

Family Fun Ideas

Preschoolers and Toddlers

- Picnic lunch
- Relay races
- Reading time
- Puzzles
- Taking care of pets
- Teddy bear hunt
- Dress up
- Build forts and ramps
- Cloud dough www.busytoddler.com
- Toss clementine into bowl
- Hula Hoop
- Indoor bowling
- Puzzles
- Reading time
- Picnics
- Cooking class
- Shape, alphabet hunts (neighbors put shapes in their window)

School-age Children

- 4-H Outdoor Camp at Home Smores, scavenger hunt, campfire, singing silly songs
- Wii Fit and Just Dance
- Photo shoot (do your own hair and make-up!)
- Creative cooking finger foods
- Opened camper, played outdoor games, campfire, slept in camper
- Family cooking night
- Sidewalk art
- Theme night dress up according to theme, plan meal and activity
- Formal night wedding dress, prom dress, spring fling dress
- Lawn games and tournaments
- Junk food bracket Sweet 16 Snack Tournament
- Summer bucket list
- House chalking
- Painting
- Beach day with virgin daiquiris
- Hiking and lots of walks
- Writing left-handed
- Family gets to work on Click list
- Baking
- New crockpot recipes
- Online CPR training babysitting
- Driving practice empty parking lots
- Emotions board



Family Fun

- Pick a dinner theme each day
- Dress up like a character or favorite team for dinner
- Jenga pieces have questions on them that must be answered before placing the piece
- Virtual roller coaster rides
- Blast music and dance!
- Family project clearing a part of the yard and will make it a fun space
- Tailgate night stadium food, sport apparel, watch sports themed movies
- Movie Night! Create a movie sign, buy candy, popcorn, soda and set up a concession stand. Monopoly money to purchase refreshments.
- Learning to cook
- Cards, board games and Yahtzee
- Tuesday movie
- Sleeping in
- Online baseball game with friends
- Golf in our yard
- Frisbee, yard games
- Drive by Birthday Celebrations
- Helping with foster dogs
- Watching funny videos

Self-care

- Meditation
- Prayer
- Journaling
- Yoga
- Exercise
- Drawing/painting
- Set a short-term goal
- Walks, hikes, running
- Foster or adopt a pet
- Imaginary person adds humor and gets the blame!
- Inspirational quotes
- Gratitude journal
- Volunteering
- Gardening

DAILY QUARANTINE QUESTIONS:

- 1. What am I GRATEFUL for today?
- 2. Who am I CHECKING IN ON OV CONNECTING WITH today?
- 3. What expectations of normal "am I LETTING GO OF today?
- 4. How am I GETTING OUTSIDE today?
- 5. HOW am I MOVING MY BODY today?
- 6. What BEAUTY am I either Creating, cultivating, or inviting in today?