Rosters for This Week 14th May & 15th May

Counting Team No. 1	Frank Jones, Robyn Jones, Kimberley Jones
Ministers of the Eucharist	6.00pm John O'Keefe 8.30am Jeanette Thompson, Mary Frisby 10.30am Volunteer needed
Mass Readers	6.00pm Evol Farrelly8.30am Stephen Littleton10.30am Jane McLaughlin

Rosters for Next Week 21st May & 22nd May

Counting Team No. 2	Mary Foster, Marguerite Buckley, Lauren Dittmar
Ministers of the Eucharist	6.00pm Mary Soppitt, Gail Tull8.30am Evol Farrelly, Karen Colla10.30am Richard van der Merwe
Mass Readers	6.00pm Marcia Schobben8.30am Volunteer needed10.30am Olga Reginato

IN OUR PRAYERS

We pray for Haizil Joseph, Santhi Komatineni, Kevin Murphy, Sarah Rodgers, Cathy Reid, Assunta Delgrosso, Yemme Reddy and Mary Debenham.





RECENTLY DECEASED & ANNIVERSARIES

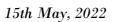
We pray for Sebastian Gashi, Rosalia Bendistinto, Franca Cuomo, Ivanka Ostrugnaj, Ronald Gilmartin, Jacky Butler, Fr. Paddy Fitzpatrick, Brian O'Brien, Mark Thorn, Michael Hynes, Tom Johnson, Rowland Hassall, Ellen Williamson, Rodney Lloyd, Onorina Pomazan, Gladys Starr, Ken Elder, Lucia Gelcrisio, Stefania Jaslan, Eileen Haywood, Mary Lewer, Charlie Axelson, Dorrie O'Neill, Len Bevis, Shane Ryland, George Lewis, Michael Evans, Andrew Carrick, Tony Nuzzo, June Ellis, Frank Templeton, Rose De Battista, Eddy Berry, John Foord, Rodolfo Ruggieri, Charles Broadfoot, Alberto, Celestina, Ersilia, Giuseppe, Benedetto, Natalino, Margherita, Carmelo, George and Emmanuele Mangion, Maria Meloni, Agostino, Margherita, Pasquale, Rita, Pietro, Francesa, Benedetto and Ignazio Saragozza, whose anniversaries are at this time.





JUST LET ME KNOW WHO WAS HERE FIRST AND I'LL GET THE PAPERWORK STARTED

A community where we bring together our gifts and talents



Parish Priest

(Fr.) Greg Trythall PH: 9397 6066 MO: 0400 524 363 Email:

greg.trythall@cam.org.au Pastoral Associate

Monique Julian 0450 789 951 Monday, Tuesday

Parish Office Manager Heidi Zahra Tuesday 8:30am - 4.00pm Thursday 8:30am - 4.00pm 8:30am - 4.00pm Friday

Parish Secretary

Kylie Skinner Wednesday 8.30am-3.30pm

St. Mary's School Principal Anthony Hockey

Normal Mass Times

Consult bulletin inside for any changes. Saturday at 6:00pm Sunday at 8:30am and 10:30am Tuesday to Friday 9:15am Reconciliation Saturday 10:00am

Silent Adoration in Church 2:30pm - 3:30pm Wednesday

Baptism Preparation Night

Third Thursday monthly 7.00pm at Parish Centre. Baptism must be booked prior to attending Preparation Night. Baptism 12:30pm Sunday

FIRST READING:

A reading from the Acts of the Apostles. 14:21-27

RESPONSORIAL PSALM:

I will praise your name for ever, my king and my God

SECOND READING:

A reading from the book of Revelation. 21:1-5

GOSPEL ACCLAMATION:

I give you a new commandment: love one another as I have loved you.

JOHN 13:31-35

When he had left, Jesus said, "Now is the Son of Man glorified, and God is glorified in him. If God is glorified in him, God will also glorify him in himself, and he will glorify





We proudly acknowledge the Boonwurrung People of the Kulin Nation as the Traditional Owners and Custodians of

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FIFTH SUNDAY OF EASTER—YEAR C



him at once. My children, I will be with you only a little while longer.

You will look for me, and as I told the Jews, 'Where I go you cannot come,' so now I say to you. I give you a new commandment: love one another. As I have loved you, so you also should love one another. This is how all will know that you are my disciples, if you have love for one another."

Tuesday 17th May	9.15am	Mass at St Mary's Church
Wednesday 18th May	9.15am	Mass at St. Mary's Church.
Thursday 19th May	9.15am	Mass at St. Mary's Church.
Friday 20th May	9.15am	Mass at St. Mary's Church.

Dear Parishioners and Visitors

Next weekend there will the opportunity for grade 4 children to receive Jesus in Holy **Communion.** This is an important step for them as no greater gift in this world could be given not just next weekend but for the rest of their lives. This is a gift that opens us up to not only greater wisdom and greater peace, but substantially increases our capacity to love others. Only a generous God could conceive of such help to us on our spiritual journeys of life as the gift of Eucharist. Accordingly, parents of 1st Eucharist children please do not get too carried away with the Federal Elections next weekend - yes vote wisely - but elections will come and go over yours and your children's life times, but no gift such as this will ever come their way throughout their life. Thus, parents please do



not take it for granted as you need Eucharist and your children need Eucharist if you and they are going to be certain to keep on the right paths to eventually meeting the Lord in person. In the meantime, I encourage you to receive Him and try to receive Him often: you may feel you can do things on your own which is a natural inclination but if this becomes an overall attitude then this will only lead to a mediocrity of life and not the life Jesus wants for you and your children: "I have come that you may have life to the full." Don't let Him bypass your road of life and find you are on the safe path, the easy path, the comfortable path, the so-called secure path – don't short change yourself as while there is still time put your spiritual life as the highest priority if not for your own sakes but at least for your children's. There is a lot of covid around at the moment and it has been bigtime in Williamstown in the last two weeks! Therefore, if there is any danger whatsoever to our normal Mass going congregation from coming as a parent or a child to our 1st Eucharist celebrations next weekend then please understand that I have another date Saturday June 4th marked out for a small number of potential 1st communicants and their families. Also, know I can easily be flexible and if any complications with any of the set dates, such as covid or sickness in the family, I am willing to have your child come to any weekend Mass in the next month for their 1st Eucharist. So please even if it is the day before, please be in touch with me on

0400 524 363 and we can get another suitable weekend date.

Did you know that the Josephite order operates St Joseph by the Sea at 16 Esplanade Williamstown?



Did you know that St Joseph's by the Sea has a LENDING LIBRARY?

Eco-Spirituality, Scripture, Aboriginal Spirituality, Theology, Art and Magazines like Earth Son, Madonna, NGV Magazines and spirituality in daily life. These are all available for borrowing - A Librarian, Margaret Brown will be in attendance on Thursdays from 10am to 2:00pm starting 26th May 2022.

As I notice more and more as I grow older, even though we are blessed as a country, there seems a lack of true happiness among the general population. Even though it is not the majority there are a considerable number of people who are participating in addictive behaviours: gambling, alcohol, drugs and very much for too many an overmastering urge to view pornography. In regard the latter this not only has bad effects on their health but can bring persistent guilt and shame. Their need to resort to secrecy undermines trust to dating companions or healthy relationships with family and spouses. There is no doubt that pornography contributes to the perversion of men's perception of and relationship with women. It is even simplistic to just recommend confession (reconciliation) on its own as deeper issues need to come into play for a person to change a very difficult ingrained behaviour. Like all addictions -even out of control video game playing -some things are triggered in the brain that does not make just pure will power the total answer to the problem or problems.

Everyone is different but sometimes there can be short term strategies like moving a computer to a public area, utilizing filtering software or leaving one's mobile device with a parent or a spouse at night. Of course, it is handy to help people identify events or behaviours that trigger Internet use: drinking, travelling, problems with a boss, etc. There may be underlying issues: anger, loneliness, grief, anxiety, loss, etc.

Nevertheless, most of the above is only a short-term answer to a more complete response. First of all, one needs to be honest with oneself, with others, and with God about the addiction. One does not and should not tell every Tom, Dick or Harry as the old saying goes, but there is no place for denial in the recovery journey from addiction. One needs to take responsibility for the addiction and the for the consequences of it. Self-knowledge means acknowledging our weakness. This likely means identifying danger zones where one is more likely to be triggered into the addictive behaviour. Successful recovery requires a total commitment to the process of restoring oneself to be a better person, a healthier person. One needs for instance, if it is a case of pornography to rid one's life of all pornography and anything else that might tempt one to act out sexually. For most men (and there are women addicts too) it means monitoring all communications technology and setting clear boundaries. I am only just touching on some areas but other areas for a more complete approach should as I see it contain the following:

- Support from other people who truly understand the struggle.
- Councelling: part of the goal of counselling is to identify and heal the wounds that led one to use such as sex or pornography to ease the pain - this is self-medicating)
- Spiritual Plan: A close intimate relationship with God is important for successful recovery. One from this can find the strength and grace to persevere.
- Education: it's important to know how a person becomes addicted to pornography (or whatever) physically and emotionally and to understand the recovery process.
- Virtue: The essence of a Christian life is virtue. When we strive to live virtuously, we can avoid sin, conquer selfishness, love others as God loves us and truly serve the Lord. One of the best ways to reading this then it was all worthwhile.

Yours 'in Christ' Fr Greg 13/5/2022

ST MARY'S GREEN TEAM

Although Williamstown has lots of trees our local council area of Hobsons Bay currently only has a tree canopy of about 7.5%. One very effective way to reduce the "heat island" effect of cities and suburbs, provide shade on hot days and improve biodiversity is to increase greenery and trees in particular. With this in mind and as part of the local sustainability work they will plant 50,000 trees in the next 5 years and increase the tree canopy to 30% by 2040. You can even request a new tree in your street on the council's website or if you have space and like fresh fruit, consider planting a fruit tree in your backyard.

With the federal election in the next couple of weeks you may like to read "Voting for the Common Good" to help make an informed decision, it is available online at https://catholicoutlook.org/voting-for-the-common-good/

SACRAMENTAL PREPARATION ST. MARY'S PARISH 2022

Parents of Parish Children who do not attend St. Mary's School and would like to be part of our Sacramental Program in 2022, please contact Monique Julian (Pastoral Associate) Monique.julian@cam.org.au

CONFIRMATION 6.30pm–7.30pm on the following Monday evenings:

11/7, 18/7, 25/7 with confirmation Masses scheduled for 26th-28th July.

pornography to self - medicate (often when a person is hurting emotionally, they will use a substance,

fight a vice is with virtue. These are just a few thoughts on addiction and if they help just one person

