

Press Release

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ASPIRE
INTEGRATED HEALTHCARE SOLUTIONS



Carlsbad, California, February 14, 2024 – Aspire Integrated Healthcare Solutions and Greenspace Health Forge Innovative Partnership to Revolutionize Mental Health Assessments to Improve the Global Mental Health & Substance Abuse Crisis.

Revolutionizing Behavioral Healthcare Systems

We are in a mental health and substance abuse crisis, shortage of qualified providers, lack of tools & resources that can improve the health and well-being of individuals globally. We are launching a new program that will have a huge impact to improve this crisis.

[Aspire Integrated Healthcare Solutions](#), a healthcare management, technology and services company, is proud to announce a groundbreaking partnership with [Greenspace Health](#), a cutting-edge technology company specializing in providing clinical service organizations with the mental health assessment tools needed to deliver high quality care. This strategic alliance marks a significant step forward in the field of mental healthcare, combining the expertise of Aspire and its partners with Greenspace's advanced technology to enhance mental health assessments and interventions. Our Chief Clinical Officer, Kurt Oster, MSW, ACSW, LICSW (AL), LCSW (FL & TX), BCD, RPT(™) is leading our clinical team and Care Navigators.

Aspire is now offering Mental Health Assessments using the Greenspace MBC solution to individuals, providers and other organizations, with additional clinical interpretations from our Qualified Provider partners at VonOstir Innovation Services. We also provide additional direct Clinical Psychological Evaluations and Mental Health Care Navigators and Toolkits by our expert providers and partners to fill the gaps of care in our healthcare delivery systems globally. If you're interested in our program, register [here](#).

The Greenspace [Measurement-Based Care \(MBC\) platform](#) helps clinics easily track client progress throughout treatment, using consistent Patient-Reported Outcome Measures (PROMS). It provides an avenue for clinicians and their clients to regularly check in with each other, reflect on objective symptom change data, and uncover insights or patterns that can inform treatment decisions. The [uptake of MBC](#) is growing rapidly, with it being viewed as a core component of evidence-based behavioral healthcare. National accrediting bodies like the Joint Commission are making a major push to drive its adoption. Measurement-Based Care empowers people in care, providers, organizations, and health systems with objective client and program specific data and insights that they've never had before. The Result? [Clients](#) are more engaged in care, [providers](#) can make evidence-based clinical decisions, [organizations](#) can innovate and improve their services, and health systems can better support the mental health needs of their populations.

The collaboration between Aspire and Greenspace is revolutionizing how behavioral health assessments are conducted, making them more accessible, accurate, and efficient. By leveraging Greenspace's state-of-the-art assessment platform and Aspire's clinical insights, individuals seeking mental health support will benefit from a comprehensive evaluation process that considers a wide range of factors contributing to their well-being.

"We are thrilled to partner with Greenspace to offer a new standard of behavioral health assessments," said Creg Parks, CEO of Aspire. "In today's fast-paced world, it's crucial to have tools that can provide timely and precise insights into each individuals' mental health needs and to see progress for entire populations. Through this collaboration, we are empowering individuals to take control of their mental well-being and giving them access to the support they deserve." Greenspace's intuitive technology uses patient-reported outcome measures (PROMS) to generate valuable data and insights that can be leveraged to inform care discussions, treatment planning, and program innovation. By integrating this technology into Aspire's existing framework, the partnership aims to streamline the assessment process and tailor interventions to effectively meet each person's unique needs.

"We're excited to join forces with Aspire to drive innovation and consistent quality improvement across their behavioral health services" said Mike Braithwaite, Sr Clinical Partnerships Manager at Greenspace Health. "Greenspace is transforming how behavioral health assessments are conducted and how the results are leveraged to improve care, enabling more personalized and effective interventions. By partnering with Aspire, we can combine our expertise to make a positive impact on the lives of all individuals they support. It's inspiring to see Aspire's clear drive towards providing the best possible care and we're thrilled to be able to support them on this journey."

[Aspire Integrated Healthcare Solutions](#) is a healthcare management and services company. We are passionate about advancing healthcare delivery systems through innovative programs and tools. We use cutting-edge technological collaborations and expert healthcare resources to create scalable and flexible solutions that have a direct impact on improving clinical outcomes for patients, healthcare providers, employers, organizations, and communities. We offer a range of clinical services and programs to support individuals in their mental wellness journey. With a team of experienced clinicians and a commitment to innovation, Aspire is dedicated to improving the lives of those struggling with mental health challenges. To enroll in Aspire's mental health program, individuals seeking care, providers, employers, payers and other organizations can complete a simple registration request [here](#).

[Greenspace Health](#) is transforming mental health services by improving the way that care is accessed, measured, and delivered. Their Measurement-Based Care Platform enables mental health providers and organizations to implement consistent, evidence-based measurement (often referred to as routine client-reported outcome measures or PROMs) into their practice. This model is proven to significantly impact client progress in care while generating valuable data for organizations to improve the effectiveness of their services. Greenspace's Measurement-Based Care solutions have been implemented across community and private clinics, hospitals, and healthcare systems, improving the client experience and driving better-coordinated care and outcomes. To learn more about Measurement-Based Care (MBC), please visit www.greenspacehealth.com.

[VonOstir Innovation Services, PLLC](#) is a Florida based comprehensive pediatric trauma-informed humanistic mental health practice striving to bring innovation to the mental health field through innovation. VonOstir Innovation Services, PLLC is a mental and behavioral health practice offering mental and behavioral health counseling including play, sand-tray, expressive arts, and behavioral therapies for individuals ages 0-25 and their families; assessment, evaluation, and testing; life coaching, and consulting and training.

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