

St. Anselm Catholic Church

January 25, 2026
Third Sunday in Ordinary Time



Christ Calling the Apostles James and John—Edward Armitage, 1869

97 Shady Lane, PO Box 1061, Ross, CA 94957
Parish office phone: (415) 453-2342

Parish office hours: Monday-Friday, 8:00am--4:00pm

Parish email: Info@SaintAnselm.org

Parish website: www.SaintAnselm.org

Parish Facebook: [www.facebook.com/
SaintAnselmChurchRossCalifornia](http://www.facebook.com/SaintAnselmChurchRossCalifornia)

Clergy: Fr. Gabriel Wankar, Pastor
ext. 103; wankar.gabriel@sfrarch.org
Fr. Gabriel Achiaga -In Residence
Deacon Ed Cunningham
Deacon Robert Meave

Admin Assist: Mark Wilson
AdminAssistant@saintanselm.org

Religious Education: Dan Veto D.R.E (415) 874-7465
Dre@saintanselm.org

Sacred Music Director: Rebekah Wu
musicdirector@saintanselm.org

Family Life & Outreach: Jessica Gonzalez
jgonzalez@stanselmschool.com

St. Anselm School: Kim Orendorff, Principal
School Office: (415) 454-8667

School Website: www.StAnselmSchool.com

Weekend Masses:

Saturday Vigil 5:00pm,
Sunday 8:00am, 10:00am, & 5:00pm

Weekday Mass: Monday-Friday 8:30am, Rosary 8:00am

Holy Day Masses: 8:30am, 11:00am, 5:00pm

Adoration: with Rosary, weekdays from 7:25—8:25 am
& First Fridays from 9 am—12 noon

Eucharist for Homebound: (415) 453-2342

Reconciliation: Before 8:30am weekday Mass, Saturday
4:00pm-4:45pm, during Adoration on First Fridays 9:00am-
12:00pm or by Appointment

Baptism: Preparation Class required. Please email
dre@saintanselm.org or call the Parish Office ext.105

Anointing of the Sick: Anytime upon request.
Contact Pastor.

Matrimony: Six months notification required prior to
desired date. Contact Pastor.

St. Vincent de Paul Help Desk: (415) 454-3303 ext. 11

Cursillo Information: Cathy Cunningham
(415) 453-7174

St. Anselm's Parish is a Catholic community formed by families, individuals & clergy that worship together, celebrate the sacramental life of the Church, & seek to live the Gospel of Jesus Christ everyday. We welcome, serve, & educate according to the Catechism of the Catholic Church.

Pastor's Reflection: 3rd Sunday in Ordinary Time A

Today's Gospel, according to St. Matthew, describes how Jesus began his public ministry as John the Baptist was arrested, and tells us four things regarding this ministry of Jesus:

I. The CONTEXT – The relocation of Jesus northward from Judea up to Galilee tells us some important truths. First, it tells us of the hostility of the southern regions to the message of John the Baptist and Jesus. The area in and around Judea, including Jerusalem, was controlled by a religious ruling class (the Sadducees and the Pharisees). These groups detested any ideas that threatened their leadership or challenged the rituals associated with the Temple. Furthermore, the Herodian dynasty was also a threat, especially in the south, where John was arrested. Jesus thus moved on to a more receptive context, where his ministry could bear the greatest fruit.

II. The CONTENT – In his preaching, Jesus is willing to challenge and say, 'Repent!' But he also declares the good news that the Kingdom of heaven is at hand! Accepting Jesus' call requires that we avoid both presumption and despair. It is incorrect to assume that we do not require ongoing healing power from the Lord to overcome our sin. The word "Repent!" is *μετανοεῖτε* (*metanoete*), which means more literally "to come to a new mind, or a new way of thinking." However, we are also told to reject despair, since through the grace and mercy of God, we can come to proper *metanoia* (repentance) and recognize our need for help. By the Hope that comes with it, we confidently reach out and call God Abba Father! Too many expect the Church only to affirm and "be positive."

III. The CALL - Jesus, in building His Kingdom, summons men to follow Him. He will train them to be the leaders of His Church as Apostles. The Kingdom of God is not only about calling disciples but also about developing leaders to provide order and leadership in the Church. Even the most "democratic" of organizations requires structure and leadership. Without these, there is anarchy and a battle of wills. Hence, the Lord calls not only disciples, in the early stages of His public ministry, He also grooms leaders. The Lord is articulate in saying to these apostles, *Come Follow me!* Notice that His announcement is unambiguous. His appeal to them was personal: 'Come, follow me.' The Lord starts with the familiar to draw them to the less familiar.

IV. The COMPREHENSIVENESS – Note that all of Galilee was Jesus' mission field, and He covered it comprehensively. And thus, the Church is *Catholic* and must also address every part of the world, providing a comprehensive vision for life. We may not have the power to simplistically cure every ailment and problem, but we can provide the vision of the Paschal mystery that sheds light and brings spiritual healing to every affliction. (2 Cor 4:10).

A special welcome to any visitors or those worshipping with us for the first time or those returning home. Please know that you are warmly welcomed & deeply valued in this faith community. Kindly take a moment to leave your contact information in the back of the Church or register at www.saintanselm.org/register so we can stay in touch.

We're so glad you're here—Welcome home!

MASS INTENTIONS

Mon	Jan. 26	8:30am	Kris Dessau (INT)
Tues	Jan. 27	8:30am	Peter Jizrawi (INT)
Wed	Jan. 28	8:30am	Fr. Thomas Orpin (D)
Thur	Jan. 29	8:00am	Vocations to the Priesthood & Religious Life
Fri	Jan. 30	8:30am	Bishop Wang (INT) Al Cardenas (D)
Sat	Jan. 31	5:00pm	Safety & Protection of Migrants
Sun	Feb. 1	8:00am 10:00am 5:00pm	Gabriel, Mary, & Ignatius Kellady (D) Jodi Sanchez (INT) Peter & Sophie Pappas (INT)

Sick Relatives & Friends

Note: please call parish office to update names

As a community we ask God's blessing for the ill: Stan & Donna Pechalonis, Mark Gardner, Terese Marklinger, Karen Poligono, Marilyn Marklinger, Don Orlandi, , Jordan Roggenbuck, Matt Hansen, Jim Sweeney, Bob Hoffman, John Alkazin, Lorraine Matteucci, Deidra Carson, Fr. Bill Brown, Bryan Green, Chris Ryan, Elaine Innes, Arlene Hansen, Rose Michelle D'Haiti, John Peterson, Erin Granucci, Bruce Hubal, Charles Cavagnetto, J.R. Maricich, Isabella O'Brien, Dorothy Laddish, Penny Maioli, Gretchen Libby, Murhal Orendorff, Dennis O'Keefe

For the Repose of the Soul: Pauline O'Brien-DeLury, Susan Catinella, Sal Catinella, Linda Biesheuvel, Pat Daly, Katherine Elizabeth Devcich, Catherine Ward, Theresa Sullivan, Michael Killelea, Gary McPartlin, Fr. Neil Healy

For Our Military: Matthew Kerry O'Brien, Robert Gebhardt, Tyler Lopez, Alex Boatwright, Elizabeth Baumsteiger, Christian Miller, Robert Kent, Shane Morgan, Daniel Lowe, & Rob Manifold

The Pope's Monthly Intentions

January—For prayer with the Word of God.

Let us pray that praying with the Word of God be nourishment for our lives and a source of hope in our communities, helping us to build a more fraternal and missionary Church.

SAVE THE DATE & COMMUNITY NOTES

- The Ritter Center Food Drives will be accepting donations this weekend. Thank you for your support for this important ministry.
- St. Anselm School Open House will be on **Thursday, January 29 at 5pm**.
- **On Saturday, February 14, 2026, we will hold a Healing Mass for Divorced/Separated Catholics here in our Church at 9:00 a.m.**
- **Wine and Cheese Night** will return after the 5pm Vigil Mass on Saturday, February 14
- **Lent begins on February 18.** Ash Wednesday Masses will be at 8:30am, 11:00am, and 5:00pm.
- Join the **Ninth Annual Retreat for Women on Saturday, February 21 at St. Dominic's Parish, San Francisco.** Learn how to grow closer to Jesus, change the way you think about certain circumstances, and watch miracles happen. Cost is \$60. For more detailed information and to register, visit <https://stdominics.org/retreat-for-women/>
- **On Saturday, February 21 at 10:00am , all sacramentally married couples in the Archdiocese are invited to St. Mary's Cathedral for a Mass** celebrated by Archbishop Cordileone, followed by a reception. Couples celebrating "five-year anniversaries" (5, 10, 15, 20...) will receive special recognition. Donation requested is \$20/couple. Register at <https://sfarch.org/event/2026-wedding-anniversary-celebration/>



One time donation



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Registration

St. Anselm Planned Giving

Consider listing St. Anselm's as beneficiary in your Will (advisable to have one). It preserves the mission & values of the Church in its ministry.

Contact Steve Easley for more information:
415-272-6147
steve@meridiancommerical.com

Catechesis on Parish Vision and The Eucharist

Beloved parishioners, in this New Year 2026, I am humbly inviting you, to pray with me over the passage of **Habakkuk 2:2-3** towards a vision of evangelization in our parish. Our Family Life and Relationship Ministry and the Children's Choir will be initial channels of evangelization to invite people into the life of our parish, while deepening our meditation on the Eucharist through catechesis and the sacred liturgy to nourish our daily lives. The Vatican Council II document, *Lumen Gentium* #11 and the Catechism of the Catholic Church (CCC1407) teach that "The Eucharist is the heart and the summit of the Church's life" The Eucharist nourishes the souls of the faithful and perfectly signifies and admirably realizes the unity of the People of God.

Here are a few apparent reminders regarding Catholic belief in the Eucharist: Canon 912 of the Code of Canon Law rightly states that "**any baptized person not prohibited by law can and must be admitted to holy communion.**" Canon 916: "A person who is conscious of grave sin is not to celebrate Mass or receive the body of the Lord without previous sacramental confession unless there is a grave reason and there is no opportunity to confess; in this case, the person is to remember the obligation to make an act of perfect contrition which includes the resolution of confessing as soon as possible" (Cf. CCC 1415). In his first letter to the Corinthians, Saint Paul also said, "Therefore whoever eats the bread and drinks the cup of the Lord unworthily will have to answer for the body and blood of the Lord...For anyone who eats and drinks without discerning the body, eats and drinks judgment on himself" (1 Cor. 11:27, 29).

The Real Presence of Christ in the Eucharist is a central dogma of the Catholic faith: "The power of the words and the action of Christ, and the power of the Holy Spirit, make sacramentally present under the species of bread and wine Christ's body and blood, his sacrifice offered on the cross once for all" (CCC 1353). Because the Roman Catholic Church believes and teaches that when we receive Communion, we participate in the body and blood of Christ, **not just symbols of them**, the faithful must profess this faith each time they receive the sacrament with an "Amen." The Priest says, "The Body of Christ, to which we respond Amen." By this Amen (which every Catholic who receives the Eucharist knows), *we espouse publicly the faith and moral teachings of the Catholic Church* and desire to live accordingly. **It is the reason why non-Catholics aren't permitted to receive Holy Communion at Mass.**

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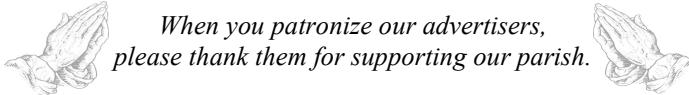
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