

CVAA Track & Field Order of Events

Running Events – Start at 2:45 pm

1.	G F/S	1600
2.	B-FS	1600
3.	G-FS	400 Relay
4.	G-V	400 Relay
5.	B-FS	400 Relay
6.	B-V	400 Relay
7.	G-V	1600
8.	B-V	1600
9.	G-FS	100 H
10.	G-V	100 H
11.	B-FS	110 HH
12.	B-V	110 HH
13.	G-FS	400
14.	G-V	400
15.	B-FS	400
16.	B-V	400
17.	G-FS	100
18.	G-V	100
19.	B-FS	100
20.	B-V	100
21.	G-FS	800
22.	G-V	800
23.	B-FS	800
24.	B-V	800
25.	G-FS	300 IH
26.	G-V	300 IH
27.	B-FS	300 IH
28.	B-V	300 IH
29.	G-FS	200
30.	G-V	200
31.	B-FS	200
32.	B-V	200
33.	G-FS/V	3200
34.	B-FS/V	3200
35.	G-FS	1600 Relay
36.	G-V	1600 Relay
37.	B-FS	1600 Relay
38.	B-V	1600 Relay

Field Events – Start at 3:00 pm (**PV starts at 2:45 pm)

1. Shot Put: (3/3 Var / 3 total FS)
B-V / FS then G-V / FS
2. Discus: (3/3 Var / 3 total FS)
G-V / FS then B-V / FS
3. High Jump:
B-V, G-V, B/FS, GF/S
4. Pole Vault
B-V, G-V, GF/S, BF/S
5. Long Jump (4 Var / 3 F/S)
Boys / Girls all levels jump for 1.5 hrs
6. Triple Jump (4 Var / 3 F/S)
Boys / Girls all levels jump for 1 hour

Opening Heights

P.V - GF/S - 6'0", GV - 7'6", BF/S, 8', BV - 9'0"
HJ - GF/S - 4', GV - 4'4", BF/S, 4'6", BV - 5'2"

Notes:

1. Non-Varsity Pole Vaulters will get 2 attempts until the final 5 are determined. Those vaulters will get 3 attempts.
2. NO adds to any jumping event once the event has started. HJ, LJ, TJ to start at 3:00 pm
Pole vault to start as soon as possible, when both teams have had sufficient warm up time.
3. For jumping events, teams can designate 5 varsity jumpers (5 boys, 5 girls), who will be given priority for completing their attempts.
4. PV order when 2 pits are available will be:
G.Var w/ B. F/S followed by B.Var w/ G.F/S
Order with 1 pit: B.Var, G.Var, G.F/S, B.F/S
5. Lane assignments - Home has even lanes, Visitor has odd lanes. Lanes 4 / 5 will be used for the 4x100m relay, lanes 1 / 2 for the 4x400m relay.
6. Races run in lanes will not exceed two extra (non-scoring) heats per level.