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| **70 W North St, Lower Level**  **Bethlehem, PA 18018**  **Monday – Friday**  **9:00 am – 7:00 pm** | Northampton County Drop-In Center  July 2024 | **\*Identifies activities or trips that require sign-up and/or financial contribution by Friend.**    **Phone: (610) 954-5501**  **Fax: (610) 861-2781** |

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| **Mon** | **Tue** | **Wed** | **Thu** | **Fri** |
| **1** | **2** | **3** | **4** | **5** |
| **Check-In Group**  **A Journey Within** | **Cooking Group**  **A Journey Within** | **Fourth of July Celebration!!** | **CLOSED**  **for 4th of July** | **Check-Out Group**  **Pet Group w/ Sadie** |
| **8** | **9** | **10** | **11** | **12** |
| **Check-In Group**  **Music Group** | **Positive Vibes Group**  **Stress Reduction Workshop** | **Card Game Activity**  **Positive Sharing Discussion** | **Music Appreciation with Paul** | **Check-Out Group**  **\*Pizza Day\***  **Pizza Making @ 1:30 pm**  **Card Game Activity** |
| **15** | **16** | **17** | **18** | **19** |
| **Check-In Group**  **ADL’s Group** | **Guided Meditation**  **Open House @ Easton Drop-In 11am-3pm**  **Pet Group with Archie** | **Pool Tournament**  **Rummy Tournament** | **Activity Meeting**  **Walk on Main St.** | **Check-Out Group**  **\*12PM Pizza Day\*** |
| **22** | **23** | **24** | **25** | **26** |
| **Check-In Group**  **Scavenger Hunt w/ Trista** | **Deep Emotions Group**  **Ladder Ball Tournament** | **Chair Zumba**  **Music Appreciation with Paul** | **Positive Vibes Group**  **Walking Group w/ Sadie** | **Check-Out Group**  **Smoothie Day** |
| **29** | **30** | **31** |  |  |
| **Check-In Group**  **Ice Cream Social** | **Community Meeting**  **Wellness Group** | **Monthly Birthday Party** |  | **\* Identifies activities or trips that require sign up and/or financial contribution by Friend** |

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| **70 W North St, Lower Level**  **Bethlehem, PA 18018**  **Monday – Friday**  **9:00 am – 7:00 pm** | Northampton County Drop-In Center  August 2024 | **\*Identifies activities or trips that require sign-up and/or financial contribution by Friend.**    **Phone: (610) 954-5501**  **Fax: (610) 861-2781** |

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| **Mon** | **Tue** | **Wed** | **Thu** | **Fri** |
|  |  |  | **1** | **2** |
| **\* Identifies activities or trips that require sign up and/or financial contribution by Friend** |  |  | **Coffee & Positive Affirmations**  **Community Meeting** | **Check-Out Group**  **Pet Group w/ Sadie** |
| **5** | **6** | **7** | **8** | **9** |
| **Check-In Group**  **Scavenger Hunt w/ Trista** | **Breakfast w/ the 70’s**  **Coping Skills Group** | **Newsletter Meeting**  **Conflict Resolution Group** | **Painting your thoughts**  **\*Picnic at the Creek\*** | **Check-Out Group**  **\*Pizza Day\*** |
| **12** | **13** | **14** | **15** | **16** |
| **Check-In Group**  **QiGong Meditation & Mindfulness** | **Activity Meeting**  **Ultimate Coping Playlist** | **Guided Meditation** | **Self Esteem Group**  **Music Appreciation** | **Check-Out Group**  **Walking Group w/ Sadie** |
| **19** | **20** | **21** | **22** | **23** |
| **Check-In Group**  **Music Group** | **Past & Future Therapy Activity**  **11 AM Fire Prevention Demo**  **@ Easton DIC** | **Walk on Main Street**  **Community Meeting** | **Positive Vibes Group** | **Check-Out Group**  **Interactive Movie Night** |
| **26** | **27** | **28** | **29** | **30** |
| **Check-In Group**  **Ice Cream Social** | **Chair Yoga**  **Ladder Ball Tournament** | **Game Night**  **Music Appreciation** | **Coping w/ Anxiety & Fears**  **Walk on Main St.** | **Check-Out Group**  **Monthly Birthday Party** |