

2023 Annual Report



Gwendolyn A. Bork *President*

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Dear WNY Changemakers,

2023 has been a revealing year of continued struggles within our youth as they attempt to build resiliency in an uncertain world that's balancing on the edge of social and economic collapse.

According to the 2021 CLYDE Survey of youth in grades 8, 10, and 12 in Lancaster/Depew:

- 1. 54% of Youth reported that there aren't any adults in the neighborhood to talk to about something important.
- 2. 38% of Youth reported they are no good at all.
- 3. 27% of Youth reported that they sometimes think life is not worth it
- 4. 58% of Youth reported there's no one in their neighborhood that said they were proud of them when they did something good
- 5. 36% reported that they have been sad/depressed most of the time
- 6. 24% think they are a failure

The need for community level support is greater than ever. They need help! What has become of their cherished time to be young, and innocent was robbed of them by the global pandemic and social media became their savior. Millions of eyes are watching as they watch each other attempt to be socially accepted by be masses and the pressure is incomprehensible. The continued uneasiness of the future haunts them as they try to plan for their next steps after they graduate yet mourn the loss of some of their friends right here in the community who struggle with vaping addictions, marijuana use disorder causing schizophrenic episodes, binge drinking, and the fate of losing a friend to fentanyl laced marijuana. Nothing is safe anymore and they know it.

Parents have been led to believe that because marijuana was legalized on a non-medicinal level, the local shops slinging it out the back door or even the local Indian reservation is safe yet have no idea how dangerous these products actually are. If you aren't buying marijuana products from a NYS licensed dispensary (which there are only 2 in all of Erie County as of 12/2023), no one can guarantee your safety. Cartels created their networks in NY years before it was even legalized and with current open borders the network has expanded. Fentanyl is killing people at a higher rate than prepandemic levels and it also being reported across NY to be found in marijuana products. Marijuana will be our next pandemic for our youth if we don't educate ourselves on the basic facts of what's happening around us.

Youth are screaming for authentic connection and guidance. They want to help themselves with our support if we would just listen. They want to be seen and heard. Our future exists now.

2024 will not be easy for any of us but that is why you are reading this, because you know this, and you are doing something about it. You are willing to prioritize the fate of our youth by standing in their place and providing the safe space for them to learn and grow. You have been the reason why we succeeded and will continue to succeed going forward. Thank you for your time, talents, and treasure. Thank you for your faith in FOCUS.

With Honor, **Gwendolyn A. Bork**President



Board of Directors 2023-2025



President
Gwendolyn A. Bork
I have a personal passion to
empower our youth into

empower our youth into becoming the leaders they were meant to be through community collaboration and support. I know where they are because I've been there and my legacy will be in pouring my life into them.



Vice President

Deb LaBounty
Spectrum Health &
Human Services

My heart is always with the most vulnerable among us and I believe it is my purpose in life to do my best to support and help them through compassion, education and opportunity.



SecretaryGianna Ryniec
Depew HS Student

Leadership is something I've been recognized for and is a passion of mine to assist and give back to others.



TreasurerJessica Mead *FOCUS*

I want to be able to make a difference in our local community.



Member Debbie Glowny *Bank on Buffalo*

I wanted to be a part of the organization because....I love to make a difference and give back whenever possible. If I can help to deter one student from going down the wrong path and getting a bad start in life...then it's all worth it.



Member Mindy Nowak *Hair Shop 777*

Children are our future, and preserving their blossoming minds in an unaltered state is an honor that I am blessed to be a part of.



Member

Audrey Hamernik Village of Depew

As part of community development chairman of village of Depew, I wanted to be involved in something that is creating positive change for the youth in our community.

See more at https://forourcommunitytoday.org/about-us



Mission, Vision, Goals, and Tactics



Date Established January 2018



Mission

Prevent and reduce youth substance use within the community by reducing community risk factors that encourage substance use (e.g., parent attitudes) and promoting community protective factors that minimize the odds of youth substance use



Vision

Drug Free Community, Drug Free Youth



Tactics

Through evidence-based, data-driven environmental strategies, and federally approved strategic prevention framework, we create youth-centered, drug free communities



How FOCUS Gets Things Done



12 COMMUNITY SECTORS

FOCUS works with all members of the community to effect change

STRATEGIC PREVENTION FRAMEWORK

FOCUS uses a comprehensive planning and implementation framework to get things done





SEVEN STRATEGIES FOR COMMUNITY CHANGE

FOCUS uses evidence-based interventions to effect community change



2023 Key Findings & Themes

The FOCUS assessment committee conducted several data collection and analysis exercises during the program year. Here are some of the most striking outcomes .



Marijuana is readily available to youth. Parents, friends and siblings, parties, Snapchat stories and social groups are common sources. Marijuana is available in edible, smokeable, and vape forms. Although past 30-day use by Depew youth is lower than the national average (8.8%, 11% respectively), use is increasing again nationally after a decline during the 2019 COVID pandemic. The legalization of recreational marijuana in New York State along with 43.3% of youth reporting parental attitudes are favorable toward drug use set the stage for increased access.



Youth have limited knowledge about the safety of marijuana use.

Most of the responses about the safety of marijuana products referred to concerns about the products being laced with other substances if accessed from sources other than dispensaries. While this is may be true, there are many other risks pertaining to underage use. It is illegal to use marijuana under age 21; it is also unsafe. Impacts on the developing brain and academic success, increase in mental health issues, and the potential for risky behaviors and addiction are well-documented consequences of continued marijuana use.



Overall, there is significant need for community education about marijuana in the Depew community. This was perhaps the clearest theme that emerged from the data collected. There is a need for community-wide education about the many risks of marijuana use. For example, parents may benefit from education on the liability of providing and allowing youth to use marijuana in the home (social host ordinance) and how to safely store adult marijuana products. Youth may benefit from education about the developing brain as well as differential and universal risks of various marijuana delivery methods. Community awareness about the many risks of underage use is important to minimize consumption and consequences while changing community norms about the safety of youth marijuana use.







Goal 1 - Decrease past-30 day marijuana use in students grades 8-12 by 2% every two years.





Outcome 1 - From 2021 to 2023, past 30-day marijuana use decreased from 6.8% to 4.9%. This objective was met.





Goal 2 - Decrease past-30 day alcohol use in students grades 8-12 by 2% every two years.





Outcome 2 - From 2021 to 2023, past 30-day alcohol use decreased from 14.0% to 11.7%. This objective was met.





Goal 3 - Increase youth and parental sector stakeholders by eight total individuals.





Outcome 3 - From August 2023 to August 2023, the total number of youth and adult sector stakeholders increased from 13 to 16.





Goal 4 - Raise private capital of \$20,000 by 12/31/2022.





Outcome 4 - The coalition raised \$7,800 in private capital by 12/31/2023, or 39% of goal.



Highlights from 2023



150+ Activities Offered - from providing information to changing consequences for substance use



14,000+ Adults Reached - through community events, direct outreach, educational sessions, and more



10,000+ Youth Reached - through community events, direct outreach, educational sessions, and more



Facebook 896 followers 32,000 reached in 2023



TikTok 114 followers 5,700 reached in 2023



Instagram 141 followers



Radio 3,500 reached in 2023



YouTube 2,784 reached in 2023



FOCUS Website 6,158 reached in 2023



Digital Campaign 96,900 reached in 2023



Newspapers 120,000 reached in 2023



Highlights from 2023, continued







The Community Impact Awards recognize change makers in the WNY community. 2023 honorees included

Award

Legacy Award
Inspiration Award
Trailblazer Award
Community Champion Award
Scholar Award
Purple Heart Award
Passionate for Prevention Award
Rising Star Award
Emerging Leader Award
Next Generation Award
Mission in Motion
Saint of Servanthood

Recipient

Chick Fil A (Transit & Losson)

M Wood Accounting
Congressman Langworthy
Skoob's Village Grille
Jay Lupini - Depew HS Principal
Cheryll Moore - ECDH
Jodie Altman - KEDS
Gianna Ryniec, Depew HS
Zoe Kaminski, Canisius College
Kate Glaser, Hope Rises Network
Trina Burruss, United Way
Sister Johnice, Response to Love Center



Highlights from 2023, continued



Glofest is a drug- and alcohol-free event where youth are accepted as they are to enjoy a night of dancing, games, and learning.





Are you a teen in NY? ENTER NOW TO WIN \$1000 #NYTAKESOVERTIKTOK TALENT CONTEST

FOCUS held a New York State-wide TikTok talent contest in 2023, competing against other coalitions from downstate and reaching hundreds of youth. The grand prize winner won \$1,000. The #NYTAKESOVERTIKTOK hashtag reached at least 97,800 people.

FOCUS held a mini-golf tournament in July 2023 at Broadway Driving Range & Miniature Golf. With donations from Tops Friendly Markets and help from coalition volunteers, youth had a blast and four youth won a \$25 Amazon gift card each.





Legacy Partner Program

As part of its strategy to become a sustainable coalition, FOCUS launched the Legacy Partner program. This program is aimed at launching and sustaining the FOCUS Foundation for Addiction Prevention.

Platinum Legacy Partners (\$1,000+ donation)

Organizations









Robert E Shaff Ltd. Insurance and Real Estate

Individuals

Deb Glowny & Bank on Buffalo Sally Stier of The Clarity Group Mike Kelleher of Hogan Willig John and Linda Bruso of Bruso Family Glenn Jackson of Jackson Family Joe and Nancy Weiss of Weiss Family Deb LaBounty and Family

Gold Legacy Partners (\$500-\$999 donation)

Organizations











Amherst Lutheran Church Prince of Peace Lutheran Church

Individuals

The Wood & LaBounty Family
MJ Zak Family
Laura Smith Family



Sustainability Funding and Opportunities

Funding Update



toward 2024 goal of raising \$25,555 in private funding per year from 2020-2024

Other funding source updates:



Federal: \$125,000 per year - Drug Free Communities Grant

State: \$2,500 per year

County: \$0 (-\$20,000 annually since 2020)

Private: \$7,800 (39% of \$20,000)

How You Can Help

Here are just a few ways you can help make FOCUS a sustainable part of our community:

- Become a Legacy Partner
- Become a Community Contributor
- **Sponsor Events**
- **Support Impact Conferences**
- Provide resources in partnerships for in-kind donations
- Like us, share us and follow us on our social media
- Volunteer!



Dear Community Leader,

Our nation is facing an Addiction Epidemic and right here in our community our kids are getting hit hard. Trauma, uncertainty, and poverty plagues their lives, the last thing that should plague them is purpose for their lives.

At <u>FOCUS</u>: For Our Community Unity & Support, our Mission is to prevent and reduce substance use among youth within the community by <u>reducing</u> the factors that increase the risk of addiction and <u>promoting</u> the factors that minimize the risk of substance use through the establishment of <u>Community Collaboration</u>.

We utilize 12 Sectors/Stakeholders within the community and their resources to carry out the success of this plan which is data-driven and evidence-based. They are Government, Education, Schools, Civic Volunteer Groups, Religious Organizations, Healthcare, Treatment Providers, Youth Support Organizations, Youth, Parents, Media, and Businesses; and we need your help.

Can you help us continue our mission and reduce substance use among our youth by Sponsoring our Up-Coming Events, become a Legacy Partner, or Community Contributor?

With your help we can:

- Incentive the youth to help with projects by awarding them with gift cards
- Reach more youth through our outreach events and make the event free so money isn't a barrier
- Continue creating branding that the youth will wear like t-shirts and sweatshirts and give a way for awareness
- Build our FOCUS Foundation so that our operating expenses (website, email, marketing/not personnel) can be paid

Here are the ways you can donate or submit items:

- Call us at 716-444-6769
- Send a check, made payable to "FOCUS" to 3101 Townline Rd. Alden NY 14004, add Memo line directing funds
- "Donate" on our Website via PayPal or Credit Card, add Memo saying where you the money to go
- Email us at forourcommunitytoday@gmail.com

Graciously,

The FOCUS Board of Directors Administration