

GENERAL FAULTS AND PENALTIES (COMPULSORY UNEVEN BARS, BALANCE BEAM & FLOOR EXERCISE)

Deduct all execution and/or amplitude errors leading to a fall; however, do not deduct BALANCE errors leading to a fall. The total execution and/or amplitude deductions on a major element (ME) may not exceed the value of the element plus .50.

Deductions for FALLS, EXTRA SWINGS, or lack of continuity in required series due to a fall are in addition to the execution and/or amplitude deductions. General deductions apply in addition to or in the absence of specific deductions.

CHANGES IN RPESCRIBED TEXT

.10 Small Part - **Adding**, Changing, Omitting, or Reversing a small part

.30/Each time **Adding** an extra element

.30 Reversing the order of 2 elements in any of the directly connected Dance series on BM/

FX .30 Series of Connections - Changing, Omitting or Reversing

Value of Element - **Changing** a ME

½ Value of Element - **Reversing a ME** if not allowed to be reversed

2X Value of Element - **Substituting or Omitting** a ME

>Value of element - Incomplete ME/ME performed with additional turn

NO DEDUCTION - Repetition of a missed element (start judging at the point of interruption)

SPECIFIC EXECUTION DEDUCTIONS
(Taken for each occurrence during the routine)

UNEVEN BARS, BALANCE BEAM & FLOOR EXERCISE

(max.05) Taking additional running steps into forward tumbling pass (FX)
(This is not applied to the front salto tucked) Includes Aerials

Each time 0.05 Flexed/sickled feet during major elements

Each time Up to 0.20 Leg or knee separations

Upto0.20 Incorrect body alignment, position or posture on major elements

Upto0.30 Bent arms in support/element (90 or more = max .30)

Upto0.30 Bent leg(s)/element (90 or more = max .30)

Upto 0.30 Balance errors - small, medium, large

0.50 Fall on or off the apparatus

UNEVEN BARS

>.10 Hesitation during jump to high bar

.10 Repositioning/adjustment of hands in front support or feet in squat/stoop on

.20 Alternate hand grasp or regaining hand grasp without supplementary support

.30 Intermediate extra swing/cast
(max 0.50) More than one extra swing/cast preceding or following an element = max .50

0.30 Grasp or bar apparatus to avoid a fall

Upto 0.50 Brush, touch or hit on apparatus or mat with foot (feet);

Up to 0.10 • Brush/touch on apparatus or mat with foot (feet)

0.20 • Hit on apparatus with foot (feet)

2&Q • Hit on mat with foot (feet)

0.50 • Full weight on mat with foot (feet)

BALANCE BEAM & FLOOR EXERCISE

0.05 Failure to mark the passe position in releve at the completion of turns

Upto0.10 Failure to perform 180° and 360° turns on one foot in high releve

0.05 Failure to keep ears covered by arms when moving in and out of slow aero elements (i.e. cartwheels, handstands, etc.)

Up to 0.10 Failure to land with feet closed
(applied to Jumps landing on two feet)

0j0 Failure to land on both feet simultaneously
(applied to jumps landing on two feet)

Upto 0.10 Incorrect leg alignment in arabesque position when indicated

Up to 0.10 Failure to contract or arch when indicated

BALANCE BEAM & FLOOR EXERCISE (Specific Deductions continued)

Up to 0.10	Failure to kick/swing leg to horizontal or above when required
Up to 0.20	Uneven leg separation in leaps/jumps
Each <u>0.20</u>	Support of one leg against side surface of beam to maintain balance
Up to 0.20	Insufficient split when required (Dance/non-flight aero elements)
QjQ	Extra kick up to handstand
Up to 0.30	Additional movements to maintain balance/control on the beam
<u>0.30</u>	Grasp of beam to avoid a fall
<u>0.30</u>	Use of supplemental support <u>Examples:</u> 1. Foot/feet remain on mat/board as mount is completed 2. Foot/feet contact mat in cross straddle sit during exercise 3. Foot/feet/leg using the base/uprights of the beam for support on mount/beam
Up to value of element	Incomplete turns

GENERAL DEDUCTIONS

.Taken on non-major elements throughout/during the routine
Each deduction is the maximum deduction for the errors, not per occurrence.

Upto0.10	Insufficient amplitude on non-value part choreography/dance steps
Up to 0.20	Failure to perform steps (when indicated) and pivot turns (!!Q! major elements) in high releve position
Up to 0.20	Insufficient sureness of performance (balance beam)
Up to 0.30	Movement lacking artistry of presentation - consider:
Up to 0.15	• Quality of movement to reflect the style of the choreography
Up to 0.15	• Quality of expression (i.e. projection, focus)
Up to 0.30	Incorrect foot form (flexed, sickled, failure to show lock position When designated , failure to show step toe-ball-heel or to show tum-out in foot positions)
Up to 0.30	Incorrect body alignment, position or posture during connections
Up to 0.30	Incorrect position of head, arms, legs, or feet (text errors)

AMPLITUDE**UNEVEN BARS**

Up to 0.20	Insufficient internal body amplitude (stretch/tightness) during extended positions
Up to 0.20	Insufficient external amplitude away from bar during swinging/circling movements

AMPLITUDE (General Deductions continued)

BALANCE BEAM & FLOOR EXERCISE

Up to 0.20	Insufficient height (hip rise) on leaps(jumps/hops)
Up to 0.20	Insufficient quickness off hands in Oight elements with hand support (!IQ! applied on front handsprings on floor exercise)
Up to 0.20	Insufficient height of aerials and backward aero flight with hand support
Up to 0.30	Insufficient height (hip rise) on salto elements

RHYTHM / DYNAMICS

UNEVEN BARS, BALANCE BEAM & FLOOR EXERCISE

	Concentration pause(s):
	Balance Beam Floor Exercise
Each <u>0.10</u>	Two seconds Two seconds or more
Each <u>0.20</u>	More than two seconds
No deduction	Lack of continuity/tempo between major elements in a directly-connected dance series on balance beam
<u>0.05</u>	Broken series of dance major elements on balance beam <ul style="list-style-type: none"> • If a fall occurs between the elements, deduct <u>0.05</u> for a broken connection plus <u>0.50</u> for the fall (if the gymnast repeats and successfully connects the elements, deduct <u>0.50</u> for fall only) • <u>Dance series is -considered broken when:</u> <ol style="list-style-type: none"> 1. Stop between elements 2. Loss of balance between elements 3. Any deviation of body movement which is !IQ! in line with the beam 4. Reposition of foot (feet) or pivoting 5. Extra step/hopf/Jump between elements 6. Legs straighten between elements <ol style="list-style-type: none"> a. First element lands in plie b. Legs totally straighten and plie again to initiate jump into next element
<u>0.30</u>	Stop between major elements in an aero (tumbling) pass on floor exercise
Up to 0.20	Insufficient dynamics - consider <ul style="list-style-type: none"> • Energy maintained throughout the exercise • Makes difficult look effortless
Up to 0.30	Missing synchronization of movement with musical beat - Throughout the floor exercise
<u>0.05</u>	Each time
<u>0.10</u>	At the end

SPOTTING DEDUCTIONS TAKEN BY EACH JUDGE

UNEVEN BARS, BALANCE BEAM & FLOOR EXERCISE

>value of element + <u>0.50</u> for spot	Coach spots/assists (touches) during element
<u>0.50</u>	Coach spots/assists (touches) on landing only
<u>0.50</u>	Additional deduction for fall after assistance by coach
<u>0.50</u>	Coach catches a falling gymnast, only deduct for a fall.

CHIEF JUDGE DEDUCTIONS (taken from the average score)

Note: the following penalties must be indicated to the coach by verbal or visual means:

<u>0.10</u>	Overtime on beam (judging continues after time is called)
Each time <u>0.10</u>	Any part of body touching outside the floor exercise border marking
Each time <u>0.10</u>	Failure to present before and after the exercise Gymnast is required to present to the Chief Judge before the exercise Gymnast is required to present at the end of the exercise, but is <u>not</u> required to specifically face a judge when presenting
<u>0.10</u>	Coach standing next to the beam throughout exercise
(after warning) <u>0.20</u> (All judge(s) must hear warning)	Technical verbal cues by coach or teammate(s) to own gymnast. <u>Examples</u> of technical cues: "hollow", "pull" etc. <ul style="list-style-type: none"> • <u>Exception</u>: if the gymnast is competing on the apparatus and the coach instructs her by giving specific information on what to do during the routine (for example, what comes next in the routine or to repeat a missed requirement), a deduction of <u>0.20</u> is taken from the average without a warning • This deduction is taken only once, regardless of the number of cues given
(after warning) <u>0.20</u>	Incorrect attire - Chief Judge notifies Meet Referee
<u>0.20</u>	Gymnast fails to begin exercise within 30 seconds after Chief Judge signals to begin
(after warning) <u>0.20</u>	Failure to observe specified warm-up time <ul style="list-style-type: none"> • Deduction is taken from the event score • This deduction applies only to the practice of an element(s) <ul style="list-style-type: none"> ▼ If a gymnast is preparing for a skill(s) or dismount when time is called, she may continue to finish the skill(s) and/or dismount without penalty ▼ There is no deduction for jumping on the board and/or briefly touching the apparatus immediately prior to competition on uneven bars or balance beam ▼ If the gymnast fails to leave the apparatus after "time" has been called, the Timer announces "time exceeded." If the gymnast remains on the apparatus, the Timer reports the infraction to the Chief Judge, who then deducts <u>0.20</u> from the average score)

DEDUCTIONS TAKEN FROM THE AVERAGE BY CHIEF JUDGE (continued)

<u>0.20</u>	Unsportsmanlike conduct of gymnast
<u>0.20</u>	Excessive use of magnesia (chalk) or incorrect use of tape
<u>30</u>	Use of unauthorized or additional mats, unauthorized springboard, springboard or mounting maVblock on unauthorized surface, or use of hand placement mat for vault
<u>0.30</u>	Failure to remove springboard or mounting maVblock after mount
<u>0.30</u>	Using incorrect apparatus specifications, including incorrect spring configurations
<u>0.50</u>	Starting the exercise before the signal is given: <ul style="list-style-type: none"> • If the gymnast starts the exercise before the signal is given by the Chief Judge, she should be asked to stop and repeat the performance immediately • Deduct from the repeated performance
<u>1.00</u>	Floor exercise routine performed without music
<u>1.00</u>	Performance of a one-arm vault, if at least half of the vault panel saw that only one hand touched the vault table
No deduction	Coach on the floor exercise mat

MISCELLANEOUS JUDGING INFORMATION

	Allowable range of scores for Compulsory Program 0.20 for scores between 9.50 -10.00 0.50 for scores between 9.00 - 9.475 0.70 for scores between 8.00 - 8.975 1.00 for all other cases
	Termination of an exercise due to injury: if a gymnast performs ½ or less of the exercise and does !!Q! continue, give credit for elements performed (do !!Q! score from 10.00)
	Award a score of 1.00, if the routine results in a score of 1.00 or less

TIMING PROCEDURES**VAULT**

- Following a fall on the first vault and an injury is being assessed, once the gymnast is standing up on her feet, she has 45 seconds before the judge will salute for the second vault. After 25 seconds have passed, the Chief Judge will announce "20 seconds remaining". After 35 seconds have passed, "10 seconds remaining will be announced. "Time" is announced at 45 seconds.
- If the allotted fall time is exceeded, a second vault will not be allowed
- The Chief Judge is responsible for monitoring the fall time

TIMING PROCEDURES (continued)

UNEVEN BARS

- When the gymnast falls to the floor, the 45-second fall time begins **when she is standing up on her feet.**
- The gymnast has 45 seconds to remount and resume her exercise
- The Timer will give a verbal notification of 20 seconds remaining and 10 seconds remaining for remounting after a fall
- When the gymnast remounts the bars (leaves the floor), the 45-second fall time stops
- A reasonably short period of time is allowed to resume swing
- If a second fall occurs, an additional deduction of 0.50 is applied
- If the 45-second fall time is exceeded, the exercise is terminated

BALANCE BEAM

TIMING THE EXERCISE:

- The official beam routine time starts when the gymnast's feet leave the board or mat
- The official beam routine time stops when the gymnast dismounts and arrives on the mat
- Warning is called or signaled 10 seconds before the maximum time limit
- Time is called or signaled at the maximum time limit
- If the gymnast lands at the sound of the second signal, there is no deduction
- If the gymnast lands after the sound of the second signal, the Chief Judge deducts 0.10 from average for overtime and as in optional exercises, NO overtime deduction is taken if the time is within a fraction of a second over the time allotment.
Example: Level 5 beam routine is clocked at 1:10.01 to 1:10.59 (less than 1:11), do not take the overtime deduction
- Regardless of overtime, the entire exercise is evaluated by all judges and value part credit is awarded for the entire exercise

TIMING OF FALLS:

- When the gymnast falls to the floor, the official beam routine time stops. **The 45-second fall time begins when the gymnast is standing on her feet.**
- The Timer will give a verbal notification of 20 seconds remaining and 10 seconds remaining for remounting after a fall
- When the gymnast remounts the beam (leaves the floor), the 45-second fall time stops
- The official beam routine time resumes with the first movement to continue the exercise
- If a second fall occurs before the official time begins, an additional deduction of 0.50 is applied
- If the 45-second fall time is exceeded, the exercise is terminated
- The official beam routine time does not stop when the gymnast falls on, but not off, the beam