

authorization to release mental health information

I _____ DOB _____ authorize
Arches Counseling and Trauma Treatment to release my personal and protected health information to
individual or organization _____

via

- in person
- fax _____
- email _____
- written _____
- telephone _____

specific nature of information to be released:

- any or all of the following
- attendance/scheduling/transportation
- payment information
- presenting issues/chief complaints
- assessments
- other _____
- diagnosis
- treatment recommendations
- treatment plan and goals
- response to treatment/progress
- summary of treatment

purpose of information being released _____

This release will **expire** on _____, or one year from the date of
signature, whichever is sooner. I understand that I may revoke this authorization at any time for any
reason in writing or via email.

printed client name

printed legal guardian name

client or guardian signature

date

witness

date