



Scottish Winter Hillwalking and Mountaineering February 9-15 2026

- Do you want to spend more time in the Scottish mountains?
- Do you want to develop your own experience doing your own activities?
- Do you want some more training?

Join us in a warm comfortable lodge in Badaguish. We are running a training week for SARA Rescue Team and we have allocated addition places for IDEWM students and their climbing partners. We will provide accommodation and food.

This is your week to enjoy the hills and improve your experience.

- We can help you find instructors for formal training.
- We can provide support by providing suggested activities and accompanying you on the hill for peer group learning.
- You can just do your own activities.

You could choose a couple of days instruction and then spend a few days improving your own experience.

This is an ideal opportunity for those who are thinking of the DiMM programme but want to improve their winter experience.

There is easy access to the Cairngorms, Glen Feshie, The Mondhaliath Mountains.

Accommodation: <https://badaguish.org/accommodation/forest-lodges/>

Location:

The Speyside Trust
Badaguish Outdoor Centre
Aviemore
Scotland
PH22 1AD

Cost for accommodation and food per person: £500 (6 nights) (If you are interested in fewer nights talk to us – we will try and help).

Arrive: Monday 9 Feb evening. **Depart:** Sun 15 Feb am.

Instruction: This can be arranged through Scotch on The Rocks. <https://sotrg.co.uk/>

Contact Jonty Mills to discuss your ideas: jonty@sotrg.co.uk

Approximate cost is £270 / day split between the clients. For winter walking the ratio is 1:4 winter mountaineering 1:3, winter climbing 1:2.

If would like to discuss this week further contact us docmgreene@hotmail.com or drkarengreene@hotmail.co.uk

Book a place: Follow this link and send £125 deposit to the business bank account on the form: <https://forms.gle/oSgPb67aZGUAGJgt9>