



EXPECTING MOTHER'S CHECKLIST

NEWBORN APPAREL BASICS:

- 12 Sleeveless Shirts
- 12 Short Sleeve Shirts
- 6-8 Long Sleeve Shirts
- 5-7 Pajama Sets
- 4 Sweaters
- 5-6 Burp Cloths
- 3-4 Pairs of Mittens

DIAPER CHANGING:

- Disposable/Cloth Diapers
- Diaper Pail and Liners
- Diaper Rash Cream
- Changing Pads
- Changing Table
- Changing Pad Covers

NURSERY LINEN:

- 5-6 Fitted Sheets
- 3-4 Blankets
- 2 Crib Bumper Sets
- 1-2 Pillows
- 2-4 Pillow Cases
- Swaddling Blankets
- 1-2 Mattress Pads

BATH & GROOMING SUPPLIES:

- 4-6 Bath Towels
- 4-6 Wash Cloths
- Bathing Support
- Rubber Bath Mat for Tub
- Sponge Bath Mat
- Hairbrush & Comb
- Finger Toothbrush
- Baby Moisturizing Cream
- Bath Tub
- Baby Shampoo
- Baby Body Wash
- Organizer Tray
- Nail Cutter
- Diaper Ointment

WELLNESS ITEMS:

- Digital Thermometer
- Medicine Dropper
- Nasal Bulb Syringe
- Ear Bulb Syringe
- Humidifier
- Pacifier
- Gauze

NURSING & FEEDING ESSENTIALS:

- Breast Pump
- Nursing Pads
- Nipple Cream
- Breastfeeding Pillow
- Breastfeeding Blanket
- Milk Storage Bottles
- Milk Storage Bags
- 4-6 4oz. Bottles
- 4-6 8oz. Bottles
- 4-6 Nipples for Bottles
- 2 Bottle Brushes
- Sterilizer
- Sterilizer Rack
- 2-3 Milk Containers
- Bottle Warmer
- Baby Soft Spoons
- Baby Bowl
- Sippy Cup

NURSERY FURNITURE & DECOR:

- Crib Mattress
- Crib Furniture
- Stuffed Animals
- Crib Mobile
- Musical Toys
- Rattles
- Finger Puppets
- Mobile Exercisers
- Musical Lullabies
- Playpen
- High Chair
- Changing Table
- Lamp
- Picture Frames
- Photo Album
- Baby Book
- Bouncer
- Floor Mats
- Safety Gate
- Baby Monitor
- Clothes Hamper
- Hangers for Clothes
- Toilet Seat Stool
- Toilet Seat for Potty Training

TRAVEL:

- Diaper Bag
- Changing Pad
- Baby Wipes
- Disposable Liners
- Bottle Storage
- Baby Carrier
- Car Seat Head Support Pad
- Stroller
- Portable Crib/Portable Playpen/Portable Bed

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