



# 4MyCiTy

## Our Programs



### **Food Rescue To Go!**

Addressing hunger through food distribution while also creating supplemental income for local residents. Through on site food distribution, community food distribution sites and In Home delivery services.

### **Compost On The Go!**

Addressing the issue of food waste making its way to landfills. In home food waste pick up and on-site 24hr food waste processing into usable soil. All while also creating supplemental income for local residents.

### **4MyCiTy U! Job Training & Mentoring Program**

Creating a paid pathway for our youth to develop skills for their future. For young adults aged 16 to 23.

### **4MyCiTy Health Connect!**

Free weekly onsite health screening and health education service for our program participants. Our goal for this program is to offer holistic wrap-around services that improve our participants conditions.

A recurring monthly donation of \$20 helps us rescue enough food to allow a family of 3 to visit our facility weekly for food resources for that entire month. Average value of \$35-\$75 in supplies per visit.

Over 225 Million Pounds of food distributed since 2018



Our easiest path to ending hunger is through food waste diversion.

Access to healthy foods is a priority here at 4MyCiTy, along with educating the community about the health benefits of foods they may have never eaten.



Everyday food resources change, the key is to stop by, try something new and please be kind. Don't take what you know you won't use.

☀️ Eliminating food insecurity in communities is easier than ever with food waste diversions. By embracing sustainable food management, we are leaving no stone unturned in our quest to eradicate hunger. Drop by our warehouse at 1133 Wilso Drive, Baltimore MD 21223, open daily from 10am to 6pm. Join us in lending a hand, gaining knowledge, or grabbing from our rescued food resources. Your support and donations are crucial in sustaining our incredible work! Let's embark on this inspiring journey together at [www.4MyCiTy.us](http://www.4MyCiTy.us) ♻️