

# GIANT Tennis Coaches will...

## Pre-lesson

### preparation

- ... Be punctual  
Arrive at least 15 minutes prior to first lesson to prepare
- ... Have equipment prepared and set up before the lesson starts
- ... Have a plan for the lesson  
Ensure you understand the main focus points
- ... Be professional in their appearance  
Including the wearing of Wilson or GIANT Tennis attire
- ... Bring their GIANT Coaching Folder, containing student details and relevant hand-outs  
Use this to prepare for students in your next group (names/parents/interests/absences/learning notes/etc.), make notes for your own future reference or to pass on to the Head Coaches

## During lesson

### content

- ... Use our Core Drills to teach the GIANT Non-negotiables  
Refer to Supporting Documents
- ... Hold their students to a high standard Technique-wise  
No "that'll do" or "close enough"
- ... Remain Flexible with the lesson plan to ensure EVERY student gets the same out of each lesson.  
The plan may not work for all students in the group, and a good coach will come up with solutions quicker. Pay attention to the student's attention – *Is this drill working? How can I make it work?*

### conduct

- ... Conduct lessons based on standard GIANT Tennis Lesson Structure, being sure to maintain the schedule  
Refer to a wrist watch, rather than a mobile phone for time
- ... Bring the same energy and enthusiasm to every lesson  
Try not to let your levels fade throughout the evening or make your personal problems apparent
- ... Create a fun environment during the lesson, which fosters inclusion and encouragement

... Be conscious of communication levels

Aim to be an 80% listener and 20% talker. Be aware of noise pollution: *Read the lesson, do I need increase the energy or is it already there?*

... Try not to give your student too much information - give them the opportunity to figure things out

Refrain from making corrections on their first mistake, instead jump in on the third. *Get their feedback, ask questions... how does that feel? etc.*

... Seek to gain maximum effort from the players, encouraging hard work, while having a good time

... Aim to develop a good rapport with students and parents.

Get to know your kids and their parents.

Ask questions and follow up the next week (make notes in your folder if need be)

Let parents know how their child is going.

***"People don't care how much you know until they know how much you care"***

... Be committed to the safety and wellbeing of every child we coach

In line with Tennis Australia's commitment, it is imperative that children and young people who access our services feel safe and supported.

*Always...*

... See it, Say it, Fix it

... Not Gossip

Be open and honest with all GIANT Coaches

... Help with workload

If you see someone that needs help and you have time, Help... putting/packing up mini nets, too many kids in a lesson, a disgruntled parent etc.

... Police Standards

Yours and Others. Let's all be accountable.

... Never put down or belittle another coach in public

Tell the coach what to fix on the student, not the student

... Always portray a positive attitude regarding GIANT Tennis and it's services

When on and away from the tennis court. You are always representing us.

... Communicate with Head Coaches

Feedback should go both ways. We don't know everything, but the earlier we find out things the better... away, problem child etc.

*Help us help you make your coaching life easier.*

... Attend regular scheduled Coach Catch ups and training sessions for personal/professional development and education in the GIANT Tennis Way (in addition to standard coaching hours)

... Continually invest in their own coaching and development

Read, listen to podcasts, talk, observe... take any chance you can to learn