



Mindknot Research with VA Veterans Health:

"Veterans National Adaptive Judo"

Via Nationwide Zoom Video

"We Serve:"

Veterans & Active Duty Members with Disabilities

Connecting Veterans Nationwide,

We teach Balance, Motion, Fall Safety to You in Your Home

ALL Ages from 20s to 90s, with: Vision Impairment, Stroke,
Multiple Sclerosis (MS), TBI/ PTSD, Complex Medical,
ALL Disabilities/ Abilities: Physical, Mental Health, Cognitive,
Pain, ALL Female/Male Veterans



Veterans Health National Adaptive Judo,
Director/ Sensei, Mayer Max

Guest Sensei, Jim **Bregman, Virginia**

First US Olympic Judo
Medalist,
Founder, US Military
Judo Assn, USJA

Guest Sensei, Jimmy Pedro, Boston:

US Judo Olympic Medalist, World
Champion;
Coach to: Gold, Silver Bronze
Medalists

Guest Sensei Keith Nakasone, **California**

US Olympic Judo Team Captain,
Congressional Gold Medal
Awardee

