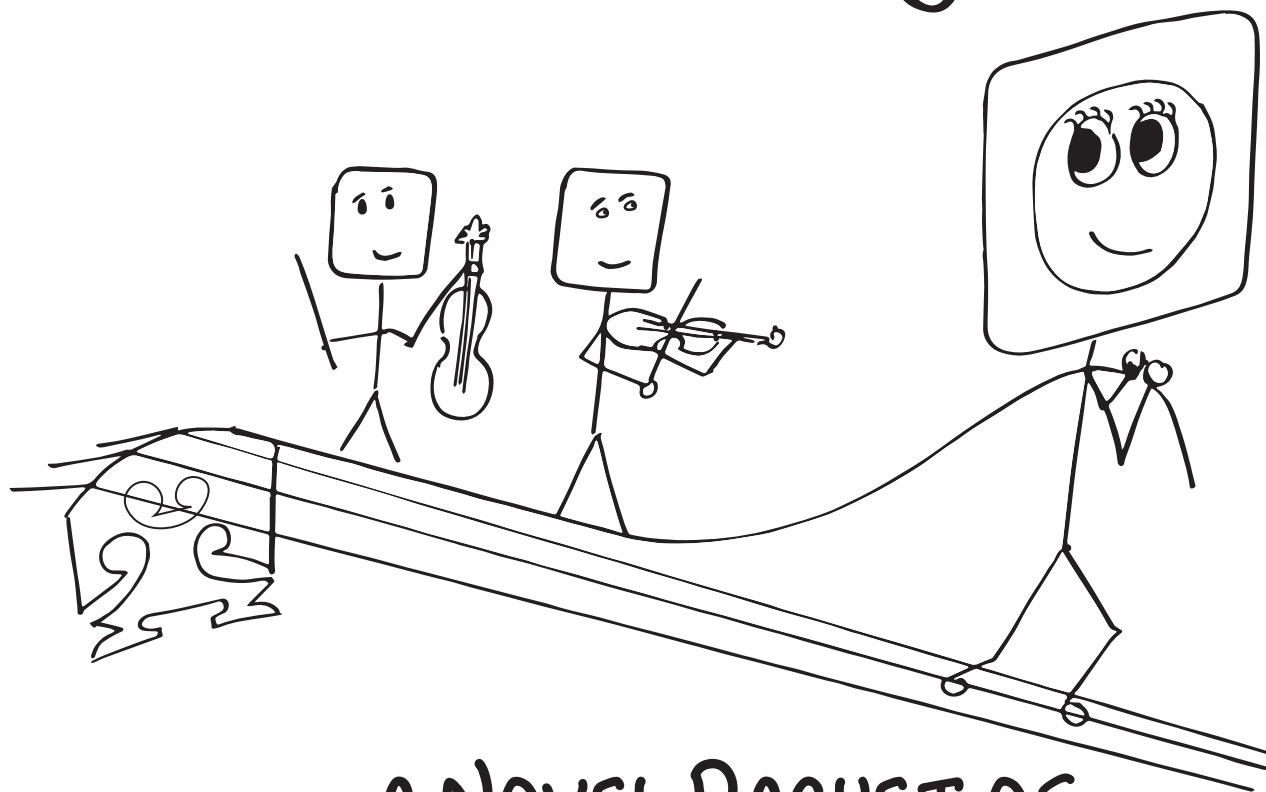


VOLUME 1



A NOVEL PACKET OF UNPRECEDENTED MEASURES

CREATED BY CAROLINE & BENJAMIN SALISBURY

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PRACTICE MAP

WEEK OF: _____



TONE



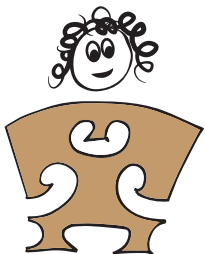
INTONATION



REVIEW/CONCERT REPERTOIRE



POLISH




“STRING ME ALONG” ACTIVITY BOOK

TREBLE CLEF NOTE SHREDDER #2


LABEL ALL OF THE NOTES ON THE A AND E STRINGS. INCLUDE THE "ADDRESS" BELOW EACH NOTE NAME. BE SURE TO BEAT THE QUALIFYING TIME BEFORE ADVANCING TO THE NEXT ROUND.

EX. 
A B C# D E F# G# A
0 1A 2A 3A 0 1E 2E 3E


1.



2.



3.



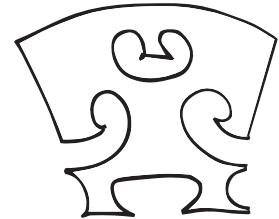
4.



5.



6. NOW GO BACK AND CHOOSE ONE LINE TO "SHRED" (PLAY WITH INTENSE PRECISION) ON YOUR VIOLIN.



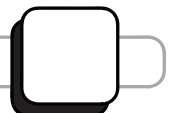


HOW FAST DID YOU FINISH?

YOUR TIME: _____

TIME TO BEAT: _____

READY FOR SHREDDER #3?





FORM SANDWICHES



BOOK 1

WHAT SONG IS THIS?



ANSWERS (3): _____

WHAT SONG IS THIS?



ANSWER: _____

WHAT SONG IS THIS?



ANSWERS (4): _____

WHAT SONG IS THIS?



ANSWER: _____

WHAT SONG IS THIS?

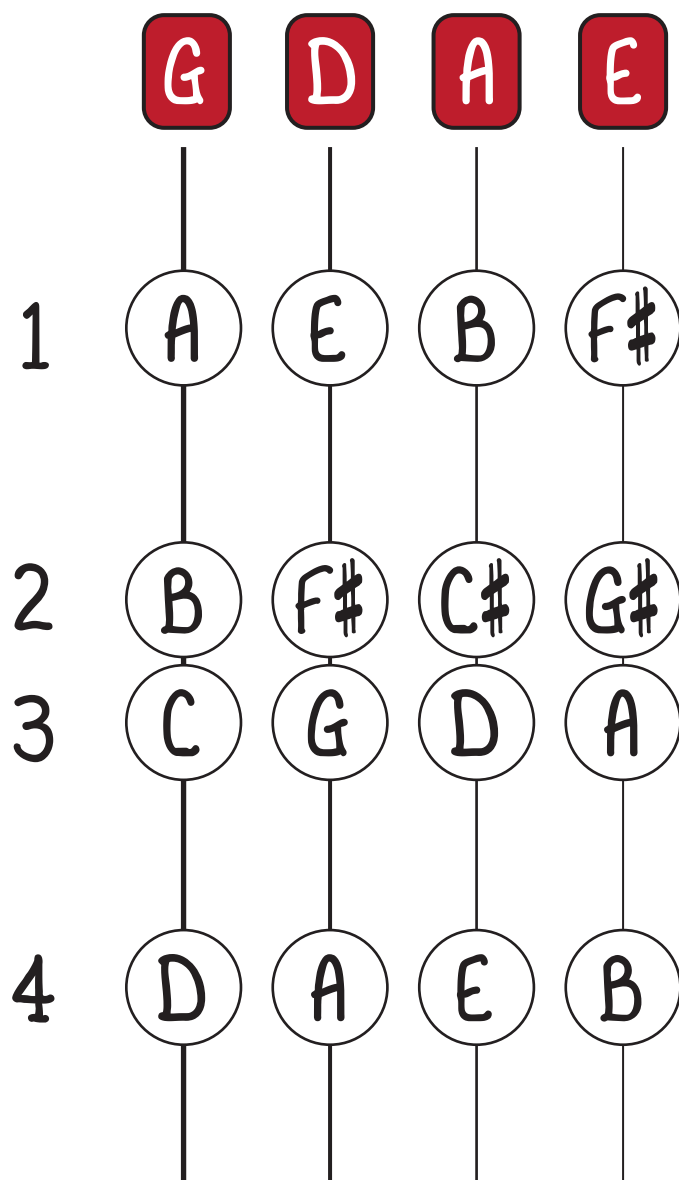


ANSWER: _____



FINGERS & Strings

HIGH 2 PATTERN



HOW TO PLAY:

1. SAY AND PLUCK ACROSS AND BACK
ALL STRINGS WITH THE SAME FINGER



2. SAY AND PLUCK UP AND DOWN
THE SAME STRING WITH ALL FINGERS



3. RECORD YOUR BEST TIMES EACH DAY

←→					
↑↓					

1. 1ST FINGER
2. 2ND FINGER
3. 3RD FINGER
4. 4TH FINGER
5. G STRING
6. D STRING
7. A STRING
8. E STRING
9. OPEN STRINGS
10. YOUR CHOICE



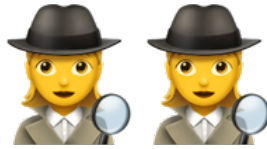
4. RANDOMIZE WITH SPINNER OR DIE

5. ADD ADDITIONAL POSITIONS FOR MORE CHALLENGE!





LISTEN & FIND...



1. LISTEN TO THE VIVALDI CONCERTO IN A MINOR OPUS 3, NO. 6, FIRST MOVEMENT WHILE FOLLOWING IN THE SCORE.



A. USE A BLUE CRAYON TO HIGHLIGHT EVERY TIME YOU SEE THIS PATTERN:



B. USE A RED CRAYON TO HIGHLIGHT EVERY TIME YOU SEE THIS PATTERN:



2. LISTEN TO THE BACH CONCERTO FOR TWO VIOLINS IN D MINOR, BWV 1043, FIRST MOVEMENT.



A. USE A GREEN CRAYON TO HIGHLIGHT EVERY TIME YOU SEE THIS PATTERN:



B. USE A RED CRAYON TO HIGHLIGHT EVERY TIME YOU SEE THIS PATTERN:



3. LISTEN TO GAVOTTE BY MARTINI.



A. USE THE COLORS INDICATED TO MARK EACH OF THE DYNAMICS, THEN CHOOSE YOUR OWN COLORS TO HIGHLIGHT THE REMAINING SYMBOLS/PATTERNS.

p

(BLUE)

mf

(ORANGE)

f

(PINK)

sf

(PURPLE)

ff

(RED)



,



#

rall.

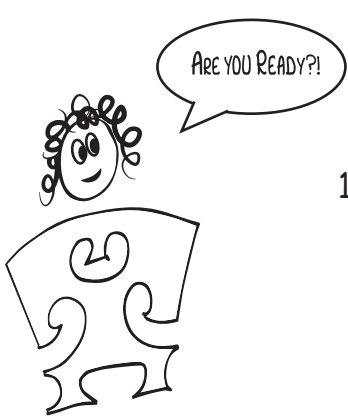


b

>



PIECE OF CAKE SIGHT READING #1



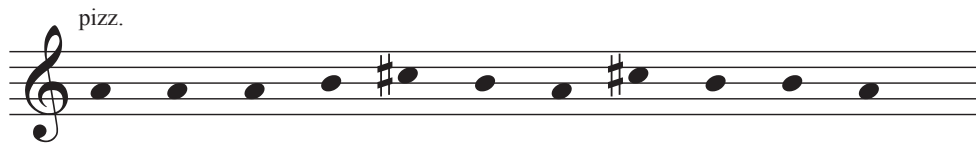
1. SAY THE RHYTHMS OUT LOUD. KEEP A STEADY BEAT.



2. BOW THE RHYTHM IN THE AIR, THEN ON ONE STRING.



3. SING NOTE NAMES AS YOU PLUCK.



4. PLAY FINGERS AND BOW TOGETHER.



* MAKE A WISH! *

PIECE OF CAKE SIGHT READING #4

1. SAY THE RHYTHMS OUT LOUD. KEEP A STEADY BEAT.

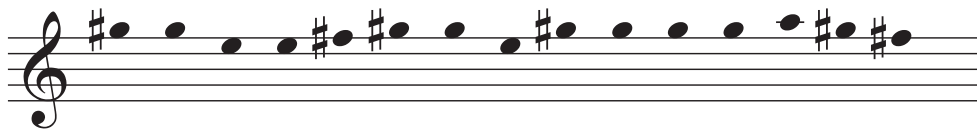


2. BOW THE RHYTHM IN THE AIR, THEN ON ONE STRING.



3. SING NOTE NAMES AS YOU PLUCK.

pizz.



4. PLAY FINGERS AND BOW TOGETHER.

arco



* MAKE A WISH! *

PIECE OF CAKE SIGHT READING #12

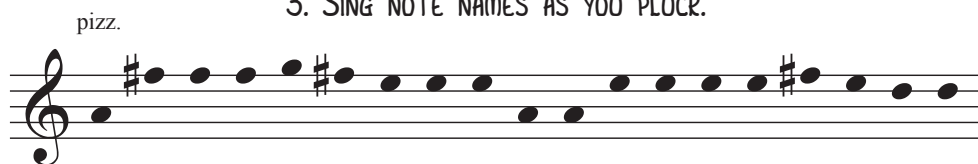
1. SAY THE RHYTHMS OUT LOUD. KEEP A STEADY BEAT.



2. BOW THE RHYTHM IN THE AIR, THEN ON ONE STRING.



3. SING NOTE NAMES AS YOU PLUCK.



4. PLAY FINGERS AND BOW TOGETHER.



* MAKE A WISH! *

PIECE OF CAKE SIGHT READING #15

1. SAY THE RHYTHMS OUT LOUD. KEEP A STEADY BEAT.

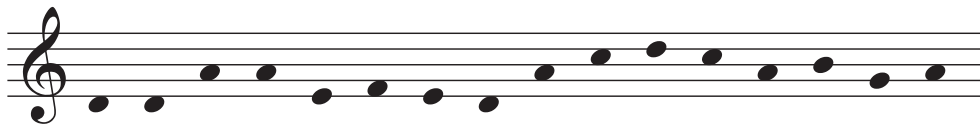


2. BOW THE RHYTHM IN THE AIR, THEN ON ONE STRING.



3. SING NOTE NAMES AS YOU PLUCK.

pizz.



4. PLAY FINGERS AND BOW TOGETHER.

arco



* MAKE A WISH! *

THERE'S NO RUSH!
ALL WE HAVE IS THYME :-)

