

St. Anselm Catholic Church

June 7, 2026

Solemnity of Corpus Christi



Elevation of the Eucharist—Master of the Della Rovere Missal, 1485

97 Shady Lane, PO Box 1061, Ross, CA 94957

Parish office phone: (415) 453-2342

Parish office hours: Monday-Friday, 8:00am—4:00pm

Lunch: 12:00pm-1:00pm

Parish email: Info@SaintAnselm.org

Parish website: www.SaintAnselm.org

Parish Facebook: www.facebook.com/SaintAnselmChurchRossCalifornia

Clergy: Fr. Gabriel Wankar, Pastor
ext. 103; wankar.gabriel@sfarch.org
Fr. Gabriel Achiaga -In Residence
Deacon Ed Cunningham
Deacon Robert Meave

Admin Assist: Mark Wilson
AdminAssistant@saintanselm.org

Religious Education: Dan Veto D.R.E (415) 874-7465
Dre@saintanselm.org

Sacred Music Director: Rebekah Wu
musicdirector@saintanselm.org

Family Life & Outreach: Jessica Gonzalez
jgonzalez@stanselmschool.com

St. Anselm School: Kim Orendorff, Principal
School Office: (415) 454-8667

School Website: www.StAnselmSchool.com

Weekend Masses:

Saturday Vigil 5:00pm,

Sunday 8:00am, 10:00am, & 5:00pm

Weekday Mass: Monday-Friday 8:30am, Rosary 8:00am

Holy Day Masses: 8:30am, 11:00am, 5:00pm

Adoration: with Rosary, weekdays from 7:25—8:25am & First Fridays from 9 am—12 noon

Eucharist for Homebound: (415) 453-2342

Reconciliation: Before 8:30am weekday Mass, Saturday 4:00pm-4:45pm, during Adoration on First Fridays 9:00am-12:00pm or by Appointment

Baptism: Preparation Class required. Please email dre@saintanselm.org or call the Parish Office ext.105

Anointing of the Sick: Anytime upon request.
Contact Pastor.

Matrimony: Six months notification required prior to desired date. Contact Pastor.

St. Vincent de Paul Help Desk: (415) 454-3303 ext. 11

Cursillo Information: Cathy Cunningham
(415) 453-7174

St. Anselm's Parish is a Catholic community formed by families, individuals & clergy that worship together, celebrate the sacramental life of the Church, & seek to live the Gospel of Jesus Christ everyday. We welcome, serve, & educate according to the Catechism of the Catholic Church.

Pastor’s Reflection: Corpus Christi Sunday

The celebration of the Feast of the Most Holy Body and Blood of Christ originated in a specific historical and cultural context of openly reaffirming the faith of the People of God in Jesus Christ, alive and truly present in the Most Holy Sacrament of the Eucharist.

I. The Reality of the Eucharist: *I am the living bread which came down from heaven; if anyone eats this bread, he will live forever; and the bread which I shall give for the life of the world is my flesh.* (John 6:51). Although the Jewish people grumbled in protest to this teaching, Jesus did not back down, but permitted most of them to leave, no longer following in His company (cf. Jn 6:66). Today, He asks us, *“Do you also want to leave me?”* (Jn 6:67). Each time we approach the altar and hear the words, *“The Body of Christ,”* by our *“Amen,”* we are saying, *“Lord, to whom shall we go? You have the words of eternal life”* (Jn 6:68).

II. The Requirement for the Eucharist: *Unless you eat the flesh of the Son of Man and drink his blood, you have no life in you* (John 6:53). If we don’t eat food in our physical life, we would grow weak and eventually die. It is the same with Holy Communion in our spiritual life. Like the people in the desert who were without food and feared for their lives, receiving Jesus in Holy Communion is essential for our survival. Jesus urges us to eat, to receive Holy Communion every Sunday. Jesus urges us with this word: *“Unless.”* Holy Communion is our required food.

III. The Reverence for the Eucharist: A mistaken notion about the Eucharist is confusing this sacred meal with the table fellowship Jesus had with people. He was known to *“welcome sinners and eat with them.”* Holy Mass, however, is *not* one of those sorts of meals. The Last Supper, at which the essential reality of the Mass was first set forth, was held in the context of a sacred meal shared within the family - the Passover. Jesus celebrated that Last Supper with the twelve Apostles, saying to them, *You are the men who have stood by me in my trials* (Lk 22:28). The inability to distinguish the sacred meal of the Eucharist from common table fellowship leads many to misconstrue the Eucharist as a *“Come one, come all”* or *“Come as you are”* sort of meal. However, this is *not* what the Last Supper was. Jesus celebrated the Mass in the context of the Passover. This is one reason that the Church has always limited the reception of the Eucharist to those who are initiated, who are *“members of Christ’s Body”* through faith, and who keep communion with His Body, the Church, through assent to her teachings, remaining members of His Body by being in a state of grace.

Make a joyful noise! The Saint Anselm choir wants YOU! Be a part of a caring and supportive group of parishioners who love to lift their voices to the LORD. Two Sunday choirs to choose from: 10:00AM or 5:00PM. Those who sing pray twice!
Contact Rebekah Wu, Sacred Music Director, for more details. Email: musicdirector@saintanselm.org

MASS INTENTIONS

Mon	Jun. 8	8:30am	Mary Bridget Gallagher (INT)
Tues	Jun. 9	8:30am	Sr. Mary (INT)
Wed	Jun. 10	8:30am	Mr. & Mrs. Daniel Wankar
Thur	Jun. 11	8:30am	Students, Teachers, & Graduates entering summer
Fri	Jun. 12	8:30am	Agnes Lourdes Livingston (D)
Sat	Jun. 13	5:00pm	Larry Gentilello (INT)
Sun	Jun. 14	8:00am	Claude Wundrow (D)
		10:00am	Garth Olsen (D)
		5:00pm	People of the Parish

Sick Relatives & Friends

Note: please call parish office to update names

As a community we ask God’s blessing for the ill: Stan & Donna Pechalonis, Mark Gardner, Terese Marklinger, Karen Poligono, Marilyn Marklinger, Don Orlandi, Matt Hansen, Jim Sweeney, Bob Hoffman, John Alkazin, Lorraine Matteucci, Deidra Carson, Fr. Bill Brown, Bryan Green, Chris Ryan, Elaine Innes, Rose Michelle D’Haiti, John Peterson, Erin Granucci, Bruce Hubal, Charles Cavagnetto, J.R. Maricich, Isabella O’Brien, Dorothy Laddish, Penny Maioli, Gretchen Libby, Murhal Orendorff, Dennis O’Keefe, Martha Yasar, Claire Muller, Ellie Boldrick, Maria Tan, Renee Reyes, Pam King, Lois Markovich, Maria Bail

For the Repose of the Soul: Pauline O’Brien-DeLury, Susan Catinella, Sal Catinella, Linda Biesheuvel, Pat Daly, Katherine Elizabeth Devcich, Catherine Ward, Michael Killelea, Gary McPartlin, Emile Hedouin, Georges Haudiquet, Patricia Ann Sahl, Fr. Neil Healy, Jim Davenport, Michael Mello, Klaus Binz, Ian Dillon, Isabella Welch, Jim Wagner, Jerd Formichi, Georgia Addington, Craig Caracozza

For Our Active Duty Military: Matthew Kerry O’Brien, Robert Gebhardt, Tyler Lopez, Alex Boatwright, Elizabeth Baumsteiger, Christian Miller, Robert Kent, Shane Morgan, Daniel Lowe, & Rob Manifold

The Pope’s Monthly Intentions

June—For the values of sports

Let us pray that sports be an instrument of peace, encounter, and dialogue among cultures and nations, and that they promote values such as respect, solidarity, and personal growth.

SAVE THE DATE & COMMUNITY NOTES

- Our school will have their last day on Friday, June 12. Pray for our students and faculty that they have a safe summer vacation.
- Wine and Cheese night returns on **Saturday, June 13** following the 5pm Vigil Mass.
- **Please join the next Adventure in Marriage Couples' Workshop on Saturday, June 13, 2026 – 8:30a – 4:30p** at Saint Mark Parish–325 Marine View Avenue, Belmont. To register, please Contact: Ed Hopfner | 415-614-5547 | hopfner@sfarach.org

Saint Anselm Summer Date Night Challenge



www.saintanselm.org/date-night

Our Family Life and Outreach Ministry will be starting a **Date Night Challenge** for married couples or couples intending to marry beginning in June and continuing to August. Marriage grows through small, intentional moments. This summer, commit to **one date per month for three months** and watch how simple connection can renew your marriage. Each date you submit = **one entry towards winning a prize!** See the website or scan the QR code to learn more and sign up.



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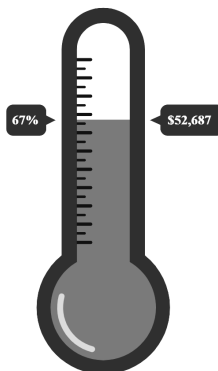
Registration

St. Anselm Planned Giving
Consider listing St. Anselm's as beneficiary in your Will (advisable to have one).
Contact Steve Easley for more information:
415-272-6147
steve@meridiancommerical.com

UPCOMING SECOND COLLECTION

June 21 | Building and Maintenance
June 28 | Peter's Pence (Holy Father)

2026 AAA
GOAL: \$78,673



A Journey Through the Catechism 8: The Eucharist (CCC, 3122-1419)

What is the prominence of the Sacrament of the Eucharist in the Church?

Reception of the Sacrament of the Eucharist completes Christian initiation for baptized Catholics. The Body of Christ in the Eucharist is the very body of Christ that hung upon the Cross. The precious Blood of Christ in the Eucharist is the very blood that flowed from his side. "The Holy Eucharist flows from our Lord's perfect sacrifice upon the Cross, from his very heart. The Holy Eucharist is the very heart of the Church, her source and her summit.

What is the meant by the Real Presence of Christ in the Eucharist?

Catholics not only believe in the Real Presence of Jesus in the Holy Eucharist, but we believe in His *substantial* presence – that is, He is really present in the substance of the consecrated bread and wine. (cf. Mt 25-31-46, CCC 1373). The priest, in the role of Christ, pronounces these words, but their power and grace are God's. This is my body, he says. This word transforms the things offered" (CCC 204n. Cf Mt 26:27). Our Lord does not equivocate in His words: For my flesh is true food, and my blood is true drink. Whoever eats my flesh and drinks my blood remains in me and I in him (Jn 6:53-56).

What is meant by the term *transubstantiation*?

The term *transubstantiation* refers to the change of the essential nature of the bread and wine into the Body and Blood of Christ during consecration at Mass. The prefix *trans* mean "to go across" or "to change," as in the words *transform* and *transport*. *Substance* refers to the very essence of a thing or a person, as opposed to the accidental features such as shape and color. In the Holy Eucharist, the accidents of the bread and the wine remain, but by the power of the Holy Spirit and the power of the Word of God spoken over the gifts of bread and wine ("This is my body" and "This is the chalice of my blood"), the substance of the bread and wine is changed. (CCC 1373-1377). Always remember that the *whole Christ* is substantially and wholly present in both the Blessed Sacrament and the Precious Blood, whether we receive only a fraction of the sacred host or a single drop of the Precious Blood from the chalice.

What is the proper way to show respect for the Blessed Sacrament when entering or leaving a Church?

When entering or leaving a Church in which the Blessed Sacrament is reserved in a tabernacle, or when passing in front of a tabernacle marked with a veil or burning votive candle, it is fitting to genuflect with your right knee or to bow deeply as a sign of adoration. In her Eucharistic piety, which includes the reservation of the Blessed Sacrament in the tabernacle and the popular devotions of exposition and Benediction, the Church affirms her belief in the Real Presence (CCC 1379).

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