

Welcome to Princeton Tiny Tigers Hockey!

All players must get ready in the assigned locker rooms, not in the open area in front of the locker rooms. This will help reduce congestion of players getting on and off the ice and help prevent players from getting their fingers stepped on by another player's skates.

Due to limited locker room space we suggest **getting your child fully dressed at home** so all you have to put on in the locker room is their skates, helmet, and gloves.

During practice parents must watch from the stands and stay in the arena in case they are needed by their child for any reason. Only registered coaches with helmets are allowed onto the ice. **No parent for any reason is allowed onto the ice or into the players bench area.** Please stay out of the players bench.

Please have your child go to the bathroom before stepping onto the ice. Coaches are very busy trying to run stations and do not have time to break away for poddy breaks. If for whatever reason your child does have to use the bathroom during practice a coach will escort them to the ice rink door where a parent can take them to the restroom. Please be watching for your child.

In the past we always seem to have several players complaining about their head hurting, this is usually due to a helmet being too tight. **Please make sure your child's helmet and all other protective gear fits correctly.**

We'll see you Saturday for some hockey fun!!

Ben Heath
Tiny Tigers Director