

# A Balanced Child

## Behavior and Play Therapy

*Partnering with families to create a balanced approach  
in helping their child reach his or her highest potential*

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## Parent & Professional Training

Saturday, May 19, 2018

9:00 am - 12:00 pm

At A Balanced Child

510 E. Ramsey, Ste. 5.

San Antonio, TX 78216

### Topic:

## Self-Help & Adaptive Skill Routines

- Morning Routines
  - Bedtime Routines
  - Potty Training
  - Mealtimes
- In partnering with parents and professionals, we communicate effective strategies for children with varying abilities to become more successful in their environments. We create strategies specific to challenges which may arise on a daily basis. This month's training will provide strategies to utilize during everyday routines and transitions. Through practice, encouragement, and support children can independently succeed in adaptive skills.*

*The cost is FREE to A Balanced Child parents and \$30.00 to outside parents and professionals. Space is limited. Please contact by phone or email at [elaine.abalancedchild@gmail.com](mailto:elaine.abalancedchild@gmail.com) with questions or to reserve.*