

Breast Pump Checklist

1. Hand pump
2. Double electric breast pump
3. Extra pump parts
4. Hands-free pumping bra

Pumping Essentials

1. Tote bag for pump
2. Storage containers for pumped breastmilk
3. Cooler
4. Ice packs
5. Storage bag for refrigeration of breastmilk

Pump/Breastmilk Storage

1. Dish soap
2. Brush for washing bottles and pump pieces
3. Dish basin
4. Wet wipes for surface cleaning

Cleaning Supplies

1. Door hanger for privacy
2. Breast pads
3. Lanolin/nipple balm
4. Blanket/clothes with baby's scent
5. Photo/video of baby
6. Nursing bra
7. Extra shirt/bra
8. Snacks/water

Comfort Items