

DR. ED, THE HEALING VET

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Pet EMOTIONAL Silent Pain RED FLAGS

Important warning signs to
watch out for that many
people miss!



**The
Healing
Vet**



Whole Energy
Body Balance



Pet EMOTIONAL Silent Pain RED FLAGS

(important warning signs to watch out for that many people miss)

Changes in behaviour (very small changes may be an indicator of significant pain)

- Unable to relax, no off switch
- Can't sleep deeply
- Continually wanting to play with toys/balls
- Reactive to stimuli of different kinds - being triggered into orange or red arousal zones arousal (sounds, being left alone, other animals, other people, places, etc)
- Unable to quickly regulate into healthy relaxation after being triggered into orange or red arousal zones
- Depressed, suppressed 'couch potato'
- Increased reactivity (no matter how small)
- Very demanding of human touch and attention, can't be in their own space and regulate
- Hypervigilant, startling to the slightest stimuli all the time
- Difficulty in learning, trouble understanding and responding to commands when triggered
- Poor behaviour like jumping on people, vocalising etc, when excited - and non responsive to commands they know while in this state
- In cats - hiding, excess vocalization, messing outside the litter box, and overgrooming

REMEMBER THAT MANY PETS WITH SILENT PAIN WILL NOT SHOW ANY RED FLAGS!

One red flag is cause for concern. Multiple red flags make it likely that your pets have Silent Pain that is making their lives miserable.