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| **70 W North St, Lower Level****Bethlehem, PA 18018****Monday – Friday****9:00 am – 7:00 pm** | Northampton County Drop-In CenterJuly 2024 | **\*Identifies activities or trips that require sign-up and/or financial contribution by Friend.****Phone: (610) 954-5501****Fax: (610) 861-2781** |

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| **Mon** | **Tue** | **Wed** | **Thu** | **Fri** |
| **1** | **2** | **3** | **4** | **5** |
| **Check-In Group****A Journey Within** | **Cooking Group****A Journey Within** | **Fourth of July Celebration!!** | **CLOSED** **for 4th of July** | **Check-Out Group****Pet Group w/ Sadie** |
| **8** | **9** | **10** | **11** | **12** |
| **Check-In Group****Music Group** | **Positive Vibes Group****Stress Reduction Workshop** | **Card Game Activity****Positive Sharing Discussion** | **Music Appreciation with Paul** | **Check-Out Group****\*Pizza Day\*****Pizza Making @ 1:30 pm****Card Game Activity** |
| **15** | **16** | **17** | **18** | **19** |
| **Check-In Group****ADL’s Group** | **Guided Meditation****Open House @ Easton Drop-In 11am-3pm****Pet Group with Archie** | **Pool Tournament****Rummy Tournament** | **Activity Meeting****Walk on Main St.** | **Check-Out Group****\*12PM Pizza Day\*** |
| **22** | **23** | **24** | **25** | **26** |
| **Check-In Group****Scavenger Hunt w/ Trista** | **Deep Emotions Group****Ladder Ball Tournament** | **Chair Zumba****Music Appreciation with Paul** | **Positive Vibes Group****Walking Group w/ Sadie** | **Check-Out Group****Smoothie Day** |
| **29** | **30** | **31** |  |  |
| **Check-In Group****Ice Cream Social** | **Community Meeting****Wellness Group** | **Monthly Birthday Party** |  | **\* Identifies activities or trips that require sign up and/or financial contribution by Friend** |

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| **Mon** | **Tue** | **Wed** | **Thu** | **Fri** |
|  |  |  | **1** | **2** |
| **\* Identifies activities or trips that require sign up and/or financial contribution by Friend** |  |  | **Coffee & Positive Affirmations****Community Meeting** | **Check-Out Group****Pet Group w/ Sadie** |
| **5** | **6** | **7** | **8** | **9** |
| **Check-In Group****Scavenger Hunt w/ Trista** | **Breakfast w/ the 70’s****Coping Skills Group** | **Newsletter Meeting****Conflict Resolution Group** | **Painting your thoughts****\*Picnic at the Creek\*** | **Check-Out Group****\*Pizza Day\*** |
| **12** | **13** | **14** | **15** | **16** |
| **Check-In Group****QiGong Meditation & Mindfulness** | **Activity Meeting****Ultimate Coping Playlist** | **Guided Meditation** | **Self Esteem Group****Music Appreciation** | **Check-Out Group****Walking Group w/ Sadie** |
| **19** | **20** | **21** | **22** | **23** |
| **Check-In Group****Music Group** | **Past & Future Therapy Activity****11 AM Fire Prevention Demo** **@ Easton DIC** | **Walk on Main Street****Community Meeting** | **Positive Vibes Group** | **Check-Out Group****Interactive Movie Night** |
| **26** | **27** | **28** | **29** | **30** |
| **Check-In Group****Ice Cream Social** | **Chair Yoga****Ladder Ball Tournament** | **Game Night****Music Appreciation** | **Coping w/ Anxiety & Fears****Walk on Main St.** | **Check-Out Group****Monthly Birthday Party** |