



# SETTING YOUR PUPPY UP FOR LIFE

## Crate Training

We feel very strongly that all puppies should be crate trained. Crate training protects your dog from getting into things they shouldn't, from destroying your things, having accidents and more. If your dog is ever required to stay at the vet, put on crate rest, boarded, or goes to a groomer, being crate trained is an important skill.

Most dogs who are crate trained value their crate as a place they can go to be safe and away from anything overstimulating them or upsetting them. It is important to use your crate as a tool and not a punishment. This healthy relationship with the crate can be mutually beneficial.

## Supplements

We recommend having your dog on 4 main supplements: Probiotics, NuVet Plus, Pure Pumpkin and a Fish Oil.

- Probiotics: Builds good gut health, we recommend Purina Pro Plan Fortiflora or First Choice Naturals
- NuVet Plus: immune system builder and multivitamin, info included on your Optional Health Guarantee Extension
- Fish Oil: omegas, immune support and heart health. We recommend DOGSWELL or you can use human fish oil capsules.

## Selecting a Food

Here are a few rules to abide by and things to look out for when selecting a food:

- Feed a grain-inclusive formula. It is extremely rare for a dog to be allergic to grains.
- We typically start with a chicken formula, as they tend to be the most complete diets. If you encounter an issue with a chicken formula, try a beef formula next. Lamb based food can block the absorption of the nutrient taurine. The taurine in lamb based foods is not as bio-available to dogs. Taurine deficiency has been linked to DCM but we are still learning more and more about that every day!
- When checking ingredients, avoid foods that contain peas, as they have been linked to heart issues.
- There is a common myth that foods that contain a protein or meat "meal" are of poor quality. Meat meals are extremely nutrient dense and cost effective for food manufacturers to use. The same is true for "by-products" and organ meats. These contain nutrients that dogs require.

Please let me know if you have any questions or would like help selecting a food!

## Contact Us

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