

Discover the STEM Communicating with Confidence Learning Lab



One of the biggest fears students have is communicating or speaking in front of others. In this workshop, students will learn how to overcome their fears, develop lifelong communications skills, and speak on causes they care about in a safe environment.

Some facts:



- 3 in 4 people fear public speaking
- 95% of people believe they can improve with proper instruction and coaching
- Competent communications correlate to academic achievements & GPA

Source: ScienceDirect, ICLALIS 2013, Mahmud

Learn by Doing

Students will learn to:

- Overcome the barriers to effective communications
- Organize and present their ideas and stories in a compelling way for a class presentation, conversation, or interview
- Strengthen active listening skills
- Give and learn from constructive feedback to foster growth and confidence in themselves and others
- Develop social-emotional skills
- Participate and lead a discussion or meeting

Workshop Information:

- Eight, 1-1.5 hour sessions, 2 times a week w/ online live instructors
- Available to grades 6 - 12, in age-appropriate groups
- Tues & Thur or Wed & Fri @ 9 am
- The workshop begins the week of July 6th - July 30th
- Access to supplementary materials and PDFs
- \$159 reg price, \$129 with REACH STEM-Up Club discount
- **To register**, go to [Reach Foundation/Summer Online Learning](https://reachfoundation.org/summer-online-learning).

Instructors & Facilitators:

- Inside the Outdoors Foundations and LifOpps have collaborated to introduce an interactive and game-changing experience, combining science and communications.
- Facilitators & Instructors are trained professionals with experience in STEM, education, and communications.
- For more information, please check out the links below.



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