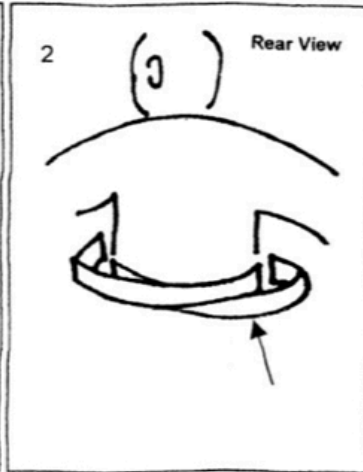# HOW TO TIE YOUR TAEKWONDO BELT
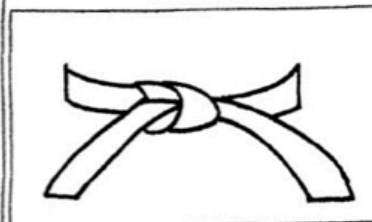

1 — Fold Belt in half, Start at center Rank stripe on right, if you have one

2 — Rear View — Tuck right side completely underneath

3

4

5

6

7

8 — When finished It should look like this!

When finished, the rank stripe, if you have one, (2 stripes that indicate that you are a High Belt) should be on your left