

Minutes of the Meeting of the Board of Directors



Center for the Well Being, Inc.

PROCEEDINGS

The Board of Directors of Center for the Well Being, Inc. held its annual meeting on **Monday, December 29, 2025 at 11:30 am.**

The following directors, constituting a quorum of the full board, were present at the meeting:

- Kim Muehlbauer
- Freya Muehlbauer
- Thorsten Muehlbauer

FINANCIALS

Capital One Bank account: We closed the account with Capital One and transferred funds to Pentagon Federal Credit Union to save fees. Account information is kept on file in the office.

Our balance has strained under lack of donations, costs of website maintenance service, paying for supplies for the free herbal care packages through our initiative, and other admin costs. We continue to not market due to costs and changes in social media platforms algorithms and ineffective demographic reach.

Grants/Funding: We are continuing to search for potential grants/funders.

Donations: We continue to look for enticing ways to receive donations. To offset lack of donations, we will try a monthly herbal product “giveaway” to build interest and increase donations from Limitlessness, LLC.

Go Daddy:

- Domain renewal cost of \$21.17
- Email renewal cost of \$71.88
- Website renewal cost of \$240.00.

PROJECTS

Website: Coordinating with Limitlessness, LLC for new initiatives and highlighting *From the Ground Up Botanicals* as our partner in herbal product line. Conducting a general update of the website.

Office Space: Continuing to search for potential space. Searching in the local area in Kingstowne.

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MARKETING PLAN

Monthly email: to let subscribers know of upcoming events, new initiatives, and any other upcoming news. Goes out the 1st Sunday of the month.

Vouchers: Promote mindset coaching and herbal consultations. Percentage of proceeds received as donations.

Seasonal Special: Continue to run seasonal specials throughout the year using *From the Ground Up Botanicals*.

REQUIRED FUTURE DISCUSSIONS AND ACTION ITEMS

TASK LIST TO DO BEFORE NEXT MEETING:

- Look for more grants. (Kim)
- Contact realtors for potential space in the local area.

FUTURE DISCUSSIONS:

- Change of venue if possible, to have in-person workshops.
 - Determine where workshops will be held, whether that will be in person or virtually.
- How to get payment in advance for workshops while still offering inclusive opportunity for those who cannot afford to pay.
 - We continue to discuss this as the strategies we have implemented don't seem to be producing the desired outcome.
 - People don't want to pay for workshops, but if they don't, they aren't held accountable for their RSVP. All other businesses have PAY IN ADVANCE and non-refundable fees.

Dated: December 29, 2025

Thorsten Muehlbauer, Secretary of the Board of Directors