



BUSY CANINE BRAINS

by Manners 'n' More Companion Dog Training

IMPORTANT NOTICE

In the creation of the below enrichment plan I erred on the side of caution with respect to recommending certain devices at certain times. For example devices specifically made for companion dogs have been shown at Home Alone times -'unsupervised'

Any items that are designed as 'unsupervised', it is important that you read the manufacturers recommendations for use prior to giving it to your dog/s.

In the use of 'supervised' these have been designated for times when you will be there to monitor your dog/s use of all items.

It is the responsibility of every dog owner to know if your individual dog/s will be okay with the items recommended or made. If you are in doubt at any time you should contact your vet for further advice or not use the item/s.





MATERIALS LIST

01. Kongs - original and quests
02. Aussie Dog 'tucker ball' & 'home alone'
03. Fun Feeder
04. Sensory Coaster
05. Jelly Moulds
06. Foobler
07. Egg Cartons
08. Muffin Tray
09. Cardboard Box
10. Towel
11. Honey Comb Ball
12. Shell Pool
13. Bob - a - Lot
14. Everlasting
15. Dog Puzzles

DAY 1



AM

Breakfast Enrichment Plan -
breakfast comes from 3 food
dispensing items.

Kong
Fun Feeder
Bob -a- Lot



HOME ALONE

Aussie Dog Toy
*add a variety of your dogs
favourite treats to keep
it interesting and exciting, keep
your dog guessing as to what
will drop out next.



PM

Muffin Tray

Take 5 to Train -
'sit, drop, sit - stand, drop,
stand'

Dinner Time Enrichment Plan

DAY 2



AM

Breakfast Enrichment Plan - 3 treat dispensing items.

If the weather is great and time permits 'Take 5' mins to do some training.



HOME ALONE

Foobler - if you are gone for the day set the timer to 90 minutes and put something different in each of the food chambers. Set the timer and away your dog goes. The Foobler will chime for your dog to come and interact with it.



PM

Sensory Coaster - this can be 1 of the 3 items in your dinner time enrichment plan.

Let's teach a trick - your dog needs to know 'sit' & 'drop' to do this.
'Commando Crawl'

DAY 3



AM

Breakfast Enrichment Plan - no less than 3 treat dispensing items.

Mental Enrichment Activity
Rolled up towel challenge



HOME ALONE

Kong - if it's summer time then a frozen kong is a long lasting and super cooling treat for your dog.

Chicken stock, bone broth and some yummy left over that you know your dog is okay with is ideal.



PM

Egg Carton Game

'Take 5' to Train a trick - can your dog roll over?

Dinner time enrichment plan - what variation can you come up with tonight?

DAY 4



AM

Breakfast Enrichment Plan - no less than 3 treat dispensing items.

Mental Enrichment Activity
Honey Comb Ball



HOME ALONE

Scavenger Hunt - hide treats in the garden for your dog to go find. This uses his amazing sense of smell to track down the hidden treats.

Dry treats are a better choice for this activity, moist treats may attract too many flies and ants.



PM

Training Exercise - Trick Time
Can you cue your dog to stand on a step or box?
My favourite Youtube Channel is Kikopup.

Dinner time enrichment plan

DAY 5



AM

Breakfast Enrichment Plan - no less than 3 treat dispensing items.

Mental Enrichment Activity
Ball Pit



HOME ALONE

Pupsicles

Chicken stock, bone broth or even water are great for making Pupsicles.



PM

Treasure Box

Dinner time enrichment plan
Kong
Sensory Coaster
Fun Feeder

Take 5 to train your tricks

DAY 6



AM

Breakfast Enrichment Plan - no less than 3 treat dispensing items.

Apple Bobbing
You can also try carrots!



HOME ALONE

Kongs - normal or frozen.

The Kong Company has a free kong stuff recipe book.

<https://www.kongcompany.com/recipes/>



PM

Sensory Coaster, can be 1 or 3 items in you meal time plan

Dinner time enrichment plan
Bob A Lot
Tucker Ball
Fun Feeder

DAY 7



AM

Breakfast Enrichment Plan - no less than 3 treat dispensing items.

Everlasting
Kong
Dog Puzzle



HOME ALONE

Aussie Dog - Tucker Ball

Consider using a selection of treats to keep variety and interest in your dogs life.



PM

Trick Training - 'Cross Your Paws'

<https://www.youtube.com/watch?v=aLqmmn7iBVo>

Dinner time enrichment plan



THANK YOU!

FOR MORE INFORMATION - WWW.MANNERSNMORE.COM.AU

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