

Program Summary Gun Violence Prevention Aspire Mental Health Toolkit

Overview

One effective way to prevent gun violence and other hate crimes is to improve the mental wellbeing of individuals before they harm others or themselves, and to monitor the mental health status of high-risk individuals or criminals. The Aspire Mental Health Toolkit program helps prevent suicide, gun violence/shootings and improves the mental health of people at risk for gun violence, mental illness, or substance abuse disorders. Our team will design the strategic plan that meets the unique needs of your program needs. The Aspire Mental Health Toolkit can be used by cities, counties, states, courts, probation officers, juvenile justice programs, governmental social workers, schools and more. These entities can mandate the program if the individual meets criteria, such as:

1. individuals identified as at risk to cause harm to others,
2. individuals that are in probation or other court ordered program because they committed a violent crime or act,
3. individuals diagnosed with a mental illness that could cause harm to others or themselves,
4. victims of abuse or violence

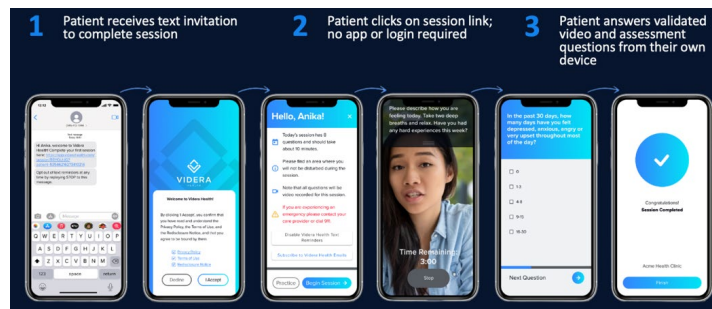
[Aspire Healthcare](#) is a healthcare network of high-quality expert healthcare resources and technology partner tools. Our mission is to improve the health & wellbeing of individuals, communities, and other populations by improving the quality of healthcare and mental health services and resources rendered at the right time and place. We have over 30 years of healthcare expertise and we have partnered with the most advanced, high quality healthcare companies and healthcare providers to bring our toolkit of solutions to our clients. Our whole-person care model enhances and optimizes the healthcare delivery system by focusing the best quality resources specifically on personalized proactive care and coordinating the information with all care teams.

The [Aspire Mental Health Toolkit](#) – is a mental health toolkit of solutions and services that improves mental health outcomes through enhanced Mental Health & Wellbeing care programs using our clinically integrated virtual health, telehealth, analytics, assessments, patient monitoring, and other provider services. Watch our video [here!](#)

Program Summary

The Aspire Gun Violence Prevention Program includes the following tools in our Toolkit! Watch the video [here!](#)

- Mental Health Assessments that are regular and monitors patients medical adherence, risk factors and mental health status.
- Scores the persons mental health based on clinical guidelines
- AI evaluation of the patients video recording that identifies signs of emotional distress (voice, eye movement, facial expressions). Based on proven AI clinical assessment technology.
- Identifies a trend of mental health status, risks of worsening or emotional distress
- Sends patient mental status alerts to pre-assigned care teams and other assigned stakeholders or families for prompt interventions if needed
- Dashboard of patient mental status and trends of each patient, reports to care teams and other stakeholders to monitor patient outcomes



Tools in our Toolkit

Tool	Description
Aspire Health Personal Portal & App	This is the registration portal and mobile app which connects users to each of the toolkit apps and resources. Once we complete the initial startup phase of the school's target users, we will move the next stage of connecting them to the other toolkit apps. Users can securely register here!
Videra Health	The Videra Health app is a virtual mental health assessment tool that empowers people through video, artificial intelligence, machine learning, and behavioral science to monitor, track and improve patient outcomes. Care Teams can connect and monitor patients mental health status using assessments and other remote psychotherapy monitoring tools. Watch the video here!
Symptomate	Take mental health assessments and other medical conditions with the Symptomate symptom checker powered by Infermedica.
Woebot	Woebot is our Artificial Intelligent chatbot that interacts with each user confidentially to chat between the Max bot and the user on a daily basis by asking questions about how they are feeling or doing, Woebot can provide information and resources to help them to improve their health and wellbeing and even connect the user to the care team or chosen support group!
WellBallance by WellWorks	The WellBallance by Wellworks app and portal is the primary tool for each users health & wellbeing programs. From personalized incentive management and tracking, fitness device integration, health and mental wellbeing assessments, employee risk strategy, to e-learning with health coaching; our portal provides you with a comprehensive, user-friendly interface and mobile app to track your success throughout your health program. Watch the video here!
Opeeka	This tool is a population health data and analytics solution for the assigned care teams that provides outcomes management information to help the care teams to plan and guide person-centered care while measuring progress along personal trajectories of recovery and resilience. Watch the video here!
Telepsychiatry providers	Telepsych provider partners connect individuals, families with expert care teams for easy access, prompt connections for improved health and well-being results, reducing unnecessary hospital or clinic visits, reducing lost work time, and lowering medical cost. Our Integration solution will connect individuals directly with their care teams, care navigators, providers, case managers and Payers.

The screenshot displays the 'Session results' page for a user named Darlene Robertson. The page is divided into several sections:

- Header:** 'Full data' and 'Ratings' tabs are visible.
- Video Player:** A video player shows a woman looking at her phone. The transcript below it reads: 'Q1: Please explain, in detail, your feelings during the past 2 weeks, and how it has impacted your life. Video response: Since my brother lost his job, my family situation has become better. My brother began to take his frustrations out on everyone around him. This has been a constant source of tension within my family and I've been feeling annoyed and confused about my current situation.'
- Emotions Graphs:** Three line graphs show the levels of Anger, Calm, and Sadness over time (Q1, Q10, Q11, Q20, Q21). Anger shows a significant increase, while Calm and Sadness show a decrease.
- Multiple choice:** A question 'Q2: Loss of interest or pleasure in doing things' is shown with 'Extremely' selected.
- Session Alerts:** A list of alerts includes 'Emotional distress Question 1' and 'Absolutist language Question 22'.
- Summary:** A summary of the session notes: 'This week I lost my job and I don't know why. I will continue to move forward with a positive outlook for the future. I have also had some pain in my leg.'
- Navigation:** Buttons for 'Session List', 'Previous session', and 'Next session' are at the bottom.

