



Advanced Peer Support Training

Continuing Education for
Peer / Recovery Support Specialists



Third Edition



Advance Peer Support Training

Strengthening the Practices and Skills of Peer Support Specialists

This is an advance practice class for use with peer support specialists for training credits, and continued learning.

Objectives

- Participants will review recovery and peer support principles and be able to recognize drift from effective peer support work
- Participants will learn advance level practice skills of staying connected to the people they serve even when it is challenging
- Participants will create a vision statement to establish future orientation and workplace goals
- Participants will increase confidence in gut feelings and ways of knowing
- Participants will identify how they stand in their own way and hold themselves back
- Participants will conduct a Recovery Self-assessment to measure the level of recovery practices they bring to the services they provide
- Participants will review their own wellness and recovery and connect with ways to stay well and on track at work
- Participants will understand the value of the Burn Out Prevention Plan
- Participants will increase their skill with influencing their worksite, team mates, and other employees when they understand they work as a “double agent” and change agents in services
- Participants will learn about and practice the Recovery Coaching model of engaging in effective planning with those they serve
- Participants will review the impact of substance use on those we serve and develop stronger understanding of how to work with people who struggle with substance use
- Participants will develop a Personal Development Plan to share with supervisors
- Participants will develop a Solution Planner to develop strategies for resolving specific challenges