St. James Spiritual Church "Building For God's Glory"

February 2024

Rev. R. E. Cunningham, Pastor



<u>Service Schedules</u> Every Sunday 12:00 noon

<u>Ash Wednesday</u> is a holy day of prayer and fasting. This year, Ash Wednesday is on Feb. 14, coinciding with Valentine's Day. This marks <u>the</u> <u>beginning of Lent</u>, a 40-day period of fasting and prayer in preparation for Easter, which is on March 31 this year. <u>Lent is a time of penance</u> and preparation to reinforce the priority of spirituality.

Philippians 4:13:

I can to all things through Christ which strengthened me. The road to success is not straight. There is a curve called Failure, a loop called Confusion, speed bumps called Friends, red lights called Enemies, caution lights called Family, and you will have flats called Jobs. But, if you have a spare called Determination, an engine called Faith, a Driver called Jesus; you will make it to a Place called Success!

February 14: Valentine Day

Originally the Romans had a mid-February fertility festival, Lupercalia, to celebrate the change of seasons. In A.D. 496, Pope Gelasius I replaced the raunchy affair with a Saint's day: St. Valentine's Day.

That should have ended everything, St. Valentine was a nice guy who was kind to children, helped the early Christians, and was executed on February 14. There was nothing lusty about him. However, some legends say he healed and befriended his jailkeeper's daughter and sent her a farewell note "From your Valentine."

So, what do you get when you combine a romantic Saint and the beginning of spring? A mushy mid-February holiday.

<u>Birthday Celebrations</u> C'Arica Wadley Marquis Haynes Jovi Irwin Porter Terence Bullard, Sr Jalandon Howard Sycari Wadley

February 2 February 4 February 9 February 12 February 19 February 22



Life is too short Grudges are a waste of happiness. Laugh when you can, apologize when you should, and let go of what you can't change. Love deeply and forgive quickly. Life is too short to be unhappy.



This is Spc Kennedy Sanders from Waycross, Ga. She is Roger Hill's goddaughter and a part of our extended family. She was one of the soldiers that was killed in Jordan. Please pray for all those that were lost and those that were injured and their families. Pray for the conflict to end soon.