

**You Make Me Brave:
Empowering
the
Shared Experience
of Your
Closest Relationships**

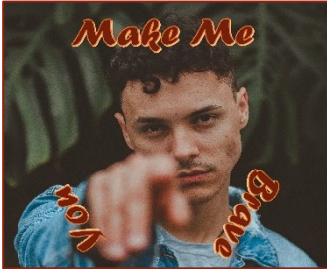
Tagline: Help for couples who are *serious* about sharing their lives together.

Quote: “Couples are losing—or have lost—their ability to share *meaning* ... We need a movement of couples who regularly practice and thrive off of their power to *impact* one another for good.”

You Make Me Brave: Empowering the Shared Experience of Your Closest Relationships targets couples, married or unmarried, who aim to relate in a way that is more fulfilling and collaborative. It draws from a Biblical ethos and logos, is informed by interpersonal neurology and systemic therapeutic research, and advocates for a phenomenological approach to sharing.

ISBN 979-8985703207 (paperback)	258 pages, 61k words (paperback)	19 Chapters, including References and Index	Flesch Reading Ease: 58.8. Flesch Kincaid Grade Level: 8.7
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Give your loved one more of what they need the most—Share *you* better.



<p>Empirical With over 100 footnotes and extensive references, <i>You Make Me Brave</i> encourages couples to explore how they function, and to find ways to improve their experience.</p>	<p>Inspirational <i>You Make Me Brave</i> is punctuated with eternal truths that helps a couple rediscover the purpose of their relationship.</p>	<p>Relatable <i>You Make Me Brave</i> is fueled with real-world examples, easy-to-connect-with illustrations, and narratives that help a couple follow and apply what they have learned.</p>	<p>Practical <i>You Make Me Brave</i> contains practical tools that couples can use to promote impactful sharing that comforts, restores harmony, and makes the couple's full experience known.</p>
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Inspired by practice and learning

You Make Me Brave: Empowering the Shared Experience of Your Closest Relationships is an exciting new book by debut author Darryl Arrington, PhD. Dr. Arrington is a licensed clinician in Maryland who specializes in working with couples who desire to improve the shared experience of their relationship. He has worked with thousands of couples and has authored *You Make Me Brave* to pass along lessons that will empower a greater number of couples to grow in their ability to comfort one another and more positively impact each other's life.

Call to action: Connect with the experiential sharing movement at one of the contacts below.

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Intention + Sharing = A Shared Experience of Something Greater