



NATIONAL ASSOCIATION OF
Women's Gymnastic Judges

Becoming a Gymnastics Judge!

Marcy Blitz | State Judging Director – PA/DE
blitzmarcy@gmail.com



Where do I start?

- You are in the right place! We are going to go over:
 - What are the requirements to become a judge?
 - What do you study?
 - How do you test?
 - How do you practice judge?
 - How do you get assigned to meets?
 - What does basic shorthand look like?
- If you are from a state other than Pennsylvania or Delaware, you will want to contact your state judging director to let them know you are interested in starting the judging process. A directory of state judging directors can be found on the NAWGJ website. If you need any help finding this information reach out to Marcy Blitz after tonight's clinic and she will be happy to connect you with your SJD.

What are the requirements to become a judge?

No background is necessary to take the Level 4/5 test! Whether you were a recreational gymnast, collegiate gymnast (or anywhere in between!), parent, coach or spectator, anyone can get started

Everyone needs to take the compulsory (Level 4/5) test regardless of if they have an optional judging rating

If you were a level 10 or higher gymnast, you may qualify to take a higher optional test

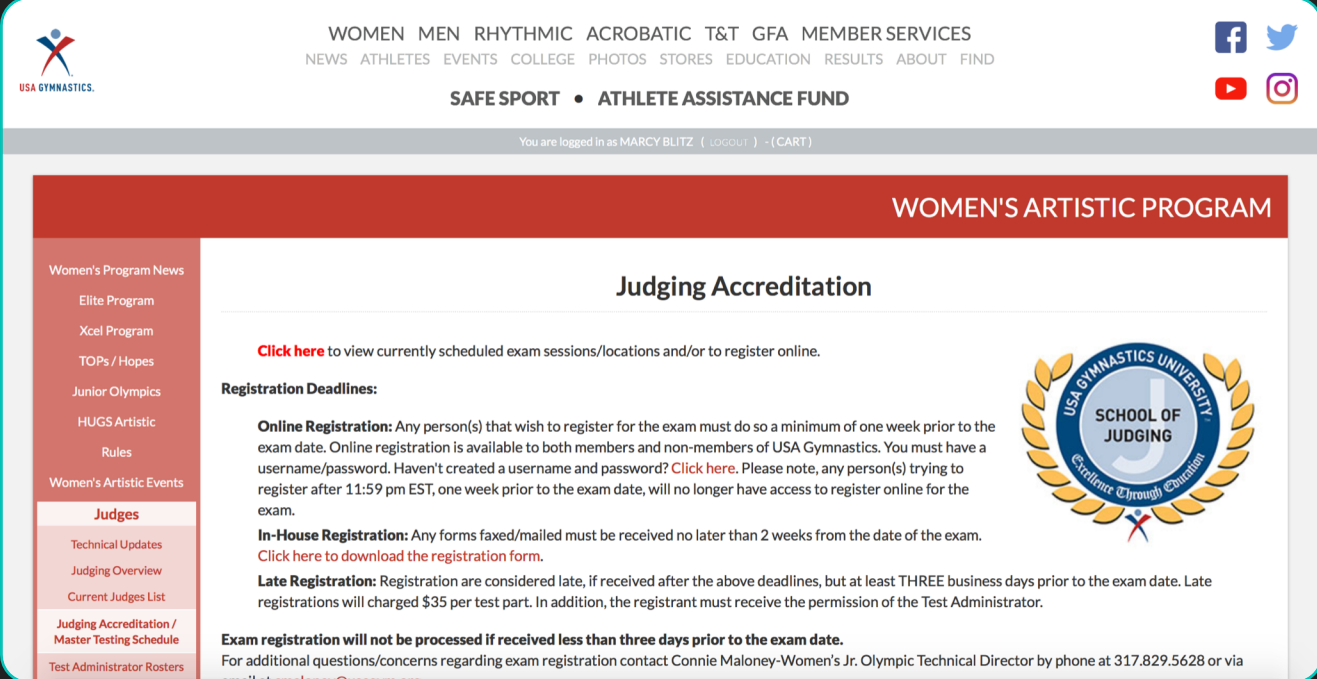
You must wait 1 year before you can test up for the next level after you become a 7/8 rated judge.

What do you study?

- For the compulsory level 4/5 test, you will study from the USAG Women's Development Program Compulsory Book. This is also available in a digital format.
- For the optional tests, you will need to study from the USAG Women's Development Program Code of Points. This is also available in digital format.
- These materials can be found in the USA Gymnastics Technical Materials Store on the USA Gymnastics website (www.usagym.org)
- The NAWGJ website also has great study aids and practice tests (www.nawgj.org)
- If you are studying for an optional test that has a practical component, there are many great practice videos on the NAWGJ website as well

How do you test?

- The compulsory level 4/5 test is offered online by USAG. It is an open-book, timed test.
- Optional written exams are offered as an open-book, timed test. The film tests are offered by Test Administrators. You need to register for an optional test through the USA Gymnastics website. A master testing schedule with all dates and locations of upcoming exams can be found on the website



The screenshot displays the USA Gymnastics website interface. At the top, there is a navigation menu with links for WOMEN, MEN, RHYTHMIC, ACROBATIC, T&T, GFA, MEMBER SERVICES, NEWS, ATHLETES, EVENTS, COLLEGE, PHOTOS, STORES, EDUCATION, RESULTS, and ABOUT. A secondary menu includes SAFE SPORT and ATHLETE ASSISTANCE FUND. The user is logged in as MARCY BLITZ. The main content area is titled "WOMEN'S ARTISTIC PROGRAM" and "Judging Accreditation". It provides information on registration deadlines and procedures, including online, in-house, and late registration options. A logo for the USA Gymnastics University School of Judging is also visible.

USA GYMNASTICS

WOMEN MEN RHYTHMIC ACROBATIC T&T GFA MEMBER SERVICES
NEWS ATHLETES EVENTS COLLEGE PHOTOS STORES EDUCATION RESULTS ABOUT FIND

SAFE SPORT • ATHLETE ASSISTANCE FUND

You are logged in as MARCY BLITZ (Logout) (Cart)

WOMEN'S ARTISTIC PROGRAM

Women's Program News

- Elite Program
- Xcel Program
- TOPs / Hopes
- Junior Olympics
- HUGS Artistic
- Rules

Women's Artistic Events

- Judges
- Technical Updates
- Judging Overview
- Current Judges List
- Judging Accreditation / Master Testing Schedule
- Test Administrator Rosters

Judging Accreditation

[Click here](#) to view currently scheduled exam sessions/locations and/or to register online.

Registration Deadlines:


Online Registration: Any person(s) that wish to register for the exam must do so a minimum of one week prior to the exam date. Online registration is available to both members and non-members of USA Gymnastics. You must have a username/password. Haven't created a username and password? [Click here](#). Please note, any person(s) trying to register after 11:59 pm EST, one week prior to the exam date, will no longer have access to register online for the exam.

In-House Registration: Any forms faxed/mailed must be received no later than 2 weeks from the date of the exam. [Click here to download the registration form.](#)

Late Registration: Registration are considered late, if received after the above deadlines, but at least THREE business days prior to the exam date. Late registrations will charged \$35 per test part. In addition, the registrant must receive the permission of the Test Administrator.

Exam registration will not be processed if received less than three days prior to the exam date.

For additional questions/concerns regarding exam registration contact Connie Maloney-Women's Jr. Olympic Technical Director by phone at 317.829.5628 or via email at cmaloney@usagym.org



I've passed my test – what comes next?

- Join USA Gymnastics as Professional Member
 - Pass the Safety Certification Course" U101
 - Pass the Safe Sport Courses: U110 and U113
 - Complete a Criminal Background Check
- Join NAWGJ: first year members is discounted 50%
- Highly recommended: Practice judge a minimum of 2 sessions at the level for which you have passed your exam (this is a requirement in Pennsylvania, but most states have something similar – if you are planning to judge in another state you will need to find out from the State Judging Director what you will need to do)
- You will be required to complete CPE (Continuing Professional Education) credits each year to maintain your judging rating.

I've passed my test – what comes next?

- Most states have an online assigning system such as GymJas or Arbiter
- The site allows you to enter your general information, available dates, affiliations you may have, etc. When an assignment is made you will receive an email notifying you of the assignment and then you will log in to generate a contract.



Welcome, Marcy!

Select one of the following functions:

- to display a full list of names with their contact information.
- Display detailed information (including address) for the following person.
- to display your own contact and membership information and make updates if required.
- to provide the dates you are available to be assigned.
- to see your current list of assignments and to reply to new assignments.
- to see available information about a meet.
- to see where all the judges live.
- to view the whole season of judging assignments.
- to generate and send contracts.
- to create or view documentation for insured professional activity.

Pay Scale

USA GYMNASTICS JUDGES' COMPENSATION PACKAGE FOR WOMEN'S ARTISTIC GYMNASTICS (EFFECTIVE AUGUST 1, 2021 - JULY 31, 2022)

Rate	\$36.00	\$33.00	\$30.00	\$26.00	\$22.00	\$20.00	\$18.00
Hours	Brevet	National	10	9	4/5 + 6/7/8	6/7/8 only	4/5
3	\$108.00	\$99.00	\$90.00	\$78.00	\$66.00	\$60.00	\$54.00
3.5	\$126.00	\$115.50	\$105.00	\$91.00	\$77.00	\$70.00	\$63.00
4	\$144.00	\$132.00	\$120.00	\$104.00	\$88.00	\$80.00	\$72.00
4.5	\$162.00	\$148.50	\$135.00	\$117.00	\$99.00	\$90.00	\$81.00
5	\$180.00	\$165.00	\$150.00	\$130.00	\$110.00	\$100.00	\$90.00
5.5	\$198.00	\$181.50	\$165.00	\$143.00	\$121.00	\$110.00	\$99.00
6	\$216.00	\$198.00	\$180.00	\$156.00	\$132.00	\$120.00	\$108.00
6.5	\$234.00	\$214.50	\$195.00	\$169.00	\$143.00	\$130.00	\$117.00
7	\$252.00	\$231.00	\$210.00	\$182.00	\$154.00	\$140.00	\$126.00
7.5	\$270.00	\$247.50	\$225.00	\$195.00	\$165.00	\$150.00	\$135.00
8	\$288.00	\$264.00	\$240.00	\$208.00	\$176.00	\$160.00	\$144.00
8.5	\$306.00	\$280.50	\$255.00	\$221.00	\$187.00	\$170.00	\$153.00
9	\$324.00	\$297.00	\$270.00	\$234.00	\$198.00	\$180.00	\$162.00
9.5	\$342.00	\$313.50	\$285.00	\$247.00	\$209.00	\$190.00	\$171.00

Required Break Time:
30 minutes between
scheduled sessions.
(Max = 60 minutes)

Per Diem	Local	Overnight
\$20.00	3 - 7½ hours or under 3 hours but 100 mi. or more RT	\$20/meal or Max. of \$60.00/day
\$40.00	8+ hours	
Mileage: current IRS rate RT		

Professionalism

- NAWGJ Rules and Canons (<https://nawgj.org/wp-content/uploads/2020/10/Corrected-2-Code-of-Professional-Responsibility-October-2020.pdf>)
 - The Code of Professional Responsibility provides the fundamental ethical principles that guide judges to ensure that their conduct promotes respect for the National Association of Women's Gymnastics Judges (NAWGJ).
 - Standards for professional behavior are reflected in the Canons and Rules
- Uniform – True Navy skirt/pants/dress and NAWGJ sweater or jacket, white blouse/shirt
 - The official uniform pieces can be purchased through Lands End (https://business.landsend.com/store/nawgj_officialuniform/)
- USAG Rules and Policies (https://usagym.org/PDFs/Women/Rules/Rules%20and%20Policies/2020_2021_w_rulespolicies.pdf)
 - This document includes a section on Judges specific responsibilities

What does basic shorthand look like?

- You will start to see that the symbols mirror the shape of the skill as much as possible

Commonly Used Uneven Bar Elements

ar	Long Pullover	Back Hip	Front Hip	Squat-on	Squat Circle	Kip	Long Hang Kip	Uprise
ring	Clr Undrswg	Cast	Cast Hdst	Hdst 1/2	Clear Hip	Clr Hip Hdst		
Swg	Bk Giant-Hdst	Giant 1/2	Giant 1/1	Fwd Giant Swg	Fwd Giant-Hdst	Tuck Flyaway	Pike Flyaway	Layout Fly
dot	1/2 over LB	1/2 to Hdst	Str Back	Str Back-Hdst	Hdst-Str Bk			

Acro Shorthand

ndstand	Fwd Roll	Dive Roll	Hdst Roll	Bwd Roll	Bwd Ext Roll	Cartwheel	Fwd Walkover	Bwd Walkover
Hdspring	Flyspring	Roundoff	Bk Hdsp	Aerial CW	Aerial WO			
Salto-Tk	Bk Salto-Pk	Bk Salto-Str	Whip Back	Back 1/2	Back 1/1	Back 1 1/2	Back 2/1	Double Back
Salto-Tk	Fwd Salto-Pk	Fwd Salto-Str	Front 1/2	Front 1/2 - Str	Front 1/1	Front 1/1 - Str	Front 1 1/2	Arabian

Body Shapes

Tuck	Pike	Stretched	Straddle	Cross Split	Side Split	Wolf	Cat	Ring
U	V	/	^	—	—	W	m	C