

CATHRYN  
SOFARNOS

---

THROUGH THE SQUARE WINDOW  
SOLO EXHIBITION  
18 APRIL - 29 APRIL



UP GALLERY | SASSAFRAS | DANDENONG RANGES



CATHRYN  
SOFARNOS

---

Cathryn Sofarnos is a multi-disciplinary abstract artist based in Melbourne. Born in Hobart, Tasmania she enjoyed a free range childhood roaming the untamed wilderness of her Tasmanian backyard. Endless hours were spent exploring empty windswept beaches, investigating rock pools and leaving marks in the sand, and the deep impressions of the child's mind, has provided a solid foundation for Cathryn's work today. Along with a deep interest in dimensional ontology and the metaphysical layers of our perception, Cathryn's work delves into the interplay between abstract form and the dimensional nature of colour, line and pattern. By embracing the fluidity and ambiguity of abstraction, she invites the viewer to contemplate the interconnectedness of multiple dimension and its potential influence on our perception of existence. Her dynamic expression of line and colour, sets the intention to captivate a glimpse into the multifaceted nature of our world, creating a vivid and evocative experience on a large scale.

[www.cathrynsofarnos.com](http://www.cathrynsofarnos.com)  
[cathrynsofarnos@gmail.com](mailto:cathrynsofarnos@gmail.com)  
0420 316 799

---

## THROUGH THE SQUARE WINDOW

Through The Square Window is a visual journal that encapsulates the tapestry of emotions, experiences, and observations that Cathryn has enjoyed from living in the Dandenong Ranges. Set amongst the tall dark trees of the Dandenong Ranges forest, her studio is a sanctuary where all sense of time, place and self cease to exist and this collection of paintings is an abstract translation of the profound stillness and vibrant energy of the ever changing vista outside her window.

Each painting is a series of moments that capture the rhythm of daily life and the interlay of light and shadow that shifts with the changing of seasons. From the rich red sunsets of winter to the mysterious darkness that envelops the forest after a rain shower. The title is both a literal and poetic play on her predominant use of the large square canvas and intends to bring a unique perspective of an exotic world that is framed by her studio window. Each painting is an attempt to grasp the intimate connection with the landscape and offer a glimpse into the profound beauty that defines life in the Dandenong Ranges.

The inclusion of the fashion garments pays homage to Cathryn's extensive journey as an abstract textile artist, craftsperson, and seamstress. These garments are a heartfelt tribute to her artistic evolution, reflecting the seamless interplay of her multifaceted skills.





**WINTER SONG**

© CATHRYN SOFARNOS

Acrylic + Oil Stick + Spray Paint on Canvas

200cm x 200cm

\$4,500





**AFTER THE RAIN**

Acrylic + Oil Stick + spray Paint on Canvas

200cm x 200cm

\$4,500

© CATHRYN SOFARNOS





© CATHRYN SOFARNOS

### **PINK RAINCOAT**

Acrylic + Oil Stick + spray Paint on Canvas

90cm x 140cm

\$1,850



© CATHRYN SOFARNOS

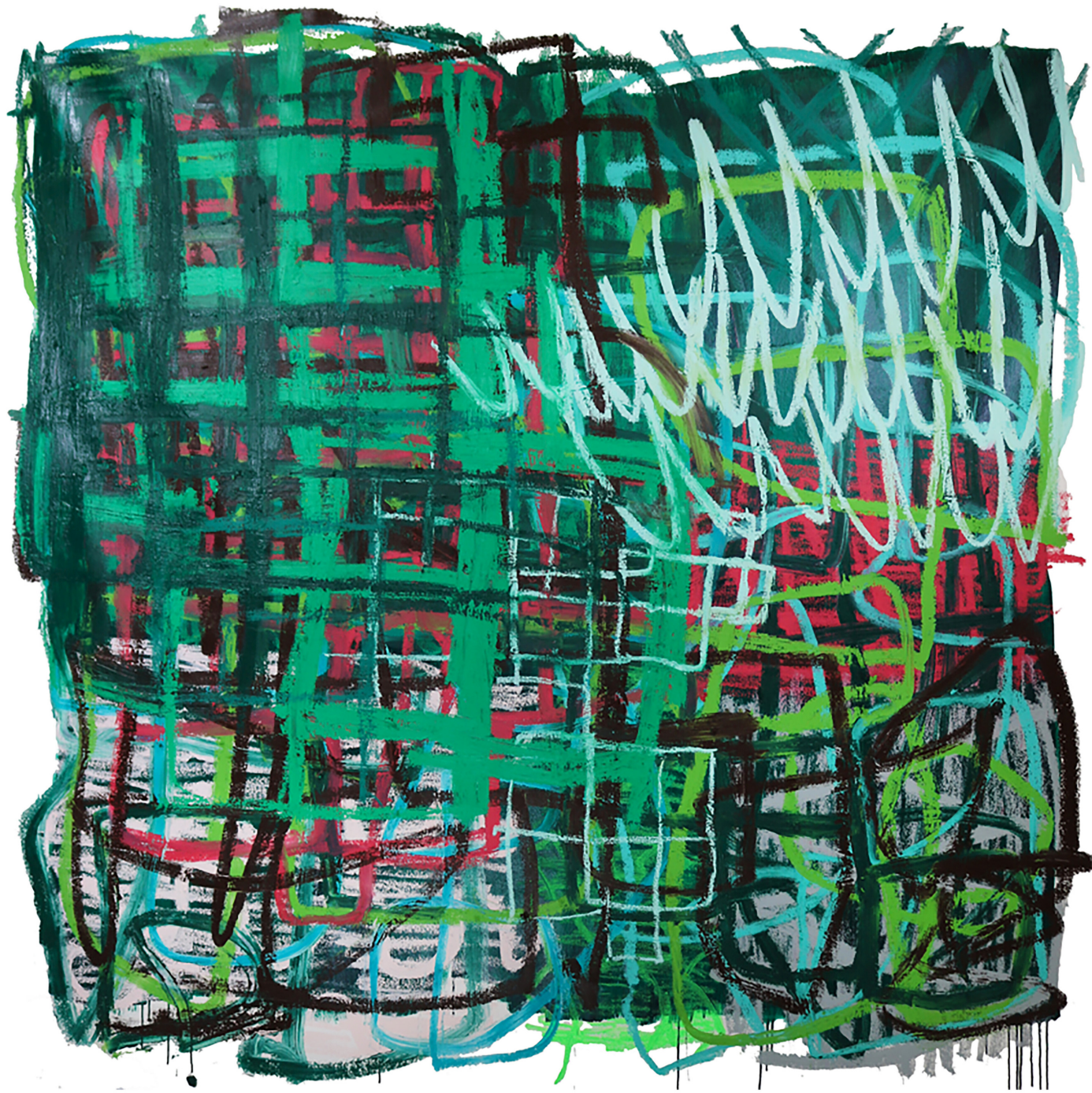
### **GREEN RAINCOAT**

Acrylic + Oil Stick + spray Paint on Canvas

90cm x 140cm

\$1,850





**FOREST DANCE**

© CATHRYN SOFARNOS

Acrylic + Oil + Oil Stick + Spray Paint on Canvas

200cm x 200cm

\$4,500





**SAILOR'S WARNING**

Acrylic + Oil Stick on Canvas

200cm x 200cm

\$4,500

© CATHRYN SOFARNOS





**OUTSIDE MY STUDIO WINDOW**

© CATHRYN SOFARNOS

Acrylic + Oil Stick + Spray Paint on Canvas

200cm x 200cm

\$4,500