Baptista Brandao (D)

Sick Relatives & Friends

Note: please call parish office to update names

As a community we ask God's blessing for the ill: Stan & Donna Pechalonis, Mark Gardner, Terese Marklinger, Karen Poligono, Marilyn Marklinger, Don Orlandi, Matt Hansen, Jim Sweeney, Bob Hoffman, John Alkazin, Deidra Carson, Fr. Bill Brown, Bryan Green, Chris Ryan, Elaine Innes, Rose Michelle D'Haiti, John Peterson, Erin Granucci, Bruce Hubal, Charles Cavagnetto, J.R. Maricich, Isabella O'Brien, Dorothy Laddish, Penny Maioli, Gretchen Libby, Murhal Orendorff, Martha Yasar, Claire Muller, Ellie Boldrick, Maria Tan, Renee Reyes, Pam King, Lois Markovich, Maria Bail

For the Repose of the Soul: Pauline O'Brien-DeLury, Susan Catinella, Sal Catinella, Linda Biesheuvel, Pat Daly, Katherine Elizabeth Devcich, Catherine Ward, Michael Killelea, Gary McPartlin, Emile Hedouin, Georges Haudiquet, Patricia Ann Sahl, Fr. Neil Healy, Jim Davenport, Michael Mello, Klaus Binz, Ian Dillon, Isabella Welch, Jim Wagner, Jerd Formichi, Georgia Addington, Craig Caracozza, Dennis O'Keefe, Lorraine Matteucci

For Our Active Duty Military: Matthew Kerry O'Brien, Robert Gebhardt, Tyler Lopez, Alex Boatwright, Elizabeth Baumsteiger, Christian Miller, Robert Kent, Shane Morgan, Daniel Lowe, Rob Manifold

The Pope's Monthly Intentions

July—For respect for human life

Let us pray for the respect and protection of human life in all its stages, recognizing it as a gift from God.

SAVE THE DATE & COMMUNITY NOTES

- **Religious Education News!** Our St. Anselm school students and St. Anselm religious education students will all be using a new set of materials this coming school year. St. Anselm will be using the “Word of Life” materials presented by the Augustine Institute and Ignatius Press. The “Word of Life” program strives to catechize and evangelize by reaching both the head and the heart of students and their parents through an age-appropriate focus on 1) Salvation history, 2) Christian anthropology, 3) Heroic virtue and 4) Discipleship. Additionally, our OCIA preparation process will use “Symbolon” also by the Augustine Institute. Please pray for all of our students, their families, our school religion teachers and our Sunday school catechists during this time of exciting transition. Also, we have a small number of Sunday School catechist positions available. If you have ever felt called to serve, contact Fr. Gabriel or DRE Dan to learn more about volunteering.
- Every weekday, Eucharistic Adoration takes place from 7:00 - 8:25am. A priest is available to hear confessions from 7:00 - 8am. The rosary will be said at 8am during Adoration. Weekday Mass begins at 8:30am.
- If you have a family member, friend, or neighbor who is unable to attend Mass due to age, illness, hospitalization, or being homebound, please let the parish office know. Our Pastor is happy to bring Holy Communion to those who cannot be with us at Mass. Likewise, if someone is seriously ill or would benefit from receiving the Sacrament of the Anointing of the Sick, please contact the parish office to arrange it. Thank you for helping us care for our brothers and sisters who are unable to join us in person.



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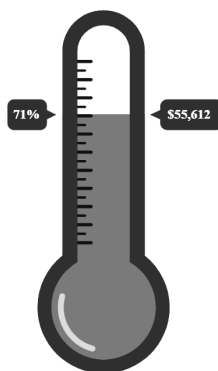
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St. Anselm Planned Giving
Consider listing St. Anselm's as beneficiary in your Will (advisable to have one).
Contact Steve Easley for more info:
415-272-6147
steve@meridiancommercial.com

UPCOMING SECOND COLLECTION

August 16 | Building and Maintenance
August 30 | Saint Vincent de Paul

2026 AAA
GOAL: \$78,673



A Journey Through the Catechism 8: The Eucharist (CCC, 3122-1419)

What is the prominence of the Sacrament of the Eucharist in the Church?

Reception of the Sacrament of the Eucharist completes Christian initiation for baptized Catholics. The Body of Christ in the Eucharist is the very body of Christ that hung upon the Cross. The precious Blood of Christ in the Eucharist is the very blood that flowed from his side. “The Holy Eucharist flows from our Lord’s perfect sacrifice upon the Cross, from his very heart. The Holy Eucharist is the very heart of the Church, her source and her summit.

What is the meant by the Real Presence of Christ in the Eucharist?

Catholics not only believe in the Real Presence of Jesus in the Holy Eucharist, but we believe in His *substantial* presence – that is, He is really present in the substance of the consecrated bread and wine. (cf. Mt 25-31-46, CCC 1373). The priest, in the role of Christ, pronounces these words, but their power and grace are God’s. This is my body, he says. This word transforms the things offered” (CCC 204n. Cf Mt 26:27). Our Lord does not equivocate in His words: For my flesh is true food, and my blood is true drink. Whoever eats my flesh and drinks my blood remains in me and I in him (Jn 6:53-56).

What is meant by the term *transubstantiation*?

The term *transubstantiation* refers to the change of the essential nature of the bread and wine into the Body and Blood of Christ during consecration at Mass. The prefix *trans* mean “to go across” or “to change,” as in the words *transform* and *transport*. *Substance* refers to the very essence of a thing or a person, as opposed to the accidental features such as shape and color. In the Holy Eucharist, the accidents of the bread and the wine remain, but by the power of the Holy Spirit and the power of the Word of God spoken over the gifts of bread and wine (“This is my body” and “This is the chalice of my blood”), the substance of the bread and wine is changed. (CCC 1373-1377). Always remember that the *whole Christ* is substantially and wholly present in both the Blessed Sacrament and the Precious Blood, whether we receive only a fraction of the sacred host or a single drop of the Precious Blood from the chalice.

What is the proper way to show respect for the Blessed Sacrament when entering or leaving a Church?

When entering or leaving a Church in which the Blessed Sacrament is reserved in a tabernacle, or when passing in front of a tabernacle marked with a veil or burning votive candle, it is fitting to genuflect with your right knee or to bow deeply as a sign of adoration. In her Eucharistic piety, which includes the reservation of the Blessed Sacrament in the tabernacle and the popular devotions of exposition and Benediction, the Church affirms her belief in the Real Presence (CCC 1379).

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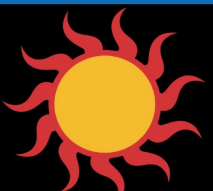
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