

# COVID-19 SAFETY & HEALTH POLICIES 2021

In order to slow, prevent, and limit COVID-19 exposure and spread, Twisters Gymnastics will be adhering to the following policies and procedures (subject to change):

Please keep alert for signs of illness in your children. Symptoms related to COVID-19 include:

- Fever or Chills
- Cough
- Shortness of Breath
- Difficulty Breathing
- Fatigue
- Muscle/Body aches
- Headache
- Loss of Taste/Smell
- Sore Throat
- Congestion/Runny Nose
- Nausea or Vomiting
- Diarrhea

**\*\* PLEASE KEEP YOUR CHILD(REN) HOME WHEN SICK \*\***

Any staff, children, and family members residing in the same household that have exposure to persons known to have COVID-19 must notify Twisters Gymnastics and follow all recommendations from the CDC. Anyone traveling outside the Tri-State area, also please notify Twisters Gymnastics of your travel.

## DAILY HEALTH SURVEILLANCE / TEMPERATURE READING

- A daily health surveillance screening will be conducted for your child and temperature will be taken. Campers and staff will have their temperature checked at sign in.
- Any person with a temperature of 100.4° or above or other signs of COVID-19 illness will be sent home for the day and not allowed to enter the facility.
- If your child is ill or showing any signs or symptoms listed above, please keep them home.

## DROP-OFF AND PICK-UP

- Please be prepared for a quick and smooth drop off process.
- One (1) parent must come into the building to sign in for camp.
- After a temperature reading, your child will join the camp and you (the parent) will exit the building.
- One (1) parent must come into the building to sign out at the end of the day.
- Please remember to keep social distance from each other while in common areas.

## GROUP SIZE

- We will be operating at a reduced capacity to ensure proper social distancing and the safety of all campers and staff members.

## MASK WEARING

- Staff and campers must wear a mask to enter and/or exit the facility and masks will be worn all day (unless eating or drinking).
- Please make sure your child comes to camp each day with AT LEAST TWO (2) additional masks.

## CLEANING AND DISINFECTING

- Campers and staff will sanitize or wash hands in between activities.
- Hand sanitizer stations will be provided in numerous areas around the facility.
- Throughout the facility, cleaning supplies will be positioned for frequent cleaning between groups and structured activities.
- We have enhanced cleaning and disinfection procedures in place, using EPA approved disinfectants.

## INDOOR/OUTDOOR ACTIVITIES

- In addition to our indoor activities, campers will also have the opportunity to get fresh air outside. We have a multitude of outdoors games and activities for the campers as well as water activities available on-site.

Twisters Gymnastics will closely monitor the rules set forth by the CDC and will comply with all current guidelines and regulations. The COVID-19 Safety and Health Policies outlined above are subject to change.