



## Needs Assessment Questionnaire for Individuals





We invite you to answer the following questions with "Yes" or "No." This assessment will help you identify how you could benefit from executive coaching.

**Yes/No**

**Personal Development**

1. Do you feel you have reached a plateau in your personal or professional growth? \_\_\_\_\_
2. Are you looking for ways to improve your leadership skills? \_\_\_\_\_
3. Do you often find it challenging to stay motivated and focused on your goals? \_\_\_\_\_

**Leadership and Management**

4. Do you struggle with effectively delegating tasks to your team? \_\_\_\_\_
5. Are you experiencing difficulty in managing team conflicts or communication issues? \_\_\_\_\_
6. Do you find it hard to balance strategic thinking and day-to-day management tasks? \_\_\_\_\_

**Performance and Productivity**

7. Are you consistently falling short of your performance targets or KPIs? \_\_\_\_\_
8. Do you feel that your team's productivity could be improved with better leadership? \_\_\_\_\_

**(Continued on next page)**





### Decision Making and Problem Solving

Yes/No

9. Do you find it difficult to make crucial decisions under pressure? \_\_\_\_\_

10. Are you seeking new perspectives and strategies for solving complex business problems? \_\_\_\_\_

### Organizational Growth

11. Are you looking to foster a culture of continuous improvement within your organization? \_\_\_\_\_

12. Do you want to enhance employee engagement and retention in your team? \_\_\_\_\_

### Feedback and Accountability

13. Would you benefit from an unbiased, external perspective on your leadership style? \_\_\_\_\_

14. Are you open to receiving constructive feedback and making changes based on it? \_\_\_\_\_

### Scoring:

- **0-4 "Yes" Answers:** You may not need an executive coach now, but it's worth monitoring these areas.
- **5-9 "Yes" Answers:** Consider exploring executive coaching to address specific challenges and opportunities.
- **10-14 "Yes" Answers:** Hiring an executive coach could significantly benefit your leadership and organizational effectiveness.



We'd love to be your partner in success!  
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