Table of Contents:
Departing MEM guide
Form example for MEM Departure – GenDec
MEM to PTY (with Cuba overfly routing)
MEM to PTY (with Cancun overfly routing)
Arriving PTY guide
Form example for PTY Arrival - Customs
Departing PTY guide
PTY to SJO
Departing SJO guide
SJO to MEM
Arriving MEM guide
Form example for MEM Arrival – GenDec
Form example for MEM Arrival – CrewDec

Departing guide – MEM

The <u>GenDecs</u> will be delivered to the aircraft prior to departure. They are normally contained in an envelope with several copies.

Jumpseaters will be included on the GenDec.

The Panama Customs forms found in the International folder from AOC can be filled out enroute.

Sign the GenDecs enroute

Hopefully you remembered to order your crew meal.

Find the current ARINC HF frequencies charts by searching "ARINC Services" in the see chart in FliteDeck Pro X App

	DEPARTMENT OF HOMELAND SECURITY U.S. Customs and Border Protection					
	GEN	ERAL DECLARATION				
		(Outward/Inward)				
AGRIC		MS, IMMIGRATION, AN 2.43,122.52,122.54,122.73,122				
Owner or Operator	FEDER	AL EXPRESS CORPORATION	**************************************			
Marks of Nationality and Regis	tration	Flight No.	00 Date			
Departure from MEM	PHIS, TN USA (Place)	Arrival at I	PANAMA CITY, PANAMA - PTY			
	(Place)		(Place)			
C	'Place" Column always to	FLIGHT ROUTING list origin, every en-route st	top and destination)			
PLACE	TOTAL	L NUMBER OF CREW	NUMBER OF PASSENGERS ON THIS STAGE (1)			
MEMPHIS, TN USA	CAPT-		Departure Place:			
PANAMA CITY, PANAMA	PP#	DOB:	Embarking			
	F/O -		Through on same flight			
			Ambiel Blace			
	PP#	DOB:	Arrival Place:			
			Disembarking Through on			
			same flight			
			NUMBER OF SED's AND AWB's			
	ALL UNITED	STATES CITIZEN CREW	SED's AWB's			
Declaration of Health	1,000	0111110 011111111 011111	For official use only			
Declaration of Health Persons on board known to be s of accidents, as well as those ca	uffering from illness other t ses of illness disembarked	han airsickness or the effects during the flight will all the	INCOMPLETE MANIFEST			
		ENTRADA 4	ALL REQUIRED DOCUMENTS WILL BE FILED WITHIN			
		22.7. 2021	THE 4 DAY PERIOD PER CFR			
		AEROPUERTO INT.	#19 122.74 (D)(1).			
Any other condition on board wh	ich may lead to the spread	of disease:	ENTERED / CLEARED			
		U.S. CUSTOMS				
	ADEKS:		MEMPHIS, TN			
Details of each disinsecting or sa flight. If no disinsecting has been			DATE: 22 JUL 2021 TIME: 05:00			
disinsecting:	and the second second	- Indiana	Wh			
			CBP OFFICER			
Signed, if required (Sign in ink)	Crew Member Co	oncerned				
declare that all statements and part supplementary forms required to be and true to the best of my knowledge	culars contained in this Gener presented with this General De	ral Declaration, and in any eclaration are complete, exact	IGNATURE Authorized Agent or Pilot-in-Command			
continued on the flight. 1) Not to be completed when passen		(tonance of happoon			
	uer manuesis are presented.					

<MEM Departure Guide>

Arriving PTY guide>

MEM (KMEM) to PTY (MPTO)

Routing South with Cuba overfly

ARTCC handoffs entire route

Enroute communications available if needed - see chart in FliteDeck Pro X for ARINC HF frequencies

... KARTR MCLAW Y442 FUNDI UM335 LEPON UM335 ARNAL OSUPA OSUPA1B

Plan for RNAV (GNSS) Rwy 03L starting at BOBUD – shortcuts with VFR conditions

Direct to nearly any fix along route

-America-

124.55 – Havana center

Direct LEPON or ARNAL possible

125.4 – Kingston center (128.1 late in the day)

133.3 – Panama Control

Communication may not be possible till 5mins past ARNAL (just be patient)

Observe Pene Atoll at N1422.5W08006.5 (FMS) - N14 22.5 W080 06.5 (Jepp)

Request no speed restriction at OSUPA or

Request direct IRUSO (IAF for RNAV (GNSS) 03L and ILS Y 03R) when not busy – routing over the canal

119.7 – Panama APPR

118.1 - TOCUMEN Tower

Anticipated missed approach instructions for the visual approach 03L – right turn to heading 060 climb 5000 ft

121.9 – TOCUMEN Ground (cargo area not visible form tower)

Parking spot 703 occasionally 708-711

MEM (KMEM) to PTY (MPTO)

Routing South with Cancun overfly

ARTCC handoffs entire route

Enroute communications available if needed - see chart in FliteDeck Pro X for ARINC HF frequencies

... LEV L214 CUN UM782 OMIRO UN420 MORLI OSUPA OSUP1B

Plan for RNAV (GNSS) Rwy 03L starting at BOBUD – shortcuts with VFR conditions

-America-

Say estimate time for IRDOV (last KZHU fix)

128.2 - Meridia

Direct TAKUX

Around CUN

125.8 - Meridia

124.3 - CenAmer (CPDLC available - MHCC logon)

Direct PERLA

133.3 – Panama Control

Communication may not be possible till SPP (just be patient)

Request no speed restriction at OSUPA or

Request direct IRUSO (IAF for RNAV (GNSS) 03L and ILS Y 03R) - routing over the canal

119.7 – Panama APPR

118.1 - TOCUMEN Tower

Anticipated missed approach instructions for the visual approach 03L- right turn to heading 090 climb 3000 ft

121.9 – TOCUMEN Ground (cargo area not visible form tower)

Parking spot 703 occasionally 708-711

Arriving guide - PTY (MPTO)

Hand one copy of signed GenDec to PTY Ramp personnel

Both CA and FO sign one copy of the Crew Dispo

CA and FO each retain one copy of the Crew Dispo

Proceed down the airstairs (CAUTION - steps are not the same height or width)

You will be wanded at the bottom of the airstairs and sometimes a patdown before loading your own luggage in a minibus for transport to the cargo terminal.

Be sure to keep your reflective vest on until you are safely in the cargo terminal.

Hand all the signed copies of the GenDecs to the Immigration officer in the window along with your passports.

First time visitors- you will be fingerprinted, and a picture taken before proceeding (look at the lights on the sides of the fingerprint reader to see which fingerprints are being requested. Sometimes just the right 4 fingers and sometimes all four fingers and then thumb- sometimes both hands. Press down till the lights at the top of the reader turn green to complete each capture of the fingerprints)

Your passports are returned. After the GenDecs are stamped retain one copy for the CA and one for the FO in case you need to deadhead out of PTY.

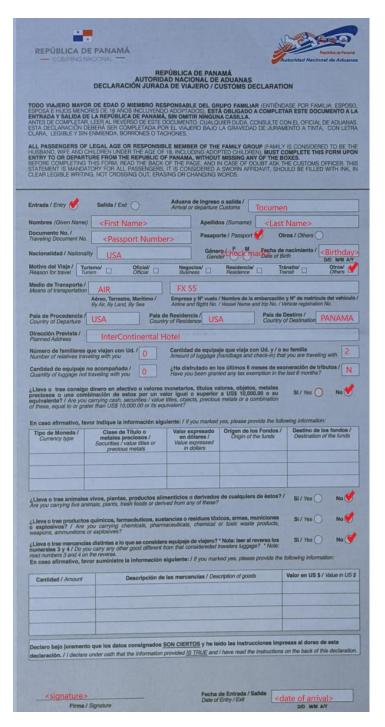
Hand the PTY Customs Forms to the x-ray machine attendant.

Place bags to be scanned on the x-ray machine belt and proceed through the metal detector. There is no need to remove metallic items before proceeding through the x-ray machine. It is ok if you set if off on the way out.

Head outside under the overhang at the entrance to the building to meet the transportation to the hotel. Mostly it is a minibus, sometimes a SUV or minivan.

Phone number for Arco Iris +507 203.1057 or +507 203.1058

PTY Customs Form



This form is handed to the x-ray machine attendant after processing with the Immigration officer is complete.

<Departing MEM guide>

<Arrival PTY guide>

Departing guide - PTY (MPTO)

Out-processing is at the cargo terminal.

Hand passports to the immigration officer in office before proceeding to the x-ray and metal detectors

Remove all metal including belts (and possibly shoes too)

Proceed through the metal detector and have bags x-rayed. Metal detector is VERY sensitive.

Sometimes, you will be fingerprinted and occasionally a picture taken after exiting the x-ray and metal detector (look at the lights on the sides of the fingerprint reader to see which fingerprints are being requested. Sometimes just the right 4 fingers and sometimes all four fingers and then thumbsometimes both hands. Press down till the lights at the top of the reader turn green to complete each capture of the fingerprints)

GenDecs for the return trip should already be with the immigration officer

Sign 3 copies of Gen Decs and return them to the immigration officer

Collect passports and outbound GenDecs from immigration officer

Verify that the PTY-MEM GenDecs have "in transit" on them through SJO

Keep the copies of Gen Decs in a safe place, in case you must spend the night in SJO/MROC

Be sure to have your reflective vest on when proceeding outside

Head outside to the minibus for transport to the aircraft

Load your own luggage on the minibus

Once you arrive at the aircraft you will be wanded again and sometimes a patdown before proceeding up the airstairs

PTY (MPTO) – SJO (MROC)

ARTCC handoffs entire route

Standard routing - SIMA1B SIMAN PUDOS UG440 ISEBA CUARE31

Departing 03L arriving 07

EO – SID Rwy 03L

Recommend full thrust CLIMB off 03L – last minute changes from vectors to SID possible

Most likely approach in MROC - ILS DME Z 07 starting at TURRU (even with tailwind)

Arrival transitions begin with the first letter of the fix name (e.g. CURAR3I transition I = ISEBA)

Clearance available from ACARS not PDC not CPDLC - Aircraft type B752

Change altitude restriction at SIMAN on departure to 5000A – to avoid level off on departure

121.9 – Ground (call for push and start including transponder code and ATIS identifier)

118.1 – Tower

Possible right turn 090 on departure off 03L for vector departure

119.2 - Panama DEP

Direct ISEBA

133.0 - Panama Control

124.1 – CenAmer (Before reaching ISEBA)

127.675 – EL COCO ATIS (digital ATIS sometimes operational, if not ask for weather from CenAmer)

If given RNP approach – pay close attention to waypoint sequence in FMS and speeds on Approach plate

119.6 - COCO Control

120.5 - COCO APPR

118.6 - COCO Tower

CAUTION – Runway has a very uneven surface

121.9 – Ground

Enter the ramp via taxiway F or sometimes G- as instructed by COCO Ground - Tow-in to C4, Power in C2

Recommend APU on taxi in with all gates due to lengthy time to hook up ground power. APU can be turned off after ground power established. With APU running- long ground times can create fuel balance issues.

Departing guide - SJO (MROC)

You will be wanded getting off and back on the aircraft.

Do not forget your reflective vest anytime you are off the airplane.

Do not use an umbrella on the ramp during walkaround. Only rain poncho allowed.

If there is a MX issue and you must spend the night. Be sure to bring the PTY-SJO-MEM GenDecs and the new GenDecs you receive in SJO with the SJO-MEM routing to Immigration in the passenger terminal.

Do not bring any souvenirs you acquired in PTY into SJO. Leave them in the Ramp Office to claim later prior to the outbound flight. SJO passenger terminal security checkpoint will try to take your stuff.

Crew Control does not have any contract hotels:

The Ramp Office will coordinate hotels and transportation-

Hotels nearby: (in order of preference)

Costa Rica Marriott Hotel Hacienda Belen

+506 2298 0000

AC Hotel by Marriott Heredia Belen

+506 4036 7200

Ramp Office phone number:

+506 2430 0664

Transportation number:

+506 8310 5636

aerojethandlinggroup.com

SJO (MROC) – MEM (KMEM)

Weak wifi and cell service at C4 - Good Wifi C2 - No cell service or wifi from parking location C6

ARTCC handoffs entire route

Enroute communications available if needed – see chart in FliteDeck Pro X for ARINC HF frequencies

Communicate with SJO ramp personnel on estimated departure time – times can vary

Recommend TO Rwy 25 – no EO SID, need to make request when getting route clearance

Full thrust TO Rwy 07, recommend full thrust CLIMB off both runways due to terrain north of the airport

Recommend NADP1 both runways

Departure transitions begin with the first letter of the fix name (e.g. NANJ4U transition U = ULAPO)

Departing Rwy 25 - NANJO 4U

Departing Rwy 07 - NANJO 3U

EO - SID Rwy 07

Standard routing -

ULAPO UA502 MGA UZ512 BZE UB753 MID UL209 KEHLI A770 LEV J35 MCB MEVEE HOBRK3

127.675 – EL COCO ATIS (digital ATIS sometimes operational, if not ask for weather from COCO Ground)

121.9 – COCO Ground (121.3 – COCO Clearance sometimes utilized)

118.6 - Tower

CAUTION – Runway has a very uneven surface

119.6 – COCO Control

124.1 – CenAmer (CPDLC available – MHCC logon)

Request direct TUGET

Just prior to TALAG 133.5 - CenAmer

At TUGET - 125.8 - Meridia

Request direct KEHLI

123.75 – Meridia (near the Mexican coast – occasionally)

At KEHLI - 132.65 - Houston Center

Request direct MEVEE

-America-

Arriving MEM guide

Upon Arrival in Memphis, proceed directly to the US Customs office in the AOC. Be sure to note the Block IN time on the top of the <u>GenDec</u>.

Be sure to document your souvenirs on the **CrewDec** forms.

Hand over the <u>GenDec</u> [the one you received in MROC] and completed <u>CrewDecs</u> to the customs officer. Only one copy of the <u>GenDec</u> from SJO to MEM is need. All other GenDecs can be recycled. The US Customs officer will scan your passports.

Jumpseaters fill out the blue customs form.

	U.S. Customs and Border Pro	
	GENERAL DECLARATI (Outward/Inward)	ION
AGRICU	JLTURE, CUSTOMS, IMMIGRATION,	AND PUBLIC HEALTH
	19 CFR 122.43,122.52,122.54,122.73	,122.144
wner or Operator	FEDERAL EXPRESS CORPORA	TION
larks of Nationality and Registra	ation Flight	No. 00 Date
Departure from	Arrival at	
	(Place)	(Place)
("P	FLIGHT ROUTING lace" Column always to list origin, every en-rout	te stop and destination)
PLACE	TOTAL NUMBER OF CREW	NUMBER OF PASSENGERS ON THIS STAGE (1)
	CAPT-	Departure Place:
	PP# DOB:	Embarking
		Through on same flight
	F/O -	same flight
	PP# DOB:	Arrival Place:
		Disembarking
		Through on same flight
		NUMBER OF SED's AND AWB's
	ALL UNITED STATES CITIZEN CR	SED'sAWB's
Declaration of Health	fering from illness other than airsickness or the effects of illness disembarked during the flight of ENTRAD.	For official use only
of accidents, as well as those case	es of illness disembarked during the flight of	INCOMPLETE MANIFEST
	ENTRAD.	A ALL REQUIRED DOCUMENTS WILL BE FILED WITHIN
	2 2. 7. 20	THE 4 DAY PERIOD PER CFR
	AEROPUERTO TOCUMEN	#19 122.74 (D)(1).
ny other condition on board which	n may lead to the spread of disease:	ENTERED & CLEARED
	U.S. CUSTOMS	
		MEMPHIS, TN
	itary treatment (place, date, time, method) during the	
ignt. If no disinsecting has been c lisinsecting:	arried out during the flight give details of most recer	.()/.
		CBP OFFICER
		ODI VOITIOEIX
Signed, if required		
Sign in ink)	Crew Member Concerned	SIGNATURE Authorized Assets Bills 1
upplementary forms required to be pre and true to the best of my knowledge at	ilars contained in this General Declaration, and in any issented with this General Declaration are complete, exact and that all through passengers will continue/have	SIGNATURE Authorized Agent or Pilot-in-Command (Sign In Ink)
ontinued on the flight.		donance of hay soon

Arrival MEM CrewDec Form

				Member's Article No. assport Number>			
19 CFR 4.7, 4.7a, 4.81, 122.83, 122.84, 14				Nr T	711899	0	
2. Carrier (Vessel Flag, Name) FX 56		3. [Date of Arrival >	4. Port of Arri			
5.Crew Member's Name Last Name> 6. Rank < Rank>			Date of Birth	INSTRUCTIONS			
8. Address <home address=""></home>	1000	List all articles obtained abroad and prices paid or fair value if not purchased. Include serial number with all articles subject to registration such as carneras, radio					
9. Answer Each Question: A. Are you carrying any fruits, plants, meats, other plant or animal products, birds, snails, or other live organisms of any kind? Yes No Passer Ba. Have you bee farm or ranch the U.S.A. in the U.S.A	outside instru he last chec instru	uments such as co ks, money orders, uments in bearer f report of FinCen	orm? (If yes, you must	List separately ar exchange, or carr someone else.	nain on board separatel led in the United States. ticles intended for sale, led by you as an accom- structions and informatic	barter, nmodation for	
I. To be filled in by Crew Me	ember		II. F	or CBP Office	er's Use		
Quantity and Description of Goods	Cost or Va Gifts, et	lue of tc.	Tariff Description	Value	Rate	Duty	
<rum></rum>	<50.00>						
<coffee></coffee>	<10.00>						
		of all adiaba of	foreign origin for w	hich written			
certify that the above statement is a just, true and co declaration and entry are required when landed in the	rse side) and I also	certify that this	TOTAL				
statement is a just, true, and complete declaration of a complete decl	11. Signature o	of Crew Member	ing in the Onited St	at03.	12. Date		
O. CBP Officer Accepting Entity Signature of Stewart					<arriva< td=""><td>ıl></td></arriva<>	ıl>	
RECEIPT FOR DUTY AND RELEAS	E SLIP	Port		Crew Member's A	Article No.		
To be filled in by Crew Member	Carrier						
Name	Carrier		Nr T 7118990				
Repeat List of Articles to Be Landed (include serial nu	propriate)		and the same of th	BP Officer's Use			
				Date	Duty \$		
				Articles listed at left har	ve been examined and	passed	
				Pieces of Bagga	ge		
				Released:			
				of U.S. Custo	ms and Border Pr	otection	
ne CBP officer accepting the declaration and entry sh				ith ink			