

康寧華人協會
Corning Chinese Association

Founded 2006
Corning, New York
www.cca-ny.org
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NEWS
LETTER

Our Mission: To facilitate networking and personal/professional development amongst the Chinese community and those who are interested in the Chinese culture; to promote Chinese culture in the Southern Tier Region of New York State; and to provide a means to bridge the Chinese and American cultures.



The Mid-Autumn Festival

by Andrea Bookbinder



but don't understand the details. Still - here are some impressions of the events -

First of all - It is very inspiring to see how inclusive the events are - young and old and everyone in between all participate and all seem to have a great time. One does not have to understand a word of the language to look around and see all the happy faces and hear the laughter. It is great to see how the young ones are taught their culture even though they live in a different world. The atmosphere is like that of a big family reunion and all are a part.

The past few years Dana and I have had the privilege to attend the two big festivals - Chinese New Year and also the Moon Festival. It has given us a great opportunity to learn a little more about Chinese Culture and enjoy fellowship.

We don't understand the Chinese language and yet we can understand a lot of what is going on, but for us it is more like we are young children at a gathering of adults. We get the gist of things,





Another aspect of the CCA events - it is obvious it takes a lot of work to make these celebrations happen! The food, the entertainment, the location, etc. - all require a thousand and one details to be perfectly orchestrated. Everyone who works on the planning should congratulate themselves for a job well-done.

The amount of talent displayed at the CCA events is nothing short of amazing. We really enjoy this part of the events and we learn more about our work colleagues also. At the same time it is also a very beautiful display of the



Chinese culture. The artistic quality seems unique amongst many other cultures. The children's activities are also fun to watch - we almost would like to participate!

An article about the Chinese festivals would be incomplete without mention of the food. We both love Chinese food and at the festivals there is abundance and variety to suit any palate. The "special foods" are also noteworthy. Everyone always asks: "Do you like Moon Cake?" How can one NOT like Moon Cake!?



Wineglass Marathon

by Albert Song (宋培远)

The Wineglass Marathon occurred on October, 5th, 2013. The event has runners running a scenic 26.2 mile route from the city of Bath to Corning. The top runner this year from the men was Dan Craighead from Pennsylvania State College, who ran the 26 miles in 2 hours, 28 minutes, and 19 seconds. The top runner for women was Morgan Burrows of Corning, who ran the scenic route in around 2 hours 50 minutes and 17 seconds. This year's field of runners was about 5,000, setting a new record.

The Wineglass Marathon is a very important event for the city of Corning. It brought an estimated 2 million dollars. The first Wineglass Marathon was held in 1982. Since then, it has been 32 years since the first runners crossed the finish line at Market Street. The marathon was awarded 16th best marathon by Marathon & Beyond magazine. The race is also a stepping stone for runners



Albert Song provided water for runners.



Stephen KR Liu just finished 5K.

planning to run in the Boston Marathon, as you need to have a certain time to run the Boston Marathon.

During the event, I was in Craig Park handing out water and Gatorade while cheering the runners on. I was volunteering for the ASMS water station. The whole charity lasted around 8 hours. There were around 30 kids and 10 parents. There was even a guy in a pink dress running. I think that he was running for breast cancer. A runner even had a hat that said "Keep on Running". I think we handed out at least 2,000 bottles of water or Gatorade. I liked volunteering. I will definitely volunteer next year.

I think that the Wineglass Marathon is a very exciting and great event for the Corning economy. I think every runner won because they all were brave enough to run. In conclusion I think that the Wineglass Marathon was an awesome event.



Lin Lin (left) and Ying Geng (right) also volunteered.

菜园苦与乐

by 钮渭钧，高秀芹

和众多爱种菜的人一样，在搬进新买的房子后不久，就开始寻思在后院找片合适的地方辟成菜园种点菜。先是一小块，后来才开得越来越大。翻地，拣出石头，施上肥，撒上菜籽，围上铁丝网。每天辛勤浇水，等待的不仅仅是那一棵棵幼苗破土，等待的是这整个种菜季节的收获，其实真正的是对生命，健康的渴望！

种菜如同做科研，又好象是教养幼儿，需要的不仅仅是付出体力，时间和辛劳，还要用耐心等待。耐心地等待着每一株小苗长大，结果，直到能摘下来做成鲜嫩可口的一盘菜摆在饭桌上供一家大小享用，也许只有种菜人自己能体会出个中滋味！这不仅是一盘有机健康的菜，更多的是一种对家人的关爱。虽然有时并不被家人完全认同。虽然花去了绝大部分工作之余的时间，虽然少了很多陪伴家人的时间，经过辛辛苦苦地栽种培养菜蔬供一家人享用，也算是一种补偿吧。

对于在公司上班又喜爱种菜的人来说，经过一天辛苦的工作后回到家，第一件事就是跑到菜园遛一圈，看看绿油油的青菜，长长的嫩嫩的豆角，丝瓜和黄瓜，红红的番茄，一天工作下来的疲劳顿时一扫而光，留下由衷的喜悦在心头，马上换上衣服，撸起袖子开干。其实在菜园里干活是一种享受，接地气，呼吸新鲜空气，享受神造大自然的美好！如果在开派对时带上自家种的菜和别人分享，并遇上几个爱种菜的菜友交流一些种菜心得和经验，这也是一种从种菜来的快乐。或邀请几个朋友来家参观一下自己打理的菜园，顺手拔几棵青菜送给他们，并送他们些菜籽，这同样是一种分享的快乐！

当然种菜的时光并不总是快乐的，对每个爱好种菜的人来说最大的痛苦就是：带着希望来到菜园时却发现菜园被小动物不幸光临过，他们所到之处留下一片狼藉。小嫩苗被连根拔出，南瓜被咬了两口，牙印还清晰可见，看着东倒西歪伤痕累累的菜，恨得牙跟痒痒。尤其是辛苦的劳动果实马上就能享用时却被动物糟蹋了，真叫人心痛呵！于是再去买铁丝网加固，仔细查找并堵住破洞。其实在菜籽一出土时与小动物势不两力的拉锯战就开始了。为了保卫劳动成果，就发动全家每天查看菜园动静，可还是防不胜防，一不留心小动物就象盗贼一样溜进菜园大饱口福了。唉，这小动物真是种菜人心中永远的痛啊！

不过还好，毕竟我们是菜园的主人，只要提高警惕性，小动物们就绝成不了大气候。反过来说，这菜园在未开垦前本来就是属于小动物的，如今它们的天地被我们用来种菜，它们来分享一点也是有情可谅解的。中国人要的是“和为贵”，而不是互为敌人，如此想来，就少了些对小动物的怨恨。

北方的夏天总是匆匆而过，转眼秋天也快要过完了。菜园里也开始稀稀落落起来，除了韭菜，葱和一些小白菜外，菜园渐渐失去了夏天的蓬勃。当大雪封山的冬天过后，菜园就如同还在酣睡的少年等着种菜人用铁锹唤醒，再开始新一年的生长！

我的暑假

by 李顺心

我今年暑假做了很多事我参加了一个重要的游泳比赛得了一个铜牌。我的姥爷和姥姥还来我们家住了两个月。姥爷送我一辆新的脚踏车。我很喜欢这辆脚踏车因为我可以骑得很快,还可以变速呢!

我们暑假还去了几个地方玩儿。爸爸开车带我们去加拿大玩了。我们先去New Brunswick一个国家公园玩。我们在那里露营。我帮爸爸搭帐篷然后帮姥爷和姥姥搭他们的帐篷。爸爸买了一只很大的龙虾比弟弟的头还大呢!我们一边吃一边看景色,心里很满意。

我早上起来的时候,外面有很多露水。我们开车去海边,我用网子抓到好几只螃蟹。姥爷也抓了很多的小海螺。他在露营区煮来吃,我和弟弟却不敢吃。晚上我们玩牌玩到很晚才睡觉。隔天爸爸开车带我们去爱德华王子岛。那里的沙滩都是红色的,非常漂亮。我们还去了Hopewell公园。那里有很多被水冲出来的石柱,有各种奇形怪状,特别有意思!石柱上有很多海草和贝壳,只能在退潮时才看得见。

我们在加拿大玩了好几天,玩得很开心。妈妈还照了很多照片我在家可以随时回忆。我很想往明年夏天快点到来!

我为什么学中文

by Linus Law (罗子淳)

“我为什么学中文”

我是中国人,中文是我的母语。爸爸、妈妈、姥姥、姥爷、爷爷、奶奶老讲中文。中文是最古老的语言之一。中文是最多人用的语言。因为中国有最多人。中文是和朋友交流的语言之一。如果学会听和说中文,就可以知道朋友说什么,也可以说出自己的想法。如果学会读中文,就可以学到东西。如果学会写中文,就可以写信给朋友。学中文像搭乐高,因为搭乐高很难,学中文也很难。搭完乐高很开心,学会中文很开心。



*Food Bank
Volunteering*

Community Involvements



*Disabilities
Awareness
Walk*



*Zhou, Adam ♂
DOB: 9/5/2013
MOM: Zhu, Jing (Shirley)
DAD: Zhou, Chunfeng*

New Members

*Zhang, Daniel ♂
DOB 5/11/2013
MOM: Yuan, Shu
DAD: Zhang, Ying*

