



MotherWise

Empowering Women and their Families to Thrive

Virtual Programs Available

- Programs for people who are pregnant or recently gave birth, and parenting teens
- Workshops on healthy communication and solving family problems
- Proven information on caring for and connecting with a newborn
- One-on-one coaching to navigate work, life, family, and your new baby



*“I think this program is a great resource to help families with communication. I’m really happy I attended MotherWise, it helped me **grow** so much as a person as well as with my relationships with my son and partner.”*



“I am very great full to be a part of this program it has taught me lifelong skills and I enjoyed coming here and always felt welcomed and respected.”



*“It really helps with **relationships**, any relationship: your partner, your friends, co-workers, your kids, your siblings. Plus you get to meet a lot of great people. It helped me.”*

Earn up to **\$200** for attending. Meals, transportation, and onsite childcare all provided for **free!**



Call or Text Us to Learn More

720-504-4624

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MotherWiseColorado
 @MotherWiseColorado
 @MotherWiseCO

Thriving Families

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