

TAEKWONDO INSTRUCTIONS FOR STUDENTS

1. Arrive to the class on time, and if you are late wait on the door for the permission of the instructor
2. A clean and tidy dobok reflects on self-respect
3. Tie long hair and remove accessories
4. As a sign of respect, bow upon entering and leaving the Dojang
5. Bow before receiving instructions from your Master or instructors
6. Line up according to belt level. When two or more people have the same belt and ranking, the oldest has more privilege
7. Address your coaches by Master, Sir, or Miss
8. Never leave the Dojang before asking for permission from your instructor
9. Do not speak without raising your hand
10. Negative behavior is strictly forbidden inside the Dojang
11. If injured, the student must notify the instructor to take the necessary measures
12. Safety Taekwondo protectors are required during sparring and fights
13. Outside the Dojang, Taekwondo is used for self-defense and never for attacking or bullying
14. Senior should set an example for younger generations