

Thrive from the Ground Up 4-H Club

Age-Based Curriculum Breakdown (Ages 5–19)

Hosted by Speak Into the Light

Cloverbuds (Ages 5–8)

Focus: Exploration, Discovery, and Social Learning

Cloverbuds participate in fun, group-based activities that spark curiosity and creativity. Youth explore science, nature, art, wellness, and animals through games, crafts, storytelling, and simple experiments.

Skills Gained:

- Teamwork and collaboration
 - Observation and discovery
 - Creative expression
 - Early science and nature understanding
-

Youth (Ages 9–13)

Focus: Skill Development, Independence, and Community Awareness

This group builds foundational life skills through hands-on projects designed for urban environments. Activities include:

- **Intro to Urban Gardening:** Grow fruits and vegetables in raised beds and containers
- **Basic Money Smarts:** Practice saving, budgeting, and spending wisely
- **Junior Entrepreneurship:** Launch simple businesses like garden stands or craft goods
- **Animal & Environmental Care:** Learn responsibility through composting and pollinator projects

Skills Gained:

- Financial awareness
 - Problem-solving
 - Personal responsibility
 - Leadership in small group settings
-

Teens (Ages 14–19)

Focus: Real-World Application, Career Preparation, and Business Ownership

Teens receive advanced training that prepares them for business and life success.

Core & Special Interest Areas:

- **Entrepreneurship:** Business planning, branding, product development
- **Beekeeping & Homesteading:** Urban farming, pollinator awareness, food production
- **Creative Tracks:** Photography, Fashion & Sewing, Health & Wellness, Leadership Development

Opportunities for Teens:

- Apply for **USDA Youth Loans** (up to \$10,000)
- Present at the **Annual Youth Showcase**
- Connect with a **Business Mentor**
- Earn income through **markets, events, or online sales**