



2024  
**SASHTO**  
ADVENTURE ARKANSAS

## GUEST ACTIVITIES

### SUNDAY, AUGUST 18



10:00 am – 12:30 pm

#### **BENTONVILLE BIKE TOUR**

Join us for an all-inclusive ride through historic downtown Bentonville. This is a guided tour that will take approximately 2.5 hours for a total of 16 miles round-trip. We will have frequent stops, so this tour is open to cyclists with any level of experience.

We'll begin at Ledger Bentonville, a 6-story building with a switch-back bike ramp to take you from the ground floor to the roof. This journey is approximately  $\frac{3}{4}$  of a mile – along the way, you can spot artwork and enjoy incredible photo ops. Next, we'll continue our ride downtown to enjoy sites on the historic square.

*Registration is limited to 20 guests. Cost per guest is \$30.*

12:00 pm – 5:00 pm

#### **GUEST HOSPITALITY ROOM**

Commerce A/B • Rogers Convention Center



4:00 pm – 5:00 pm

#### **WELCOME RECEPTION**

Join us for refreshments at the Guest Welcome Reception in Commerce A/B at the Rogers Convention Center.

# MONDAY, AUGUST 19



7:00 am – 8:00 am

## BEE WELL YOGA

Relax and enjoy the Zen! Yoga will be offered in Pinnacle 8 at the Embassy Suites Hotel. Instructors from Bee Well Yoga, located in Rogers, will lead the class.

8:00 am – 4:00 pm

## GUEST HOSPITALITY ROOM

Commerce A/B · Rogers Convention Center



9:00 am – 4:00 pm

## EUREKA SPRINGS DAY TRIP

Visit this picturesque town nestled in the heart of the Arkansas Ozark Mountains. Eureka Springs is known for its historic Victorian buildings, artsy vibe, and unique surroundings built around the city's natural springs. Shop, eat, and see the history this town has to offer! Guests are welcome to explore Eureka Springs on their own, or pre-register for a ghost tour and lunch.

### Ghost Tour at the 1886 Crescent Hotel & Spa

Explore the chilling ghost stories and haunted activities of America's Most Haunted Hotel, the 1886 Crescent Hotel & Spa, as featured on Ghost Hunters. Discover a spine-tingling journey full of unforgettable spirits and ghostly tales. This 1.5-hour walking tour begins on the 4th floor and ends at the basement in Norman Baker's notorious morgue.

*Two tours will be offered at 10:30 am and 1:00 pm.*

Lunch is available at the Crescent Hotel at 12:00 pm or on your own. You do not have to attend a ghost tour to attend lunch.

*Trip registration is limited to 50 guests. Ghost Tours are limited to 20 guests per tour. We depart at 9:00 am from the Embassy Suites Hotel and return by 4:00 pm. This is a full-day trip. Transportation will not return to Rogers throughout the day.*



## TUESDAY, AUGUST 20



7:00 am – 8:00 am

### **BEE WELL YOGA**

Relax and enjoy the Zen! Yoga will be offered in Pinnacle 8 at the Embassy Suites Hotel. Instructors from Bee Well Yoga, located in Rogers, will lead the class.

8:30 am – 3:30 pm

### **GUEST HOSPITALITY ROOM**

Commerce A/B · Rogers Convention Center



9:30 am – 2:30 pm

### **SCENIC TRAIN RIDE ON THE ARKANSAS & MISSOURI RAILROAD**

This three-hour, 70-mile round-trip excursion takes you through the beautiful Boston Mountains of the Ozarks, over valley trestles and through the 1,700-foot-long Winslow Tunnel for some of the most breathtaking scenery in 'The Natural State.' Brunch and mimosas will be served in the premier 1950s parlor car with a back platform for outdoor viewing and photography.

*Registration is limited to 40 guests. We depart the Embassy Suites Hotel at 9:30 am. The train ride is from 10:30 am to 1:30 pm.*