**MARCH 2023 NEWSLETTER** 



Keturah's Haven



#### HOUSE UPDATES

Since January, 5 women have been admitted, 3 are currently in the program. We are desperately in need of a transitional house that will be suited for the women and their babies, where they will live for a period of time to get get back on their feet. Anyone who has a heart for such ministry, and knows of a house that could be gifted or rented to us (at a reasonable cost) please Contact us at 832.437.8529 or 832.217.4892.

#### WHAT'S INSIDE THIS ISSUE:

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- 4TH ANNUAL GALA RECAP
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- IMMEDIATE NEEDS





WWW. KETURAHSHAVEN.ORG

## KETURAH'S 4TH ANNUAL GALA OF GIVING



THANK YOU TO EVERYONE WHO SUPPORTED AND ATTENDED THIS YEARS GALA OF GIVING. IT WAS A HUGE SUCCESS, LOOKING FORWARD TO SEEING YOU ALL NEXT YEAR!

### PAST RESIDENT SPOTLIGHT



My name is Hanna Umpstead, and I am a survivor.

I grew up in a Christian home in Fort Worth Texas. At a very young age I started drinking alcohol and at 14 years old I was pregnant with my first child. I decided to place him for adoption. This kept me severely addicted to drugs and alcohol for several years after. When I turned 21, I had my second child, a girl. At 24, I welcomed another little girl into the world. At 29 years old I was pregnant again and out of options. At 7½ months pregnant, God took us far away from where all my troubles began. He placed us on solid ground, that solid ground is Keturah's Haven.

My life finally began to change at Keturah's Haven. While at Keturah's Haven I was able to understand how my decisions enabled my addiction. I got to experience living in a community I always dreamed of living in. I got to have a home that I could clean with joy and appreciation. The Ministry has helped me with finding a job and providing all the necessary resources for my sobriety, stability, and structure. People who don't just talk the talk, but they are living examples of what my life should look like. They have shown me how-to live-in God's light instead of the world's light.

2 Corinthians 3:17 says, "Now the Lord is the Spirit and where the Spirit of the Lord is, there is freedom.

Carrying the Holy Spirit in my everyday life, and walking according to His Spiritual guidance has enriched my life beyond measure. My eyes are now opened to the truth. I just want to thank everyone who has helped save the life of me and my son Robert Elijah and made a reunification of my family possible.



For more info about our ministry visit us at www. Keturahshaven.org

# 4 STAGES OF MANIPULATION

#### **FEAR**

Do this or something bad will happen.

#### **FLATTERY**

DO THIS AND YOU'RE A GOOD PERSON.

#### **BRIBERY**

DO THIS AND YOU GET SOMETHING FOR FREE .

#### **VIOLENCE**

DO THIS OR ELSE FACE CONSEQUENCES.

THIS IS AN EXAMPLE OF MANIPULATION AS EXPERIENCED BY MANY OF THE WOMEN OF KETURAH'S HAVEN.

## VOLUNTEER SHOUT OUT

Lyn Wells (right), Vicki Watson (left) getting ready for the Gala set up





Maribel Moreno enjoying the gala after her hardwork



A BIG THANK YOU TO LYN WELLS WHO COORDINATED THIS YEARS DÉCOR.

ALONG WITH VICKI WATSON WHO LEAD THIS YEARS PLANNING COMMITTEE. THANKS TO CAROLE TRAHAN, BARBRA TURNER, PATI GANN, LISA KRAIG, MARY REY FOR THEIR EFFORTS IN MAKING THIS FUNDRAISER A GREAT SUCCESS.

MARIBEL MORENO WENT ABOVE AND BEYOND AS USUAL WITH THE COORDINATION OF OUR AUCTION, WHICH WAS A HUGE SUCCESS.

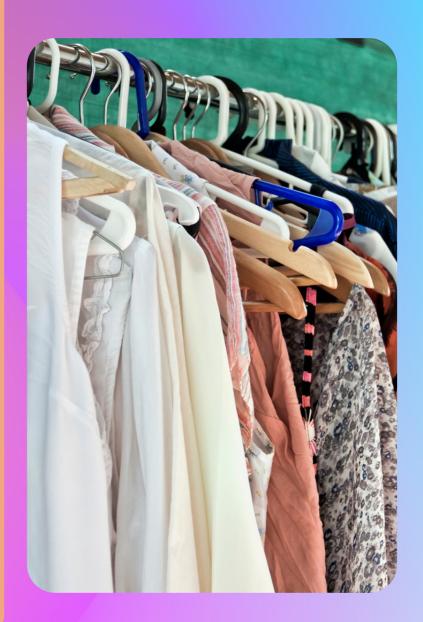
## UPCOMING EVENTS

Keturah's Haven
3rd Annual Garage
sale will be held on
April 15th 7am3pm at the Gough
Activity Center
Faith West 24302
Katex Blvd Katy,
TX 77493.

Annual Games
Night In October,
date TBA

Visit us on fakebook or our website www. Keturahshaven.org for more info on all our events





WWW. KETURAHSHAVEN.ORG

## IMMEDIATE NEEDS



**BODY WASH /BAR SOAP** 

SHAMPOO/CONDITIONER

**DEODORANT** 

SHAVING STICKS

TOOTHPASTE/TOOTHBRUSH

FLEECE BLANKETS

**TOILET PAPER** 

LAUNDRY DETERGENT/ DRYER

SHEETS

**HOUSE SLIPPERS** 

MATERNITY TIGHTS/ TOPS ALL

**SIZES** 











