

## Mama Wu's Good Medicine

230 Hilton Lane  
Londonderry, VT 05148  
802-824-9950  
mamawu@mamawusgoodmedicine.com

### Informed Choice Agreement for Health Consultation

I, \_\_\_\_\_ am requesting an health consultation with Helena Wu. I understand that:

The work we do in consultations does not substitute for the care of a medical practitioner. Helena does not diagnose or claim to cure any physical or psychological conditions. Herbs, flower essences and energy work support the body to heal itself.

-I take responsibility for educating myself about my condition and any recommendations by asking questions, reading, research, etc.

-I take responsibility for any such recommendations I choose to follow and for all outcomes.

-I take responsibility for informing any healthcare practitioners I am working with about the herbal or flower essence therapeutics I am using.

-I will be honest about information I give about myself. I will communicate my feelings, concerns and questions to Helena so that there will not be misunderstandings.

-Helena will communicate honestly with me, explain clearly the assessments and recommendations, answer my questions and refer me to other healthcare practitioners as needed.

-Both myself and Helena have the right to discontinue the health consultant/client relationship at any point.

-I have been provided with a description of Helena's herbal, flower essence or Reiki practice qualifications and fees.

-I agree to pay for my consultations and remedies or abide by any alternate arrangements made.

### Health Records Privacy Notice

Please initial the uses you approve of. Fill in names where appropriate.

\_\_\_ My health information shall remain confidential and not be disclosed to anyone unless at my request.

\_\_\_ My case may be discussed with others for educational purposes or research as long as all identifying information is removed.

\_\_\_ My information may be shared for collaborative care with other health care practitioners.  
List names:

\_\_\_ My information may be shared if requested by legal authorities

\_\_\_ My information may be shared to facilitate payment for services and remedies

\_\_\_ I give permission for the following family and friends to see my health information:

Signed:

Print Name, Address, Phone:

Date: